

Help Starts Here.



Free, confidential, multilingual, information and referrals.
AVAILABLE 24 HOURS A DAY, 7 DAYS A WEEK.



Get Connected To Services You Need:

Food / Shelter / Transportation / Rent & Utility Assistance / Legal Aid /
Counseling / Health Services / Employment Resources / And Much More.

TO GET HELP, CALL, CLICK OR TEXT:
Dial 2-1-1 to speak with a call specialist.
Text your zip code to 898211 .
Search online at www.211slo.org.

Out of the area? Call toll free 1-800-549-8989.

