

**ACCESS AND FUNCTIONAL NEED  
RESOURCE DIRECTORY  
FOR  
SAN LUIS OBISPO COUNTY**



**MARCH 2013**



## Access and Functional Needs Resource Directory For San Luis Obispo County

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## Access and Functional Needs Resource Directory For San Luis Obispo County

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### OVERVIEW

In accordance with the 1970 Americans with Disabilities Act, the 1973 Rehabilitation Act, and the 2006 Post-Katrina Emergency Management Reform Act, adults and children with disabilities and functional needs must be able to access the same programs and services as everyone else. It is critically important for emergency planners to incorporate into local emergency response plans strategies for locating, communicating with, transporting, and sheltering those with needs beyond the general population when disaster strikes.

This purpose of this directory is to provide a comprehensive listing of resources and services available to San Luis Obispo County residents with access and/or functional needs in order to facilitate the County's emergency management personnel in locating, communicating with, transporting, sheltering and ensuring the safe recovery of those with medical and physical dependencies during a major emergency.

A very limited number of agencies are capable of assisting the County's emergency management workers during an actual emergency situation and they are clearly identified in the directory. The criteria used to qualify for placement in this category is as follows:

- Location in SLO County (or provides services within the County)
- 24 hour/7 day per week contact point
- Plans and policies in place that allow for the provision of resource within 6 hours of a request by emergency management personnel.

Additionally, this directory is intended to provide the general public and provider agencies with a current, thorough and easy to use directory of all access and functional needs resources and services available locally.

**Access and Functional Needs Resource Directory  
For San Luis Obispo County**

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**SECTION I:  
ASSISTIVE TECHNOLOGY EQUIPMENT**

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** ACTIVE LINK OF THE CENTRAL COAST

➤**Program:** Emergency Response Systems

**Program Description:** A local source for a comprehensive line of personalized emergency response systems designed to enhance your lifestyle by triggering first response and minimize suffering in the event of a fall or other incident in or out of the home.

**Address:** Post Office Box 1859  
Nipomo, CA 93444

**Coverage Area:** Central Coast of California

**Phone Number:** 800-929-6062

**Email:** Mark@ ActiveLinkLifestyles.com

**Website:** www.ActiveLinkLifestyles.com

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** CALIFORNIA TELEPHONE ACCESS PROGRAM (CTAP)

**Description of Services:** Provides telephone communication access for all deaf and disabled Californians. Distributes free telecommunications equipment and services for individuals certified as having functional limitations of hearing, vision, mobility, speech and/or interpretation of information.

**Address:** *CTAP Service Center*  
Independent Living Resource Center  
423 W. Victoria Street  
Santa Barbara, CA 93101

**Hours of Operation:** Limited hours of operation (call for appointment)

**Phone:** 800-806-1191 English

800-949-5650 Spanish

800-806-4474 TTY

**Email:** [info@ilrc-trico.org](mailto:info@ilrc-trico.org)

**Website:** [myctap.org](http://myctap.org)

**Coverage Area:** State of California

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: CENTRAL COAST ASSISTIVE TECHNOLOGY CENTER**

**Description of Services:** The Central Coast Assistive Technology Center, a program of United Cerebral Palsy of San Luis Obispo, which provides comprehensive resources to individuals with disabilities. The Center offers professional advice, assessment and referral services concerning assistive technology to individuals with disabilities, families and service providers. The Central Coast Assistive Technology Center is a source for technology and follow-up to ensure the proper and effective use of the technology. The Central Coast Assistive Technology Center provides ‘team’ evaluations including input from therapists, engineers and technologists.

**Address:** 3450 Broad Street, Suite 111  
Post Office Box 4310  
San Luis Obispo, CA 93403

**Phone:** 805-549-7420

**Fax:** 805-549-7423

**Email:** [john@ccatc.org](mailto:john@ccatc.org)

**Website:** [www.ccatc.org](http://www.ccatc.org)

**Coverage Area:** Central Coast of California

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** DIRECT LINK

➤**Program:** Emergency Response Systems

**Program Description:** Provides local installation of the Direct Link emergency response systems and automated medication management devices.

**Address:** Post Office Box 1  
Lompoc, CA 93436

**Phone:** 805-737-4357

**Website:** [centralcoasthomecare.com](http://centralcoasthomecare.com)

**Coverage Area:** Central Coast of California



## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: INDEPENDENT LIVING RESOURCE CENTER**

**Description of Services:** Provides information and referral services about assistive technology for persons with disabilities, as well as families and service providers. Also provides outreach.

**Address:** 7425 El Camino Real, Suite R  
Atascadero, CA 93422

**Phone:** 805-462-1162 Voice or Text

**Fax Number:** 805-462-1166

**Email:** [info@ilrc-trico.org](mailto:info@ilrc-trico.org)

**Website:** [ilrc-trico.org](http://ilrc-trico.org)

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** LIFE STATION

➤**Program:** Emergency Response System

**Program Description:** Provides local installation of the Life Station emergency response systems.

**Address:** 197 N. 10th Street, Suite 101  
Grover Beach, CA 93433

**Phone:** 805-473-4040

**Email:** glynda\_dias@all-homecare.com

**Website:** www.lifestation.com

**Coverage Area:** Central Coast of California

**Access and Functional Needs Resource Directory  
For San Luis Obispo County**

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**SECTION II:  
EDUCATIONAL/VOCATIONAL SERVICES**

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** ACHIEVEMENT HOUSE

**Description of Services:** Work services program for developmentally disabled adults. Provides employment, vocational evaluation, work experiences and rehabilitation counseling.

**Address:** *Achievement House Base Office*  
3003 Cuesta College Road  
San Luis Obispo, CA 93403

**Phone:** 805-543-9383

**Email:** [contact@nciaffiliates.org](mailto:contact@nciaffiliates.org)

**Address:** *North San Luis Obispo County*  
496 Linne Road  
Paso Robles, CA 93446

**Phone:** 805-238-6630

**Fax:** 805-239-9073

**Address:** *Downtown San Luis Obispo Office*  
553 Higuera Street  
San Luis Obispo, CA 93401

**Phone:** 805-543-0412

**Fax:** 805-543-0415

**Email:** [contact@nciaffiliates.org](mailto:contact@nciaffiliates.org)

**Website:** [www.acheivementhouse.org](http://www.acheivementhouse.org)

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: THE ARC**

**Description of Services:** We are the largest national community-based organization advocating for and serving people with intellectual and developmental disabilities and their families. We encompass all ages and all spectrums from autism, Down syndrome, Fragile X and various other developmental disabilities. The Arc is made up of a network of more than 700 state and local chapters nationwide. Local chapters provide individual advocacy, programs, services, and supports for people with intellectual and developmental disabilities and their families.

***Services include:***

- Early intervention
- Supported employment
- Job training
- Transition planning
- Respite care
- Supported living and transportation

**Address:** *The Arc of California*  
1225 8th Street Suite 350  
Sacramento, CA 95815

**Phone:** 916-552-6619

**Website:** [www.thearca.org](http://www.thearca.org)

**Phone:** 916-552-6619

**Email:** [tony@thearca.org](mailto:tony@thearca.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** CAL POLY STATE UNIVERSITY

➤**Program:** Disability Resource Center

**Program Description:** Provides information, referral, and support services to Cal Poly students and prospective students with permanent and temporary disabilities. Support services may include the provision of note takers, test accommodations, sign language interpreters, books on tape, temporary medical parking permits and on-campus transportation.

**Address:** *California Polytechnic State University*

Disability Resource Center

**Phone:** 805-756-1395

805-756-6184

**Hours:** 8:00 a.m. - 4:30 p.m.

**Transportation Service:** 7:45 a.m. - 7:00 p.m.

**Website:** [www.drc.calpoly.edu](http://www.drc.calpoly.edu)

**Email:** [drc@calpoly.edu](mailto:drc@calpoly.edu)

**Eligibility:** Must be a currently enrolled Cal Poly student and have a verifiable disability.

**Fees:** No fees for services

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** CHRIS JESPERSEN SCHOOL

**Description of Services:** Provides educational programs for students with orthopedic handicaps, hearing impairments, visual impairments, autism, or moderate to severe developmental delays.

**Address:** 251 Grand Avenue  
San Luis Obispo, CA 93405

**Phone:** 805-593-3134

**Fax:** 805-546-9719

**Email:** [info@slocoe.org](mailto:info@slocoe.org)

**Eligibility:** Ages 3 to 21 years are accepted. Residents of San Luis Obispo County only.

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** DEPARTMENT OF REHABILITATION, STATE OF CALIFORNIA

**Description of Services:** The California Department of Rehabilitation works in partnership with consumers and other stakeholders to provide services and advocacy resulting in employment, independent living and equality for individuals with disabilities. They provides services that assist in preparing the physically, mentally, or emotionally severely disabled person for employment. Services may include medical evaluation of the disabling condition, vocational training, books and/or training supplies, tools, equipment, placement assistance, physical restoration services, occupational counseling and guidance, and follow-up services.

**Address:** 3220 South Higuera Street, Suite #102  
San Luis Obispo, CA 93401

**Phone:** 805-549-3361 (Voice mail/answer machine after hours)  
No 24 hour point of contact  
805-544-7367 (TTY)

**Email:** [CAPIInfo@dor.ca.gov](mailto:CAPIInfo@dor.ca.gov)

**Website:** [www.rehab.cahwnet.gov](http://www.rehab.cahwnet.gov)

**Eligibility:** Clients must have a diagnosable physical, mental, or emotional disability that constitutes or results in a substantial impediment to employment. There must be a reasonable expectation that vocational rehabilitation services will result in the individual to maintain or obtain employment.

**Fee:** Most services are free.

**Coverage Area:** State of California



## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: ESCUELA DEL RIO**

**Description of Services:** Day training activity centers for developmentally disabled adults providing educational, vocational, and socialization services. Core programming includes functional life skills, communication skills, self-advocacy, independent living skills, and vocational skills training. Additional programming includes integrated community services, integrated work training and experience through mobile work crews, and individual work placements in community based employment in addition to day program services for developmentally disabled seniors.

**Address:** 5940 Rosario Avenue  
Atascadero, CA 93423

**Phone:** 805-466-4438

**Fax:** 805-466-4048

**Email:** [dargano@escueladelrio.org](mailto:dargano@escueladelrio.org)

**Website:** [www.escueladelrio.org](http://www.escueladelrio.org)

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** LIFE STEPS FOUNDATION, INC.

**Description of Services:** Life Steps provides home and community-based services across the life span to adults, teens and children. We serve people who have developmental and/or physical disabilities as well as those challenged by substance abuse, premature birth, child abuse/neglect, and social or economic deprivation.

**Address:** 71 Zaca Lane Suite 100  
San Luis Obispo, CA. 93401

**Phone:** 805-549-0150

**Fax:** 310-410-8196

**Toll Free:** 800-530-5433

**Email:** [lsfsupport@lifestepsfoundation.org](mailto:lsfsupport@lifestepsfoundation.org)

**Website:** [www.lifestepsfoundation.org](http://www.lifestepsfoundation.org)

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** LINDAMOOD-BELL LEARNING PROCESS

**Description of Services:** Provide diagnostic and medical remedial services for children and adults with literacy disabilities, including dyslexia and other learning problems.

**Address:** 416 Higuera Street  
San Luis Obispo, CA 93401

**Phone:** 805-541-3836

**Fax:** 805-543-0264

**Website:** [www.lindamoodbell.com](http://www.lindamoodbell.com)

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: LITERACY COUNCIL**

**Description of Services:** The San Luis Obispo Literacy Council is committed to assisting adult learners and their families in the development of English language communication skills.

**Address:** 1264 Higuera Street, Suite 102

San Luis Obispo, CA 93401

**Phone:** 805-541-4219

**Website:** [www.sloliteracy.org](http://www.sloliteracy.org)

**Email:** [info@sloliteracy.org](mailto:info@sloliteracy.org)

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** MIGRANT EDUCATION – LUCIA MAR UNIFIED SCHOOL DISTRICT

**Description of Services:** Emergency medical coverage. Educational instructional assistance at different school sites. Basic student and family support.

**Address:** 602 Orchard, Unit D2  
Arroyo Grande, CA 93420

**Phone:** 805-474-3000  
800-234-8848

**Email:** [mroque@lmusd.org](mailto:mroque@lmusd.org)

**Coverage Area:** Lucia Mar Unified School District boundaries.

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: OPTIONS-FAMILY OF SERVICES**

**Description of Services:** Provides behavior modification programs, independent living skills training, residential services, vocation evaluation and training programs for developmentally disabled and for people recovering from TBI (traumatic brain injury). Community integration, neurological/neuro-psychological consultation, and special education evaluations and advocacy for individuals with head injury, developmental disability, hearing loss, autism and other neurological impairments.

**Address:** 800 Quintana Road, Unit 2C  
Morro Bay, CA 93442

**Phone:** 805-772-6066

**Fax:** 805-772-6067

**Email:** info@optionsfs.org

**Website:** www.optionsfs.org

**Coverage Area:** San Luis Obispo County

#### **Residential Programs**

Atascadero: 805-461-3401

Morro Bay: 805-772-5131

San Luis Obispo: 805-543-3120

Alvin: 805-925-0285

School Street 805-925-5182

Casa Mariposa 805-938-5344

#### **Supported & Transitional Living Services**

Supported Living SLO County 805-772-1019

Transitional Living Morro Bay 805-772-1706  
Tunnell in Santa Maria 805-346-1181

Hermosa in Santa Maria 805-922-1773

#### **Community Integration Services Day Program**

Morro Bay CIS 805-772-1019

Atascadero CIS 805-462-0550

#### **Supported Employment Services**

OPTIONS Parcel Service Paso Robles 805-238-0587

OPTIONS Parcel Service Arroyo Grande 805-473-2340

Supported Employment Office 805-772-1019

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: PASO ROBLES MIGRANT EDUCATION**

**Description of Services:** Provides additional and supplementary instructional services in the classroom and after-school programs at the elementary, junior high, and high school level. Summer school provided in conjunction with the school district.

**Address:** 1802 Chestnut Street  
Paso Robles, CA 93447

**Phone:** 805-237-3471

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: PATH POINT**

**Description of Services:** To provide independent living and employment support services that enables individuals with disabilities and/or disadvantages to live and work as productive members of their communities. Work Training Programs, Inc. provides an array of residential day training and employment services.

**Address:** 265 South Street, Unit H  
San Luis Obispo, CA 93401

**Phone:** 805-782-8890 ext. 10

**Website:** [www.wtpinc.org](http://www.wtpinc.org)

**Email:** [info@pathpoint.org](mailto:info@pathpoint.org)

**Coverage Area:** San Luis Obispo County



## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** SAN LUIS OBISPO COUNTY OFFICE OF EDUCATION

**Description of Services:** Public governmental agency (educational).

**Address:** 3350 Education Drive  
San Luis Obispo, CA 93405

**Phone:** 805-543-7732  
805-782-7201

**Fax:** 805-541-1105

**Website:** [www.slocoe.org](http://www.slocoe.org)

**Email:** [info@slocoe.org](mailto:info@slocoe.org)

### ➤Program SLO County Special Education

**Program Description:** Provides free and appropriate primary and secondary education for handicapped children.

**Address:** 3360 Education Drive  
San Luis Obispo, CA 93405

**Phone:** 805-782-7318

**Fax:** 805-546-0646

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** SELPA-SLO COUNTY SPECIAL EDUCATION LOCAL PLAN AREA

**Description of Services:** To assure that appropriate programs and services are provided to meet the education needs of students with disabilities. To assure availability of due process rights to students with disabilities. To increase the awareness of parents with disabled children.

**Address:** 8005 Morro Road  
Atascadero, CA 93422

**Phone:** 805-782-7301

**Email:** [jheuer@sloselpa.org](mailto:jheuer@sloselpa.org)

**Website:** [www.sloselpa.org](http://www.sloselpa.org)

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: SOCIETY FOR THE BLIND**

**Description of Services:** The Society for the Blind, located in Sacramento, California, is a 501c (3) non-profit agency dedicated to empowering individuals who are blind or have low vision to live productively and independently by building confidence through training, tools and mentorship. To do this, the Society employs individuals who support and provide multiple services, including instruction in independent travel, computers and adaptive technology, Braille, and daily living skills such as cooking and home repair. The Society also administers a low vision clinic, a retail store, an access news telephone service, and senior, youth and career development programs. Society for the Blind is an equal opportunity employer.

**Address:** 1238 S Street  
Sacramento, California

**Hours:** Monday through Friday, 8 a.m. to 5 p.m.

**Phone:** 916-452-8271

**Email:** [frontdesk@societyfortheblind.org](mailto:frontdesk@societyfortheblind.org)

**Website:** [societyfortheblind.org](http://societyfortheblind.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: UNITED CEREBRAL PALSY OF SAN LUIS OBISPO**

**Description of Services:** United Cerebral Palsy of San Luis Obispo is dedicated to advancing the independence of people with developmental disabilities throughout the county. Adult services include weekend and evening transportation in SLO County, out-of-county weekend trips, Saturday outings and week-long summer camp. Family services include in-home respite, workshops and family events. The Family Advocacy Network assists parents with education information for their special needs children.

**Address:** 3620 Sacramento Street  
 San Luis Obispo, CA 93401

<b>Phone:</b>	805-237-8333 Office	North County
	805-541-8751 Office	Volunteer Phone
	805-543-2039 Office	Adult Services
	805-543-7102 Office	Family Services
	805-781-6265 Office	Family Advocacy

**Email:** kristine@ucp-slo.org

**Website:** www.ucp-slo.org

**Coverage Area:** San Luis Obispo County

**Access and Functional Needs Resource Directory  
For San Luis Obispo County**

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**SECTION III:  
HOUSING SERVICES**

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: AIDS SUPPORT NETWORK**

**Description of Services:** AIDS Support Network is the sole community based, non-profit organization in San Luis Obispo County that provides supportive services to residents living with HIV disease and AIDS, their families and their friends. The agency strives to improve the quality of life and independence of its clients by providing support on an individual basis.

➤**Program: Social Services**

**Program Description:** The AIDS Support Network provides benefits counseling for insurance and benefit programs. For clients, family and the public, there is a Health Counselor. The Housing Services Coordinator assists clients with the housing and related needs. The Volunteer Coordinator provides practical assistance for clients. The ASN also owns and operates 12 units of housing for HIV+ clients in San Luis Obispo. ASN provides support group meetings for men, women and children and their families

**Address:** 1320 Nipomo Street  
San Luis Obispo, CA 93406

**Email:** sloasn@asn.org

**Website:** www.asn.org

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** AMERICAN RED CROSS-SAN LUIS OBISPO COUNTY CHAPTER

**Description of Services:** Provides disaster services, facilitates communication between military personnel and their families, and trains people in first aid, CPR, lifeguarding and water safety.

**Address:** 225 Prado Road, Unit A  
San Luis Obispo, CA 93401

**Phone:** 805-543-0696

**Emergency:** S.O. Watch Commander @ 805-781-4550

**Hours:** Monday through Thursday 9 a.m. - 5 p.m.

**Website:** [www.slo-redcross.org](http://www.slo-redcross.org)

**Email:** [sloarcexecutive@charter.net](mailto:sloarcexecutive@charter.net)

**Fees:** No payment is requested or accepted for disaster services or services to military personnel and their families. Modest fees for health services classes. Class fees may be reduced or waived for those financially unable to pay.

**Coverage Area:** San Luis Obispo County

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** COMMUNITY ACTION PARTNERSHIP OF SAN LUIS OBISPO COUNTY (CAPSLO)

**Description:** The Community Action Partnership of San Luis Obispo County is committed to eliminating the causes of poverty by empowering low-income individuals and families to achieve self-sufficiency through a wide array of community-based collaborations and programs.

**Address:** 1030 Southwood Drive  
 San Luis Obispo, CA 93401

**Phone:** 805-544-4355

**Email:** hotline@capslo.org

**Website:** www.capslo.org

**Fees:** Free, sliding scale; Medi-Cal accepted

**Coverage Area:** San Luis Obispo County

### *Housing/Homeless Programs:*

#### ➤**Program: Homeless Case Management**

**Program Description:** This program provides structured case management services assisting homeless individuals and families in developing living skills aimed at enabling them to secure and retain permanent housing and other basic needs.

**At Site:** *North County Case Management*

**Address:** 5411 El Camino Real

**At Site:** *San Luis Obispo Case Management*

**Address:** 1616 Manhattan

**Address:** 750 Orcutt Road, SLO

**Eligibility:** Provided to people who are and who are not shelter residents.

**Coverage Area:** San Luis Obispo County

**Fees:** None



## Access and Functional Needs Resource Directory For San Luis Obispo County

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### ➤Program: Homeless Services

**Program Description:** CAP's Homeless Services program has been working to meet the needs of the homeless in our county, offering emergency shelter, on-site information and referral services, and assistance in finding permanent housing. As with all of CAP's programs, the daily goal is to help clients achieve stability and self-sufficiency.

The Maxine Lewis Memorial Homeless Shelter provides 50 beds nightly year-round. An additional 25 to 35 beds are added through the Interfaith Coalition for the homeless "overflow" shelter program operated in one host church each month. The shelter offers meals, showers, mail, phone and message services, information and referrals, and access to case management. The shelter operates exclusively during the evening hours, with clients vacating the premises by 7:30 a.m.

**Site:** *Maxine Lewis Memorial Shelter*

**Address:** 750 Orcutt Road  
San Luis Obispo, CA 93401

**Phone:** 805-781-3993

**Hours:** Opens at 6 p.m., check-in by 7 p.m., closes at 7 a.m.

**Site:** *Prado Day Center*

**Address:** 43 Prado Road  
San Luis Obispo, CA 93401

**Coverage Area:** San Luis Obispo County

### ➤Program: Senior Home Repair Program

**Program Description:** Repair services are available at no cost to lower-income households throughout San Luis Obispo County. Home repair services include wheelchair ramps, accessible bathrooms, handrails and grab bars, flooring, roofing, drywall, furnace repair and replacement, plumbing and electrical repairs.

**Site:** CAP's Main Office

**Address:** 1030 Southwood Drive

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** CHORRO CREEK RANCH

➤**Program:** Chorro Creek Ranch

**Program Description:** This program provides rehabilitative work on the premises in the garden and animal yard. Helps people develop skills in dealing with others through the daily process of living together. It is a sober living environment without a formal program. Provides three meals a day, housing, and clothing and to the underserved and medically fragile.

**Address:** 445 Chorro Road  
Morro Bay, CA 93442

**Email:** cchanning.wcha@gmail.com

**Eligibility:** All that is required is a genuine need. Does not admit parolees or sex offenders.

**Fees:** The Ranch is self-supporting, but contributions are expected. People with outside employment or social security or other payments are also required to make contributions.

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** EL CAMINO HOMELESS ORGANIZATION (ECHO)

**Description of Services:** El Camion Homeless Organization is a homeless shelter that serves North County. We serve meals and provide beds for the needy. The shelter is located at First Baptist Church, close to the entrance to Atascadero High School.

**Address:** *First Baptist Church*  
6370 Atascadero Avenue  
Atascadero, CA 93401

**Phone:** 805-462-3663

**Website:** [www.echoshelter.org](http://www.echoshelter.org)

**Email:** [elcaminohomeless@yahoo.com](mailto:elcaminohomeless@yahoo.com)

**Coverage Area:** Northern San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: FAMILY CARE NETWORK**

**Description:** The Family Care Network was founded for the purpose of creating family-based treatment programs as an alternative to group home or institutional care for children and youth. The agency operates multiple programs designed to strengthen and preserve families and individuals.

The Family Care Network serves foster and high-needs children, youth and families on the Central Coast. Programs are delivered in partnership with public and private agencies, and the community. Our partners, including individual volunteers, families and organizations, are dedicated to a sole purpose of improving the quality of life of others by surrounding them with compassionate assistance, care and guidance.

The Family Care Network operates 17 distinct, accredited programs designed to strengthen and preserve families and individuals within five service divisions:

- Therapeutic Foster Care
- Family Support
- Transitional Housing
- Prevention and Early Intervention
- Community-Linked

#### **➤Program: Transitional Housing Services**

**Program Description:** Transitional Housing Services assists high-needs youth transition from adolescence to responsible adulthood. Programs include Transitional Housing Placement Program serving foster youth ages 16-19, Transitional Housing Placement Plus Program serving former foster youth ages 18-24 and Transitional Aged Youth (TAY) Mental Health Housing serving youth with mental illness ages 18-21.

**Address:** 3765 S. Higuera Street, Unit 100,  
San Luis Obispo, CA 93401

**Phone:** 805-781-3535

**Website:** [www.fcni.org](http://www.fcni.org)

**Email:** [contact@fcni.org](mailto:contact@fcni.org)

**Coverage Area:** San Luis Obispo and Santa Barbara Counties

**Accreditation:** California Alliance of Child and Family Services accredited

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: HABITAT FOR HUMANITY**

**Description of Services:** Habitat for Humanity uses donations of funding, materials, professional services, and volunteer labor to build simple, decent homes, which are then sold to qualified, very low-income families. Mortgage payments are used to build more Habitat homes locally on the Central Coast. All Habitat home buyers complete 500 hours of volunteer labor towards the construction of their home.

#### ➤**Program: Habitat for Humanity ReStore**

**Program Description:** Habitat for Humanity ReStore is a building material discount store open to everyone in the community. Most items found in a hardware store are available: new and used doors and windows, electrical and plumbing supplies, tile, paint, lighting, appliances, kitchen cabinets, sinks, etc.

#### **Habitat ReStore North:**

**Address:** 2959 Limestone Way  
Paso Robles, CA

**Phone:** 805-434-0486

**Email:** [restorenorth@hfhsloco.org](mailto:restorenorth@hfhsloco.org)

**Hours:** Monday through Saturday 9am-5pm  
Closed Sunday

#### **Habitat ReStore South:**

**Address:** 187 Tank Farm Road  
San Luis Obispo

**Phone:** 805-546-8699

**Email:** [restoresouth@hfhsloco.org](mailto:restoresouth@hfhsloco.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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<b>Hours:</b>	Tuesday through Saturday 9 a.m.-5 p.m. Sunday Noon – 4 p.m.
<b>Email:</b>	<a href="mailto:info@hffisloco.org">info@hffisloco.org</a>
<b>Website:</b>	<a href="http://www.hfhsloco.org">www.hfhsloco.org</a>
<b>Eligibility:</b>	No eligibility requirements
<b>Fees:</b>	Cost of building supplies/materials varies.
<b>Coverage Area:</b>	San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: HOUSING AUTHORITY, CITY OF PASO ROBLES**

**Description of Services:** A seven-member commission of local citizens appointed by the City Council to determine policies and priorities for a low-income public housing program. The commission meets the 2nd Tuesday of each month at 6:00 pm at the Oak Park Recreation Building, 3148 Park Street, Paso Robles. The Housing Authority of the City of Paso Robles operates Oak Park Public Housing, a 148 unit apartment complex of lower income households, located on the east side of Park Street, between 28th and 34th Streets.

**Address:** 3201 Pine Street  
Paso Robles, CA. 93447

**Phone:** 805-238-4015

**Email:** [info@pasoroblesha.org](mailto:info@pasoroblesha.org)

**Website:** [pasoroblesha.org](http://pasoroblesha.org)

**Fees:** None

**Coverage Area:** City of Paso Robles

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: HOUSING AUTHORITY – CITY OF SAN LUIS OBISPO**

**Description of Services:** The Housing Authority operates the Section 8 and public housing programs, as well as other income restricted housing programs. Sporadic funding facilitates down payment assistance and first time homeowner opportunities.

**Address:** 487 Leff Street  
San Luis Obispo, CA 93401

**Phone:** 805-543-4478

**Email:** tcorey@slocity.org

**Website:** www.haslo.org

**Eligibility:** Must be low-income. Assists seniors, disabled and families with children.

**Fees:** None

**Coverage Area:** City of San Luis Obispo



## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: JUDSON TERRACE HOMES**

**Description of Services:** A residence for senior adults built in cooperation with the Department of Housing and Urban Development, and sponsored by the First Baptist Church and American Baptist Homes of the West. This three-acre complex includes eleven two-story buildings housing 107 apartments, grouped around the Paul Ray Dining Hall and Lounge. There are studio, deluxe studio, and one-bedroom apartments, each having kitchens furnished with range and refrigerator. The applicant must provide the balance of furnishings.

The evening meals, served five days a week, are mandatory and the only meal available. Bus within the city at limited times. There are no medical services on the premises. Help is available in case of need through a voice intercom and emergency call system, but only to assist in obtaining needed care at a hospital or doctor's office.

- Address:** 3000 Augusta Street  
San Luis Obispo, CA 93401
- Email:** Rjump@charter.net
- Website:** [www.judsonterracehomes.com](http://www.judsonterracehomes.com)
- Eligibility:** Must be 62 years or older. Income limits are set by HUD.
- Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: NORTH COUNTY WOMEN'S SHELTER AND RESOURCE CENTER/  
SEXUAL ASSAULT RECOVERY AND PREVENTION CENTER (NCWS/SARP)**

**Description of Services:** Provides emergency shelter, crises intervention and counseling for all family members.

➤**Program: Shelter Program**

**Program Description:** Two 24-hour emergency shelters are available to house women and their families who need emergency assistance and a safe place to stay. The shelter locations are CONFIDENTIAL. Shelters are for only for women and their children, but all other services are available to male victims of domestic violence. We will also assist with temporary restraining orders (TRO), legal forms, court filing and court accompaniment.

**24-hr Crisis Lines:** 1-855-5SHELTER (574-3583)  
1-800-656-HOPE (4679)

**Emergency Phone:** S.O. Watch Commander @ 805-781-4550

**Address:** Post Office Box 630  
1030 Vine Street  
Paso Robles, CA 93447

**Phone:** 805-226-5400

**Fax:** 805-226-5401

**Address:** 51 Zaca Lane  
San Luis Obispo, CA 93405

**Phone:** 805-545-8888

**Fax:** 805-545-5841

**Websites:** [www.ncwomensshelter.org](http://www.ncwomensshelter.org)  
[www.sarpcenter.org](http://www.sarpcenter.org)

**Email:** [contact@ncwomensshelter.org](mailto:contact@ncwomensshelter.org)

**Coverage Area:** San Luis Obispo County

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: PEOPLE'S SELF-HELP HOUSING CORPORATION**

**Description of Services:** The Mission of Peoples' Self-Help Housing is to provide affordable housing and programs leading to self-sufficiency for low-income families, seniors and other special needs groups in the Central Coast. Primary activities include: sweat equity home ownership; rental housing development; neighborhood revitalization and property management. Programs include the Health & Community Services Program (HCS), Education Enhancement Program (EEP) and Resident Enrichment Program.

**Address:** 3533 Empleo Street  
San Luis Obispo, CA 93401

**Phone:** 805-781-3088

**Email:** admin@pshhc.org

**Website:** www.pshhc.org

**Eligibility:** Must qualify as low or very low-income. Services not provided outside target population.

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** SAINT VINCENT DE PAUL SOCIETY

**Description of Services:** Saint Vincent De Paul Society provides food vouchers, one night emergency lodging for extreme emergencies, transportation, medication, eyeglasses, partial rent and utility assistance and identification cards. Services provided by appointment only.

**Address:** Old Mission Parish Center  
751 Palm Street  
San Luis Obispo, CA 93401

**Phone:** 805-544-7041

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: SAN LUIS OBISPO COUNTY HOUSING TRUST FUND**

**Description of Services:** The Fund is a private nonprofit corporation that was created to increase the supply of affordable housing in San Luis Obispo County for very low, low and moderate income households, including households with special needs. Rather than build or operate housing directly, the Fund provides financing and technical assistance to help private developers, nonprofit corporations and government agencies produce and preserve homes that working families, seniors on fixed incomes and persons with disabilities can afford to rent or buy.

**Address:** 71 Zaca Lane, Suite 130  
San Luis Obispo, CA 93401

**Phone:** 805-543-5970

**Email:** [info@sloctf.org](mailto:info@sloctf.org)

**Website:** [www.sloctf.org](http://www.sloctf.org)

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: SOCIAL SECURITY ADMINISTRATION**

**Description of Services:** Social Security and Supplemental Security Income (SSI) are the nation's basic methods of providing continuing income when family earning are reduced or stopped because of retirement, disability, or death.

**Address:** 3240 South Higuera Street  
San Luis Obispo, CA 93401

**Phone:** 805-544-5251  
800-772-1213  
855-207-4865

**Website:** [www.ssa.gov](http://www.ssa.gov)

**Hours:** Monday through Friday from 09:00 a.m. - 03:00 p.m.  
Except Federal Holidays

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: TRANSITIONAL FOOD AND SHELTER**

**Description of Services:** Transitional Food and Shelter provides shelter and other services to qualified individuals, upon request by a hospital or social services agency, who are homeless and are not allowed into regular shelter due to illness or injury or are recovering from surgery and need shelter during the day. Three primary programs exist:

#### ➤**Program: Shelter**

The shelter program provides temporary, emergency shelter for medically fragile (disabled) homeless persons too ill, injured or disabled to be in a homeless shelter at night and outdoors during the day. This program maintains 10 rented studio apartments located throughout San Luis Obispo County for temporary use by clients, and any overflow of clients are placed in motels.

**Eligibility:** Each client is screened and referred by a hospital or social service agency and has a doctor's letter.

#### ➤**Program: Food**

The "People's Kitchen" of Paso Robles (not affiliated with the People's Kitchen in South County) provides an evening meal from 5-6 pm every night Monday through Friday.

**Address:** *Second Baptist Church*  
1937 Riverside (Corner of 20<sup>th</sup> Street, Paso Robles across from Centennial Park and just South of the MidState Fairgrounds)

**Eligibility:** All hungry people are welcome: they need not be homeless. No questions are asked.

#### ➤**Program: Families Helping Families**

A holiday cheer program at Christmastime for needy families in the North County. Needy families are referred by social service organizations and adopted by donor families for the purpose of providing gifts and a holiday meal.

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## Access and Functional Needs Resource Directory For San Luis Obispo County

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**Address:** Post Office Box 4471  
Paso Robles, CA 93447

**Phone:** 805-238-7056

**Fax:** 805-461-6925

**Email:** [president@nowheretogo.com](mailto:president@nowheretogo.com)

**Website:** [www.nowheretogo.com](http://www.nowheretogo.com)

**Eligibility:** Must be referred by an agency such as Community Action Partnership, Salvation Army or Department of Social Services.



## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: WOMEN'S SHELTER PROGRAM OF SAN LUIS OBISPO COUNTY**

**Description of Services:** The Women's Shelter Program of SLO County (WSP) is committed to alleviating domestic violence and abuse. WSP has a number of programs: emergency shelter, counseling, case management, child abuse treatment, and legal services. The WSP serves both women AND men. Self-referred, non-court mandated perpetrators may access counseling services for a fee. Counseling services for child abuse victims are also available. LOCATION IS CONFIDENTIAL.

**Address:** Post Office Box 125  
San Luis Obispo, CA 93406

**Phone:** 805-781-6401

**Crisis Line:** 805-781-6400 (24 hour/day)

**Emergency Phone:** S.O. Watch Commander @ 805-781-4550

**Email:** info@wspsoo.org

**Website:** www.womensshelterslo.org

*\*This agency has the ability and resources to assist during a major emergency within the County.*

**Access and Functional Needs Resource Directory  
For San Luis Obispo County**

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**SECTION IV:  
INDEPENDENT LIVING SERVICES**

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** ACHIEVEMENT HOUSE

**Description of Services:** Work services program for developmentally disabled adults. Provides employment, vocational evaluation, work experiences and rehabilitation counseling.

**Address:** *Achievement House Base Office*  
3003 Cuesta College Road  
San Luis Obispo, CA

**Phone:** 805-543-9383

**Email:** [contact@nciaffiliates.org](mailto:contact@nciaffiliates.org)

**Address:** *North San Luis Obispo County*  
496 Linne Road  
Paso Robles, CA 93446

**Phone:** 805-238-6630

**Fax:** 805-239-9073

**Address:** *Downtown San Luis Obispo Office*  
553 Higuera Street  
San Luis Obispo, CA 93401

**Phone:** 805-543-0412

**Fax:** 805-543-0415

**Website:** [www.acheivementhouse.org](http://www.acheivementhouse.org)

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: THE ARC**

**Description of Services:** We are the largest national community-based organization advocating for and serving people with intellectual and developmental disabilities and their families. We encompass all ages and all spectrums from autism, Down syndrome, Fragile X and various other developmental disabilities. The Arc is made up of a network of more than 700 state and local chapters nationwide. Local chapters provide individual advocacy, programs, services, and supports for people with intellectual and developmental disabilities and their families.

***Services include:***

- Early intervention
- Supported employment
- Job training
- Transition planning
- Respite care
- Supported living and transportation

**Address:** *The Arc of California*  
1225 8th Street Suite 350  
Sacramento, CA 95815

**Email:** [tony@thearcca.org](mailto:tony@thearcca.org)

**Website:** [www.thearcca.org](http://www.thearcca.org)

**Phone:** 916-552-6619

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: CAMBRIA ADULT RESOURCES, EDUCATION AND SUPPORT  
(CARES)**

**Description of Services:** CARES is a non-profit organization which provides an adult day care program for those who have developed functional impairments related to aging or disabilities, including dementia and/or Stage 1 Alzheimer's disease. CARES provides socialization and interaction while providing respite care for caregivers.

**Address:** 2700 Eton Road  
Cambria, CA 93428

**Phone:** 805-927-4290

**Hours:** Tuesday through Thursday from 9 a.m. to 3 p.m.

**Website:** [www.ourparents.com/california/cambria](http://www.ourparents.com/california/cambria)

**Coverage Area:** Cambria

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** DEPARTMENT OF REHABILITATION, STATE OF CALIFORNIA

**Description of Services:** The California Department of Rehabilitation works in partnership with consumers and other stakeholders to provide services and advocacy resulting in employment, independent living and equality for individuals with disabilities. They provides services that assist in preparing the physically, mentally, or emotionally severely disabled person for employment. Services may include medical evaluation of the disabling condition, vocational training, books and/or training supplies, tools, equipment, placement assistance, physical restoration services, occupational counseling and guidance, and follow-up services.

**Address:** 3220 South Higuera Street, Suite #102  
San Luis Obispo, CA 93401

**Phone:** 805-549-3361 (Voice mail/answer machine after hours)  
805-544-7367 (TTY)

**Email:** [CAPIInfo@dor.ca.gov](mailto:CAPIInfo@dor.ca.gov)

**Website:** [www.rehab.cahwnet.gov](http://www.rehab.cahwnet.gov)

**Eligibility:** Clients must have a diagnosable physical, mental, or emotional disability that constitutes or results in a substantial impediment to employment. There must be a reasonable expectation that vocational rehabilitation services will result in the individual to maintain or obtain employment.

**Fee:** Most services are free

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: ESCUELA DEL RIO**

**Description of Services:** Day training activity centers for developmentally disabled adults providing educational, vocational, and socialization services. Core programming includes functional life skills, communication skills, self-advocacy, independent living skills, and vocational skills training. Additional programming includes integrated community services, integrated work training and experience through mobile work crews, and individual work placements in community based employment in addition to day program services for developmentally disabled seniors.

**Address:** 5940 Rosario Avenue  
Atascadero, CA 93423

**Phone:** 805-466-4438

**Email:** [dargano@escueladelrio.org](mailto:dargano@escueladelrio.org)

**Website:** [www.escueladelrio.org](http://www.escueladelrio.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** GOODWILL INDUSTRIES, INC.

**Description of Service:** Goodwill Industries will enhance the quality and dignity of life for individuals, families, and communities on a global basis, through the power of work, by eliminating barriers to opportunity for people with special needs, and by facilitating empowerment, self-help, and service through dedicated, autonomous local organizations.

**Address:** 880 Industrial Way  
San Luis Obispo, CA 93401

**Phone:** 805-544-0542

**Email:** [jburke@scgoodwill.org](mailto:jburke@scgoodwill.org)

**Website:** [www.scgoodwill.org](http://www.scgoodwill.org)

**Coverage Area:** San Luis Obispo County



## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: INDEPENDENT LIVING RESOURCE CENTER**

**Description of Services:** Assist persons with disabilities through comprehensive programs of peer support, benefits information, training, advocacy, and information and referral services while reducing barriers to access in the community.

**Address:** 1150 Laurel Lane, Unit 184  
San Luis Obispo, CA. 93401

**Phone:** 805-593-0667

**Email:** [info@ilrc-trico.org](mailto:info@ilrc-trico.org)

**Website:** [www.ilrc-trico.org](http://www.ilrc-trico.org)

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** LIFE STEPS FOUNDATION, INC.

**Description of Services:** Life Steps provides home and community-based services across the life span to adults, teens and children. We serve people who have developmental and/or physical disabilities as well as those challenged by substance abuse, premature birth, child abuse/neglect, and social or economic deprivation.

**Address:** 71 Zaca Lane Suite 100  
San Luis Obispo, CA. 93401

**Phone:** 805-549-0150

**Fax:** 310-410-8196

**Toll Free:** 800-530-5433

**Email:** [lsfsupport@lifestepsfoundation.org](mailto:lsfsupport@lifestepsfoundation.org)

**Website:** [www.lifestepsfoundation.org](http://www.lifestepsfoundation.org)

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: OPTIONS-FAMILY OF SERVICES**

**Description of Services:** Provides behavior modification programs, independent living skills training, residential services, vocation evaluation and training programs for developmentally disabled and for people recovering from TBI (traumatic brain injury). Community integration, neurological/neuro-psychological consultation, and special education evaluations and advocacy for individuals with head injury, developmental disability, hearing loss, autism and other neurological impairments.

**Address:** 800 Quintana Road, Unit 2C  
Morro Bay, CA 93442

**Phone:** 805-772-6066

**Fax:** 805-772-6067

**Email:** info@optionsfs.org

**Website:** www.optionsfs.org

**Coverage Area:** San Luis Obispo County

#### **Residential Programs**

Atascadero: 805-461-3401

Morro Bay: 805-772-5131

San Luis Obispo: 805-543-3120

Alvin: 805-925-0285

School Street 805-925-5182

Casa Mariposa 805-938-5344

#### **Supported & Transitional Living Services**

Supported Living SLO County

805-772-1019

Transitional Living Morro Bay

805-772-1706

Tunnell in Santa Maria 805-346-1181

Hermosa in Santa Maria 805-922-1773

#### **Community Integration Services Day Program**

Morro Bay CIS 805-772-1019

Atascadero CIS 805-462-0550

#### **Supported Employment Services**

OPTIONS Parcel Service Paso Robles 805-238-0587

OPTIONS Parcel Service Arroyo Grande 805-473-2340

Supported Employment Office 805-772-101

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** SAN LUIS OBISPO COUNTY DEPARTMENT OF SOCIAL SERVICES  
(DSS)

**Description of Services:** The mission of the Department of Social Services is to partner with the community to enhance self-sufficiency while ensuring that safety and basic human needs are met for the people of San Luis Obispo County.

➤**Program: Independent Living Program**

**Program Description:** Life skills education and support for current and post-foster care young adults between the ages of 16 and 21.

**Address:** 3433 South Higuera Street  
San Luis Obispo, CA 93401

**Phone:** 805-781-1600

**Emergency Number:** S.O. Watch Commander @ 805-781-4550

**Website:** [www.slocounty.ca.gov/dss](http://www.slocounty.ca.gov/dss)

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: UNITED CEREBRAL PALSY OF SAN LUIS OBISPO**

**Description of Services:** United Cerebral Palsy of San Luis Obispo is dedicated to advancing the independence of people with developmental disabilities throughout the county. Adult services include weekend and evening transportation in SLO County, out-of-county weekend trips, Saturday outings and week-long summer camp. Family services include in-home respite, workshops and family events. The Family Advocacy Network assists parents with education information for their special needs children.

**Address:** 3620 Sacramento Street  
 San Luis Obispo, CA 93401

**Phone:** 805-237-8333 Office North County  
 805-541-8751 Office Volunteer Phone  
 805-543-2039 Office Adult Services  
 805-543-7102 Office Family Services  
 805-781-6265 Office Family Advocacy

**Email:** [kristine@ucp-slo.org](mailto:kristine@ucp-slo.org)

**Website:** [www.ucp-slo.org](http://www.ucp-slo.org)

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** WILSHIRE HEALTH AND COMMUNITY SERVICES, INC.

**Description of Services:** Wilshire Health and Community Services, Inc. provides comprehensive health care and related services in Los Angeles, Ventura, Fresno, San Luis Obispo, Tulare, Merced and Santa Barbara Counties. They offer:

- Home Healthcare
- Skilled Nursing
- Hospice
- Community Services

➤**Program: Best Care Central California Home Health Agency**

**Program Description:** Provides skilled care to patients in all areas of the county on a part-time, intermittent basis. Patient care is provided by registered nurses, enterostomal therapist, oncology nurse, maternal-child nurse, occupational, speech and physical therapist, medical social worker, and certified home health aides. Services also include IV therapy, wound care, ostomy care, bowel and urinary incontinence, diabetes care, respiratory care, total parental nutrition, phlebotomy services, postpartum assessment, and medical supplies. Hospital and home evaluations are available. This agency is a subset of Wilshire Health and Community Services.

**Address:** 277 South Street, Suite W  
San Luis Obispo, CA 93401

**Phone:** 805-782-8600 (24 hour point of contact)  
805-782-8608 (24 hour point of contact)

**Fax:** 805-782-8612

**Email:** [bcccinfo@whilshirecs.org](mailto:bcccinfo@whilshirecs.org)

➤**Program: Caring Callers**

**Program Description:** A friendly visiting service to the frail elderly and socially isolated people of San Luis Obispo County. Caring Callers volunteers make free weekly in-home visits that provide reassurance and comfort to homebound older persons, and help the somewhat functionally impaired remain in their residence. During a visit the pair may chat, play cards or board games, take walks and drives or go shopping. Volunteers come from all age, groups and walks of life.

**Address:** 285 South Street, Suite J  
San Luis Obispo, CA 93401

**Phone:** 805-547-7025 ext. 17

## Access and Functional Needs Resource Directory For San Luis Obispo County

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➤**Program: Creative Mediation**

**Program Description:** Mediation Services

**Address:** 285 South Street, Suite P  
San Luis Obispo, CA 93401

**Phone:** 805-549-0442

➤**Program: Hospice Partners of the Central Coast of California**

**Address:** 277 South Street, Suite R  
San Luis Obispo, CA 93401

**Phone:** 805-782-8608

**Fax:** 805-782-8614

**Website:** [www.wilshirefoundation.org](http://www.wilshirefoundation.org)

➤**Program: Senior Peer Counseling**

**Address:** 285 South Street, Suite J  
San Luis Obispo, CA 93401

**Phone:** 805-547-7025 ext. 15

**Fax:** 805-782-8614

**Website:** [www.wilshirefoundation.org](http://www.wilshirefoundation.org)

*\*This agency has the ability and resources to assist during a major emergency within the County.*

**Access and Functional Needs Resource Directory  
For San Luis Obispo County**

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**SECTION V:  
LANGUAGE/LITERACY SERVICES**



## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** CAL POLY STATE UNIVERSITY

➤**Program:** Disability Resource Center

**Program Description:** Provides information, referral, and support services to Cal Poly students and prospective students with permanent and temporary disabilities. Support services may include the provision of note takers, test accommodations and sign language interpreter.

**Address:** California Polytechnic State University

Disability Resource Center

**Phone:** 805-756-1395

805-756-6184

**Hours:** 8:00 a.m. - 4:30 p.m.

**Transportation Service:** 7:45 a.m. - 7:00 p.m.

**Email:** [drc@calpoly.edu](mailto:drc@calpoly.edu)

**Website:** [www.drc.calpoly.edu](http://www.drc.calpoly.edu)

**Eligibility:** Must be a currently enrolled Cal Poly student and have a verifiable disability.

**Fees:** No fees for services

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** CENTRAL COAST SIGN LANGUAGE

**Description of Services:** Provides language interpreting and translating services for a wide array of settings including:

- American Sign Language-ASL
- Spanish Interpreting
- Medical, Legal, and Educational Settings
- Community Outreach/Emergency Assistance

**Address:** Post Office Box 775  
Pismo Beach, CA 93448

**Phone:** 805-709-3497

**Email:** [info@centralcoastasl.com](mailto:info@centralcoastasl.com)

**Website:** [www.centralcoastasl.com](http://www.centralcoastasl.com)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: ELKS LODGE**

**Description of Services:** The California-Hawaii Elks Association provides occupational therapy, physical therapy and speech-language therapy services to children (birth to 18) in their homes. They also provide preschool vision screening and monetary coverage to eligible children for pediatric vision services. In addition, students with disabilities may apply for post-secondary school scholarships.

**Address:** 222 Elks Lane  
San Luis Obispo, CA 93401

**Phone:** 805-543-0322

**Website:** [www.elks.org](http://www.elks.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: MIGRANT EDUCATION PROGRAM**

**Description of Services:** Emergency medical coverage. Educational Instructional assistance at different school sites. Basic student and family support.

**Address:** 261 Cuesta Drive

**Phone:** 805-534-9192

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: ONE HOUR TRANSLATION SERVICES**

**Description of Services:** One Hour Translation Services has over 10,000 native speaking professional translators available 24 hours a day, seven days a week. Translators are native speaking certified professionals. We carefully select the translators in our community: only professional translators with rich translation experience and great references are allowed to be part of our community. We are the fastest translation service in the world.

**Website:** <http://www.onehourtranslation.com>

**Fee:** \$0.07 per word

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: PASO ROBLES MIGRANT EDUCATION**

**Description of Services:** Provides additional and supplementary instructional services in the classroom and after-school programs at the elementary, junior high, and high school level. Summer school provided in conjunction with the school district.

**Address:** 1802 Chestnut Street  
Paso Robles, CA 93447

**Phone:** 805-237-3471

**Coverage Area:** Northern San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: SAN LUIS OBISPO COUNTY SUPERIOR COURT**

**Description of Services:** The Superior Court provides interpreters for all non-English speaking defendants, parties and witnesses needed during courtroom proceedings in the following case types:

- Criminal, juvenile, traffic and domestic violence matters
- 24 hours' notice is required for Spanish interpreters
- 72 hours' notice is required for all other interpreters

Arrangements for an interpreter may be made by contacting **Courtroom Operations** at (805) 781-5149 or submitting the following document by fax (805) 781-1071 or in person:

**Address:** 1050 Monterey Street  
San Luis Obispo, CA 93408

**Phone:** 805-781-5143  
805-781-5149 (Courtroom Operations)

**Fax:** 805-781-1071

**Website:** [slocourts.net](http://slocourts.net)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** SAN LUIS OBISPO LITERACY COUNCIL

**Description of Services:** The San Luis Obispo Literacy Council is committed to assisting adult learners and their families in the development of English language communication skills.

**Address:** 1264 Higuera Street, Suite 102  
San Luis Obispo, CA 93401

**Phone:** 805-541-4219

**Email:** [info@sloliteracy.org](mailto:info@sloliteracy.org)

**Website:** [www.sloliteracy.org](http://www.sloliteracy.org)

**Coverage Area:** San Luis Obispo County



## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: STUTTERING FOUNDATION OF AMERICA**

**Description of Agency:** The Stuttering Foundation provides resources, services, and support to those who stutter and their families, as well as provide support for research regarding the cause of stuttering.

**Phone:** 800-992-9392

**Emails:** info@stutteringhelp.org

info@tartamudez.org (Spanish)

**Websites:** www.stutteringhelp.org (English)

www.tartamudez.org (Spanish)

**Access and Functional Needs Resource Directory  
For San Luis Obispo County**

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**SECTION VI:  
LEGAL/ADVOCACY SERVICES**

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: ADULT ABUSE PREVENTION COUNCIL**

**Description of Services:** No direct services. The Adult Abuse Prevention Council is a coalition of agencies and groups concerned with improving the protection of elder and dependent adults who are in danger of abuse, neglect, or exploitation, by providing public education regarding abuse and abuse prevention; promoting interagency coordination and abuse investigation; and promoting the sharing of information and education resources among professionals and advocates in the field of adult abuse and neglect.

**Address:** 3232 South Higuera Street

San Luis Obispo 93401

**Email:** 1tcomc@kcbx.net

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: CALIFORNIANS FOR DISABILITY RIGHTS**

**Description of Services:** An advocacy and social group for all persons with handicaps and their supporters. Officers elected in January.

**Address:** 2756 Green Place  
Arroyo Grande, CA 93420

**Phone:** 805-441- 0655  
805-489- 4751

**Email:** legalmail@pai-ca.org

**Website:** www.Pai-ca.org

**Coverage Area:** State of California

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** CALIFORNIA RURAL LEGAL ASSISTANCE (CRLA)

**Description of Services:** Provides free legal assistance to low-income persons; assists in civil matters such as landlord/tenant, public benefits, employment, education, discrimination, health, and civil rights. No family law.

**Address:** 1011 Pacific Street, Suite A  
San Luis Obispo, CA 93401

**Phone:** 805-544-7994

**Fax:** 805-544-3904

**Email:** ExternalAffairs@dor.ca.gov

**Website:** [www.crla.org](http://www.crla.org)

**Coverage Area:** State of California

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: CLIENT ASSISTANT PROGRAM**

**Description of Services:** Advocacy and support for people with disabilities. Its purpose is to ensure that the mandated programs and services under the Federal Rehabilitation Services Agency are provided fairly and effectively. Advocates work on behalf of persons with Department of Rehabilitation, and other agencies and programs that receive RSA finding. Educates on the ADA.

**Address:** 14407 Gilmore Street Unit 11  
Van Nuys, CA 93401

**Phone:** 818-785-6934  
800-524-5272

**Email:** ExternalAffairs@dor.ca.gov

**Website:** [www.dor.ca.gov](http://www.dor.ca.gov)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: COAST CAREGIVER RESOURCE CENTER**

**Description of Services:** Provides services for families and caregivers of brain impaired adults including family and caregiver education, problem-solving, information and referral, legal consultations, group or individual counseling, library, long-term planning, and financially assisted respite (in-home, out-of-home, and special). Client assessments are also available.

**Address:** 1528 Chapala Street Unit 302  
Santa Barbara, CA 93101

**Phone:** 805-962-3600 ext.14

**Email:** [info@coasters.org](mailto:info@coasters.org)

**Website:** [www.coastcrc.org](http://www.coastcrc.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: COMMISSION ON AGING FOR SAN LUIS OBISPO**

**Description of Services:** Enhances communication and cooperation between service providers and senior citizens, promotes advocacy and acts as an advocacy body to the County Board of Supervisors on the needs of all seniors. The public is invited to attend and submit items for deliberation. The SLO Commission on Aging offers the following services:

- Provides current information about resources which meet the needs of the senior population
- Listens to concerns of the senior population.
- Recommends and advocate to the Board of Supervisors on behalf of the County's senior population when action is needed to protect County senior services.

**Address:** 801 Grand Avenue  
San Luis Obispo, CA 93401

**Phone:** 805-235-5779

**Hours:** Monday through Friday from 8 a.m. to 5 p.m.

**Website:** [www.slocounty.ca.gov/coa.htm](http://www.slocounty.ca.gov/coa.htm)



## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: LAWYER REFERRAL AND INFORMATION SERVICE PROJECT**

**Description of Services:** LRIS is a non-profit organization sponsored by the SLO County Bar Association and is designed to provide referrals as well as information on other public services available to the public. The areas of law covered include, criminal, personal injury, probate/estate, planning/wills, worker's compensation. This is a web-page referral directory.

**Phone:** 805-788-2099

**Website:** [freeselfhelplegal.com](http://freeselfhelplegal.com)

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: LONG-TERM CARE OMBUDSMAN SERVICES**

**Description of Services:** Assistance with care facility placement for seniors. Care facility complaint investigation and resolution. Investigates abuse in care facilities and provides advanced health care directive forms. Able to assist with information and referral for senior services.

**Address:** 3232 South Higuera Street, Unit 101-B (near the DMV)  
San Luis Obispo, CA 93401

**Phone:** 805-785-0132

**After hours:** 800-231-4024 Statewide Crisis Line (24/7)

**Fax:** 805-785-0134

**Email:** info@OmbudsmanSLO.org

**Website:** OmbudsmanSLO.org

**Office Hours:** Monday through Friday, 8:30 a.m. - 4:30 p.m.

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES ASSOCIATION**

**Description of Services:** Local Chapter #1028 supports the national association which lobbies congressional legislators on matters pertaining to federal retirees. Provides services relating to pension payments, survivor benefits, insurance, etc., for federal retirees. Officers elected in November.

**Address:** 1766 Sheppard Dr.  
Paso Robles, CA 93446

**Phone:** 805-239-1343

**Website:** [www.narfeslo1028.org](http://www.narfeslo1028.org)

**Fees:** \$6.00 annual due

**Meeting Times:** Third Wednesday of specified months at 12:30 p.m.

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** SAN LUIS OBISPO COUNTY MENTAL HEALTH SERVICES

**Description of Services:** San Luis Obispo County Mental Health Department offers services to adults with persistent mental illness, and youth with serious emotional disturbance, to help them recover or manage their illness and achieve their goals. The highest priority for services is given to the most distressed, those unable to perform their usual functional roles, those with acute or chronic needs for whom psychiatric intervention is useful, and those who have insufficient resources for private treatment.

➤**Program: Mental Health Patients’ Rights**

**Program Description:** Receive, investigate, and resolve complaints on behalf of any Mental Health facility in this county. The advocate’s number and list of patients’ rights is posted in all Mental Health facilities; staff are trained regarding Patients’ Rights Laws, and advocacy is provided for patients and residents who are unable or afraid to register a complaint. Community agencies and authorities are called upon to work with and resolve issues, address unfavorable conditions or actions and take appropriate measures to deal with abuses.

**LOCATION OF SERVICES:**

<p><b>Central Clinic</b>  <i>Serves Adults</i>            2178 Johnson Ave.            San Luis Obispo, CA 93401            805-781-4700</p>	<p><b>South County Clinic</b>  <i>Serves Youth and Adults</i>            354 South Halcyon            Arroyo Grande, CA 93420            805-473-7060</p>	<p><b>North County Clinic</b>  <i>Serves Youth and Adults</i>            5575 Hospital Drive            Atascadero, CA 93422            805-461-6060</p>
<p><b>Youth Services-            San Luis Obispo</b>  <i>Serves Youth</i>            1989 Vicente            San Luis Obispo, CA 93401            805-781-4179</p>	<p><b>Martha's Place            Children's Center</b>  <i>Serves Children Ages Birth to Five</i>            2925 McMillan Ave            San Luis Obispo, CA 93401            805-781-4948</p>	<p><b>Psychiatric Health Facility</b>            2178 Johnson Ave.            San Luis Obispo, CA 93401            805-781-4711</p>

**Mobile Crisis Services:** 800-838-1381 (24 hours/7 days a week)

**Emergency Number:** S.O. Watch Commander @ 805-781- 4550

**Website:** [www.slocounty.ca.gov/health/mentalhealthservices](http://www.slocounty.ca.gov/health/mentalhealthservices)

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** NATIONAL ALLIANCE ON MENTAL ILLNESS SAN LUIS OBISPO COUNTY

**Description of Services:** NAMI SLOCO is a charitable non-profit organization of people with family members or friends with a disabling mental illness. The National Alliance for the Mentally Ill (NAMI) is a nonprofit, grassroots, self-help, support and advocacy organization of consumers, families, and friends of people with severe mental illnesses, such as schizophrenia, major depression, bipolar disorder, obsessive-compulsive disorder, and anxiety disorders.

**Address:** *St. Stephen's Episcopal Church*

1344 Nipomo Street

San Luis Obispo, CA 93401

**Phone:** 805-461-6590

**Email:** rgambs@sbcglobal.net

**Website:** www.namislo.org

**Eligibility:** Peer-to-Peer classes are open to people over 18 years old living with mental illness. Family-to-Family classes are intended for relatives and close friends of people living with mental illness.

**Fees:** None

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: OPTIONS FAMILY OF SERVICES**

**Description of Services:** Provides behavior modification programs, independent living skills training, residential services, vocation evaluation and training. Community integration, neurological/neuro-psychological consultation, and special education evaluations and advocacy for individuals with head injury, developmental disability, hearing loss, autism and other neurological impairments.

**Address:** 800 Quintana Road, Unit 2C  
Morro Bay, CA 93442

**Phone:** 805-772-6066

**Fax:** 805-772-6067

**Email:** [info@optionsfs.org](mailto:info@optionsfs.org)

**Website:** [www.optionsfs.org](http://www.optionsfs.org)

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: SAN LUIS OBISPO COUNTY DEPARTMENT OF SOCIAL SERVICES (DSS)**

**Description of Services:** Adult and aging services and adult protective services are provided without regard to income, to assure that elderly and dependent adults who live in the community and who are in danger of neglect, abuse, or exploitation receive prompt intervention to investigate and mitigate abuse.

#### **➤Program: Protective Services for Adults**

**Program Description:** The Adult Protective Services program protects dependent adults and seniors. It investigates allegations of abuse, intervenes when necessary, and provides community education. Services are provided without regard to income, to assure that elderly and dependent adults who live in the community and who are in danger of neglect, abuse, or exploitation receive prompt intervention to investigate and mitigate abuse. We provide 24-hour response to persons in immediate danger; as well as service coordination, counseling, case management, in-home protection and supportive services to victims of abuse.

**Address:** 3433 South Higuera Street  
San Luis Obispo, CA 93403

**Phone:** 805-781-1600

**Hours:** Monday through Friday, 8:00 a.m. to 5:00 p.m.

**Emergency Number:** S.O. Watch Commander @ 805-781-4550

**Website:** [www.slocounty.ca.gov/dss](http://www.slocounty.ca.gov/dss)

**Coverage Area:** San Luis Obispo County

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: SAN LUIS OBISPO COUNTY BAR ASSOCIATION**

#### **➤Program: Senior Legal Services Project**

**Program Description:** The San Luis Obispo Legal Alternatives Corporation provides free legal services to seniors aged 60 and older in San Luis Obispo County through the Senior Legal Services Project. The Project offers individuals confidential advice and counsel by appointment. The Project provides attorneys at senior centers throughout the county, meeting with seniors by appointment to answer their individual questions.

**Address:** 1160 Marsh Street, Unit 111  
San Luis Obispo, CA 93401

**Phone:** 805-541-5930

**Email:** [slobar@slobar.org](mailto:slobar@slobar.org)

**Website:** [www.slobar.org/senior-legal-services](http://www.slobar.org/senior-legal-services)

**Eligibility:** All persons age 60 and over are eligible.

**Fees:** Free

**Coverage Area:** San Luis Obispo County



## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: UNITED CEREBRAL PALSY OF SAN LUIS OBISPO**

**Description of Services:** United Cerebral Palsy of San Luis Obispo is dedicated to advancing the independence of people with developmental disabilities throughout the county. Adult services include weekend and evening transportation in SLO County, out-of-county weekend trips, Saturday outings and week-long summer camp. Family services include in-home respite, workshops and family events. The Family Advocacy Network assists parents with education information for their special needs children.

**Address:** 3620 Sacramento Street  
 San Luis Obispo, CA 93401

<b>Phone:</b>	805-237-8333 Office	North County
	805-541-8751 Office	Volunteer Phone
	805-543-2039 Office	Adult Services
	805-543-7102 Office	Family Services
	805-781-6265 Office	Family Advocacy

**Email:** kristine@ucp-slo.org

**Website:** www.ucp-slo.org

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** WILSHIRE HEALTH AND COMMUNITY SERVICES, INC.

**Description of Services:** Wilshire Health and Community Services, Inc. provides comprehensive health care and related services in Los Angeles, Ventura, Fresno, San Luis Obispo, Tulare, Merced and Santa Barbara Counties. They offer:

- Home Healthcare
- Hospice
- Skilled Nursing
- Community Services

➤**Program:** Creative Mediation

**Program Description:** Mediation Services

**Address:** 285 South Street, Suite P  
San Luis Obispo, CA 93401

**Phone:** 805-549-0442

**Email:** [bcccinfo@whilshirecs.org](mailto:bcccinfo@whilshirecs.org)

**Website:** [www.wilshirefoundation.org](http://www.wilshirefoundation.org)

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: WOMEN'S SHELTER PROGRAM OF SAN LUIS OBISPO COUNTY**

**Description of Services:** The Women's Shelter Program of SLO County (WSP) is committed to alleviating domestic violence and abuse. WSP has a number of programs: emergency shelter, counseling, case management, child abuse treatment, and legal services. The WSP serves both women AND men. Self-referred, non-court-mandated perpetrators may access counseling services for a fee. Counseling services for child abuse victims are also available. LOCATION IS CONFIDENTIAL.

**Mailing Address:** Post Office Box 125  
San Luis Obispo, CA 93406

**Phone:** 805-781-6401

**Emergency Phone:** S.O. Watch Commander @ 805-781-4550

**Email:** info@wspsoo.org

**Website:** www.womensshelterslo.org

*\*This agency has the ability and resources to assist during a major emergency within the County.*

**Access and Functional Needs Resource Directory  
For San Luis Obispo County**

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**SECTION VII:  
FOOD/NUTRITION**

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: AIDS SUPPORT NETWORK**

**Description of Services:** AIDS Support Network is the sole community based, non-profit organization in SLO County that provides supportive services to residents living with HIV disease and AIDS, their families and their friends. The agency strives to improve the quality of life and independence of its clients by providing support on an individual basis. Assistance is available to ASN's HIV+ clients from the Ryan White CARE Act and Housing Opportunities for People With AIDS (HOPWA) funds for food vouchers and nutrition counseling.

**Address:** 1320 Nipomo Street

San Luis Obispo 93406

**Email:** sloasn@asn.org

**Website:** www.asn.org

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** CAMBRIA'S ANONYMOUS NEIGHBORS (CAN)

**Description of Services:** Sponsors monthly food distribution. Additionally, loans hospital equipment and provides transportation to medical appointments.

**Address:** *Cambria's Anonymous Neighbor*

Post Office Box 1797

Cambria, CA 93428

**Phone:** 805-927-5673

**Email:** fayzenk@sbcglobal.net

**Coverage Area:** Cambria residents

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** CASA SAN MIGUEL

**Description of Services:** A community-based organization extending hospitality and care to the disadvantaged of the community of San Miguel. Will offer a breakfast program five days a week, as well as social and medical service, youth programs, and continuance of existing program's (such as WIC) that are already serving the community of San Miguel. The goal of the program is to offer programs of health and well-being to and assist in enhancing the quality of life for the disadvantaged of our community.

**Address:** Corner of 14th and Mission Streets

**Mailing:** Post Office Box 463  
San Miguel, CA 93451

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: CENTRAL COAST WOMEN'S LEAGUE**

**Description of Services:** Community service; welfare food baskets; donate proceeds of Annual Fundraiser to local charities; promotes new friends and social contacts. Officers elected in November.

**Address:** Post Office Box 4808

San Luis Obispo, CA 93403

**Email:** [sanfranslo@sbcglobal.net](mailto:sanfranslo@sbcglobal.net)

**Website:** [women.blogspot.com/2011/04/central-coast-womens-league.html](http://women.blogspot.com/2011/04/central-coast-womens-league.html)

**Coverage Area:** San Luis Obispo County



## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: EL CAMINO HOMELESS ORGANIZATION (ECHO)**

**Description of Services:** El Camion Homeless Organization is a homeless shelter that serves North County. We serve meals and provide beds for the needy. The shelter is located at First Baptist Church, close to the entrance to Atascadero High School.

**Address:** First Baptist Church  
6370 Atascadero Avenue  
Atascadero, CA 93401

**Phone:** 805-462-3663

**Website:** [www.echoshelter.org](http://www.echoshelter.org)

**Email:** [elcaminohomeless@yahoo.com](mailto:elcaminohomeless@yahoo.com)

**Coverage Area:** Northern San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: FIVE CITIES CHRISTIAN WOMEN**

**Description of Services:** Five Cities Christian Women offers an emergency food service providing food baskets for people in need. Food to be prepared at home.

**Address:** 192 South 9th Street  
Grover Beach, CA 93483

**Coverage Area:** Five Cities and Nipomo areas

➤**Program: Food Pantry**

**Program Description:** The Food Pantry supplies clients with canned goods, dry goods and toiletries. An average of 2,000 meals per month are provided.

**Phone:** 805-481-2877

**Eligibility:** Program serves clients who are HIV positive.

**Fees:** Free

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: FIRST PRESBYTERIAN CHURCH**

➤**Program:** Green Pastures

**Program Description:** Provides charity assistance, such as food, rent and utility assistance, sleeping bags, gas vouchers, bus/rail tickets, and auto repair/insurance/registration assistance.

**Address:** 981 Marsh Street  
San Luis Obispo, CA 93401

**Mailing Address:** Post Office Box 591  
San Luis Obispo, CA 93406

**Phone:** 805-543-5451

**Email:** churchoffice@fpcslo.org

**Website:** fpcslo.org

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: FOOD BANK COALITION OF SAN LUIS OBISPO COUNTY**

**Description of Services:** The Food Bank Coalition distributes food directly to people in need through the following programs:

➤**Program: Backpack Snack Pack Program**

**Program Description:** A new program of the Food Bank Coalition is the Backpack Program. The public schools are becoming partners with the Food Bank to send nutritious food home with low-income children so that they will have healthy meals while not in school. The food is attractively packaged for children, requires no assistance from adults to eat, and is balanced in all of the food groups.

Also, free nutritious snacks are distributed through a variety of community locations where children already congregate—such as Boys & Girls Clubs of North and South County, YMCA . In addition to providing snacks to children, all Backpack Snack Pack programs offer a safe place, where under the supervision of trustworthy staff a child can get involved in educational, recreational and social activities.

**Address:** Post Office Box 2070  
Paso Robles, CA 93447

**Phone:** 805-238-4664

**Email:** [www.slofoodbank.org](http://www.slofoodbank.org)

**Website:** [www.slofoodbank.org](http://www.slofoodbank.org)

➤**Program: Cal Fresh/ Food Stamps**

**Program Description:** Low-income individuals and families can get help to buy the food they need for good health through CalFresh, formerly known as Food Stamps and nationally known as the Supplemental Nutrition Assistance Program (SNAP). You can apply for these benefits by completing a CalFresh/SNAP/Food Stamp application. Food stamp benefits are provided on an Electronic Benefit Transfer card (EBT) which can be used like an ATM/Debit card. It is accepted at most grocery stores.

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**Eligibility:** You may qualify for CalFresh even if you have a full or part-time job. CalFresh stretches a tight food budget to keep your family well-fed and healthy.

### ➤Program: Emergency Food Assistance Program (EFAP)

**Program Description:** The Food Bank Coalition administers EFAP, a federally funded program and supplies food once a month to low-income families and individuals of all ages through its USDA Commodities Program. These distributions are held at community centers, churches, senior centers and veteran's halls throughout the county. Distributed food includes: breads, cereals, canned goods, snack foods, fresh fruits and vegetables.

#### **Eligibility:**

1. Must attend the distribution held within your local community
2. Must self-certify that you meet the income guidelines

No income documentation is required, but recipients are asked to bring proof of address in the form of a driver's license, bill or other piece of mail.

#### **Distribution Locations & Times**

##### **Atascadero**

Grange Hall – 5035 Palma Ave.  
1st & 4th Wednesday/Month  
10:30 AM to 12:00 PM

##### **California Valley**

CDS Building – 13080 Soda Lake Rd.  
1st Friday/ Month  
11:00 AM to 12:00 PM

##### **Cambria**

Santa Rosa Church – 1174 Main St.  
1st Thursday/Month  
6:00 AM to 7:30 AM

##### **Cayucos**

Community Church – 60 3rd St.  
3rd Wednesday/ Month  
10:30 AM to 11:00 AM

##### **Creston**

Creston Community Church-  
6265 James Street  
4th Thursday/ Month  
3:00 PM to 4:00 PM

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **Los Osos**

People Helping People  
 2160 Palisades Ave.  
 3rd Wednesday/Month  
 10:00 AM to 11:00 AM

Loaves & Fishes  
 2650 Spring St.  
 3rd Thursday/Month  
 5:30 PM to 7:00 PM

### **Morro Bay**

VFW Hall – 209 Surf St.  
 3rd Friday/Month  
 9:30 AM to 10:30 AM

Oak Park Recreation  
 3201 Pine St.  
 4th Friday/Month  
 1:30 PM to 3:00 PM

### **Nipomo**

St. Joseph’s Church – 298 Thompson Ave.  
 2nd Tuesday/Month  
 9:45 AM to 10:30 AM

Villa Paseo Apartments – 2818 Ramada Dr.  
 1st Tuesday/Month  
 2:00 PM to 4:00 PM

### **Oceano**

Senior Center – 1580 Railroad Rd.  
 1st & 4th Thursday/Month  
 9:00 AM to 10:00 AM

### **San Miguel**

Community Church – 301 13th St.  
 4th Thursday/Month  
 11:00 AM to 12:00 PM

### **Paso Robles**

2nd Baptist Church – 1937 Riverside Ave.  
 1st Thursday/Month  
 9:00 AM to 10:00 AM

### **Santa Margarita**

Senior Center – 2210 H St.  
 1st Wednesday/ Month  
 9:30 AM to 10:30 AM

Food Bank - 2212 Golden Hill Rd.  
 2nd & 4th Saturday/Month  
 10:00 AM to 11:00 AM

### **Shandon**

United Methodist Church – 105 S. 2nd St.  
 1st Thursday/Month  
 9:00 AM to 10:00 AM

Grace Baptist – 535 Creston Rd.  
 3<sup>rd</sup> Thursday/Month  
 9:00 AM to 10:00 AM

### **San Luis Obispo**

Mercy Church – 710 Aerovista Place  
 2nd Tuesday/Month  
 5:00 PM to 6:30 PM

Heritage Ranch Recreation Barn – 3945  
 Heritage Rd.  
 1st Tuesday/Month  
 1:30 PM to 2:30 PM

Mercy Dream Center -261 Cuesta Dr.  
 1st & 3rd Saturday/ Month  
 11:00 AM to 12:00 PM

## Access and Functional Needs Resource Directory For San Luis Obispo County

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Salvation Army – 815 Islay St.  
1st Monday/Month  
9:00 AM to 10:00 AM  
\*Effective February 1st this distribution will  
change to the 1st Tuesday/Month

Senior Center – 1445 Santa Rosa St.  
3rd Tuesday/Month  
8:30 AM to 10:00 AM  
Mission View Health Center – 1425  
Woodside Dr.  
2nd & 4th Monday/Month  
2:30 PM to 4:30 PM

### **Templeton**

Vintage Community Church  
692 Peterson Ranch Road  
4th Friday/Month  
3:00 PM to 6:00 PM

### **►Program: Harvest Bag**

**Program Description:** Weekly County-wide food distributions serve over 9,600 families based out of our Oceano warehouse.

### **Arroyo Grande Soto Park**

1275 Ash Street  
Every Wednesday/ Month  
7:30 AM to 9:00 AM

### **Nipomo Senior Center**

200 East Dana  
Every Wednesday/ Month  
8:00 AM to 8:30 AM

### **Los Osos South Bay Community Center**

2160 Palisades Avenue  
1st, 2nd & 4th Wednesday/ Month  
10:00 AM to 11:00 AM

### **San Luis Obispo Zion Church**

1010 E. Foothill Blvd.  
Every Wednesday/ Month  
9:30 AM to 11:30 AM

### **Morro Bay VFW Hall**

209 Surf Street  
Every Monday, Tuesday & Thursday/  
Month  
9:30 AM to 10:30 AM

### **Cayucos Community Church**

60 South 3rd Street  
1st, 2nd & 4th Wednesday/ Month  
10:15 AM to 11:00 AM

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## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **Eligibility:**

1. Must attend the distribution held within your local community
2. Must self-certify that you meet the income guidelines

No income documentation is required, but recipients are asked to bring proof of address in the form of a driver's license, bill or other piece of mail.

### **➤Program: Lovin' Lunchbox**

**Program Description:** Lovin' Lunchbox is a program that is dedicated to providing nutritious meals to low-income children during the summer months when school is not in session.

### **➤Program: Healthy Food for Local Families**

**Program Description:** In an effort to educate recipients on the importance of balanced nutrition, and the impact of developing healthy eating habits at a young age, the Food Bank Coalition is working in partnership with the Network for Healthy California, SLO County Department of Education, SLO County Department of Social Services, local school administrators, staff and family volunteers. We strive to make sure that children don't lose focus on their school work, get frustrated, and skip homework once or repeatedly because they are hungry. A well-fed family is a happier, "healthier" family. Thanks to generous support by the Walmart Foundation and the Webster Family Foundation this program was able to expand county-wide feeding over 20,000 individuals.

### **Eligibility:**

1. Must attend the distribution held within your local community
2. Must self-certify that you meet the income guidelines

No income documentation is required, but recipients are asked to bring proof of address in the form of a driver's license, bill or other piece of mail.



## Access and Functional Needs Resource Directory For San Luis Obispo County

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### Distribution Locations and Times:

#### Atascadero

##### **Atascadero Jr. High**

5601 West Mall Street  
4th Wednesday/ Month  
3:00 PM to 4:30 PM

##### **Santa Rosa Elementary**

8655 Santa Rosa Road  
2nd Wednesday/ Month  
3:00 PM to 4:00 PM

#### Cambria

##### **Santa Lucia Middle School**

2850 Schoolhouse Lane  
4th Wednesday/ Month  
2:00 PM to 3:30 PM

#### Morro Bay

##### **Del Mar Elementary**

501 Sequoia Street  
2nd & 4th Friday/ Month  
2:30 PM to 3:15 PM

#### Nipomo

##### **Nipomo Elementary**

190 E. Price Street  
4th Tuesday/Month  
4:00 PM to 6:00 PM

#### Oceano

##### **Oceano Family Resource Center**

1511 19th Street  
2nd & 4th Friday/ Month  
2:30 PM to 4:00 PM

#### Paso Robles

##### **Family Resource Center**

1802 Chestnut Street  
2nd Thursday/ Month  
2:30 PM to 4:00 PM

##### **Virginia Peterson Elementary**

2501 Beechwood Drive  
3rd Thursday/ Month  
2:30 PM to 4:00 PM

#### San Miguel

##### **Lillian Larson**

1601 L Street  
2nd Wednesday/ Month  
3:30 PM to 5:30 PM

#### Santa Margarita

##### **Carrisa Plains Elementary**

9640 Carrisa Highway  
1st & 3rd Friday/ Month  
12:00 PM to 2:00 PM

#### San Luis Obispo

##### **CL Smith Elementary**

1375 Balboa Street  
2nd Thursday/ Month  
2:30 PM to 3:15 PM

## Access and Functional Needs Resource Directory For San Luis Obispo County

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➤ **Program: Senior Brown Bag**

**Program Description:** The Food Bank Coalition’s Brown Bag program helps meet the needs of low and very-low income seniors in the SLO County area by providing supplemental groceries to seniors struggling to make ends meet. The bags of groceries include fresh produce and other nutritional essentials. This program hopes to keep our communities valued older population healthy and strong.

**Address:** Post Office Box 2070  
 Paso Robles, CA 93447

**Phone:** 805-238-4664

**Website:** [www.slofoodbank.org](http://www.slofoodbank.org)

**Eligibility:**

1. Must attend the distribution held within your local community
2. Must self-certify that you meet the income guidelines

No income documentation is required, but recipients are asked to bring proof of address in the form of a driver’s license, bill or other piece of mail.

**Distribution Locations and Times:**

**Atascadero Grange Hall**  
 5035 Palma Avenue  
 2nd Wednesday/ Month  
 9:30 AM – 10:30 AM

2nd Thursday/ Month  
 9:00 AM – 10: 00 AM

**CA Valley CDS Building**  
 13080 Soda Lake Road  
 1st Friday/ Month  
 11:00 AM – 12:00 PM

**Santa Margarita Senior Center**  
 2210 H Street  
 3rd Wednesday/ Month  
 9:30 AM – 10:30 AM

**Oceano Senior Center**  
 1580 Railroad Road

**Shandon United Methodist**  
 105 S. 2nd Street  
 3rd Thursday/ Month  
 9:00 AM – 10:00 AM

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: FOOD STAMP OUTREACH**

**Description of Services:** Our Food Stamp Outreach Program assists eligible people to receive Food Stamps, accomplishing our mission to alleviate hunger in our county while bringing dollars into our economy. You can find more information on this program in their web site. Call our Food Stamp Coordinator for help with applications.

**Address:** Post Office Box 2070  
Paso Robles, CA 93447

**Phone:** 805-227-6624

**Email:** [info@slofoodbank.org](mailto:info@slofoodbank.org)

**Website:** [www.slofoodbank.org](http://www.slofoodbank.org)

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: GRASS ROOTS II, INC. - SAN LUIS OBISPO COUNTY**

**Description of Services:** A community based organization that works closely with other agencies to provide better living conditions for all people, regardless of background. Our mission is to improve the quality of life for low-income persons in San Luis Obispo County.

#### **➤Programs:**

- Information/referral
- Emergency food pantry
- Community clothes closet
- Household and furniture items

**Address:** 11545 Los Osos Valley Road  
San Luis Obispo, CA 93406

**Phone:** 805-544-2333

**Email:** [peggyfowler@netscape.net](mailto:peggyfowler@netscape.net)

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: LOAVES AND FISHES OF ATASCADERO**

**Description of Services:** All volunteer community group consisting of individuals, religious groups and organizations dedicated to feeding and caring for low income persons.

**Address:** 5411 El Camino Real  
Atascadero, CA 93422

**Phone:** 805-461-1504

**Email:** jackielerno@yahoo.com

**Website:** [www.atascaderoloaves.com](http://www.atascaderoloaves.com)

**Fees:** None

**Hours:** Monday through Friday from 1:00 p.m. to 3:00 p.m.

**Coverage Area:** Atascadero

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: LOAVES AND FISHES IN PASO ROBLES**

**Description of Services:** A cooperative ministry of volunteers from churches in the Paso Robles area responding to emergency needs of local, transient and homeless people. Food is the primary resource available, but other needs are considered for direct help or referral. This includes clothes, household items, medicine, hot meals, transportation (bus or gas), and temporary shelter in extreme emergencies.

**Address:** 2650 Spring Street  
Paso Robles, CA 93447

**Email:** [jmsebro@tcsn.net](mailto:jmsebro@tcsn.net)

**Website:** [loavesandfishespaso.org](http://loavesandfishespaso.org)

**Eligibility:** Based on need

**Coverage Area:** Paso Robles

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: MEALS ON WHEELS – FIVE CITIES**

**Description of Services:** Non-profit organization that makes and delivers meals in the community to people who are homebound, ill or disabled since 1975. We prepare and deliver meals to the homebound or those who would have difficulty feeding themselves.

**Address:** 780 Bello Street

Pismo Beach, CA 93449

**Phone:** 805-773-2053

**Email:** 5cmowpb@att.net

**Coverage Areas:** Arroyo Grande, Grover Beach, Oceano, Pismo Beach, Shell Beach

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** MEALS ON WHEELS – SAN LUIS OBISPO

**Description of Services:** Prepare and deliver nutritious meals to the homebound or those who would have difficulty feeding themselves within San Luis Obispo City limits.

**Address:** 1637 La Vineda  
San Luis Obispo, CA 93401

**Phone:** 805-541-1336

**Coverage Area:** San Luis Obispo City limits



## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: NORTH COUNTY WOMEN'S SHELTER AND RESOURCE CENTER/ SEXUAL ASSAULT RECOVERY AND PREVENTION CENTER (NCWS/SARP)**

**Description of Services:** Provides emergency shelter, crises intervention and counseling for all family members.

➤**Program: Shelter Program**

**Program Description:** Two 24-hour emergency shelters are available to house women and their families who need emergency assistance and a safe place to stay. The shelter locations are CONFIDENTIAL. Shelters are for only for women and their children, but all other services are available to male victims of domestic violence. We will also assist with temporary restraining orders (TRO), legal forms, court filing and court accompaniment.

**24-hr Crisis Lines:** 1-855-5SHELTER (574-3583)  
1-800-656-HOPE (4679)

**Emergency Phone:** S.O. Watch Commander @ 805-781-4550

**Address:** Post Office Box 630  
1030 Vine Street  
Paso Robles, CA 93447

**Phone:** 805-226-5400

**Fax:** 805-226-5401

**Address:** 51 Zaca Lane  
San Luis Obispo, CA 93405

**Phone:** 805-545-8888

**Fax:** 805-545-5841

**Websites:** [www.ncwomensshelter.org](http://www.ncwomensshelter.org)  
[www.sarpcenter.org](http://www.sarpcenter.org)

**Email:** [contact@ncwomensshelter.org](mailto:contact@ncwomensshelter.org)

**Coverage Area:** San Luis Obispo County

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: OPERATION OUTREACH**

**Description of Services:** Feeding the needy and homeless.

**Address:** 2149 Parker Street  
San Luis Obispo, CA 93401

**Fax:** 805-543-2239

**Service Hours:** Tuesday, Wednesday, and Thursday, 1-4 p.m.

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: THE PEOPLE'S KITCHEN**

**Description of Services:** Serves a hot noon meal prepared and served by volunteers every day of the year at different locations throughout San Luis Obispo County.

➤**Program: The People's Kitchen**

**Program Description:** Every day the Peoples Kitchen offers hot, noon-time meals daily at the Prado Day Center.

**Address:** *Prado Day Center*  
43 Prado Road  
San Luis Obispo, CA 93401

**Email:** mparker@pacbell.net

**Website:** www.slopeopleskitchen.org

**Fees:** None

**Coverage Area:** San Luis Obispo County

*\*For South County meal assistance, please refer to the South County People's Kitchen*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** SAINT PATRICK'S CHURCH

➤**Program:** Outreach Program

**Program Description:** Food Pantry, assistance with gas utilities and other assistance such as clothing, bus fare and gas money. Please call for more information.

**Address:** 501 Fair Oaks Avenue  
Arroyo Grande, CA 93421

**Phone:** 805-489-2680

**Email:** SaintPatricks@sbcglobal.net

**Website:** [www.stpatsag.org](http://www.stpatsag.org)

**Eligibility:** Serves all population in the 5 Cities area EXCEPT for sex offenders.

**Fees:** No Fees

**Coverage Areas:** Arroyo Grande, Grover Beach, Oceano, Pismo Beach, Shell Beach

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: SAINT VINCENT DE PAUL SOCIETY**

**Description of Services:** **Description of Services:** Saint Vincent De Paul Society provides food vouchers, one night emergency lodging for extreme emergencies, transportation, medication, eyeglasses, partial rent and utility assistance and identification cards. Services provided by appointment only.

**Address:** Old Mission Parish Center  
751 Palm Street  
San Luis Obispo, CA

**Phone:** 805-544-7041

**Email:** office@oldmissionslo.org

**Eligibility:** For utility assistance, SLO residents only.

**Fees:** None

**Coverage:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** SALVATION ARMY

**Description of Services:** A religious and charitable organization that provides many ministries, without discrimination. The Salvation Army provides rental and utility assistance, emergency food assistance and some other basic needs such as clothing and miscellaneous assistance; services offered vary based on site (call for more information).

**Note:** The Emergency Response Canteen is stored at the Paso Robles Office and is dispatch through the S.O. Watch Commander @ 805-781-4550.

**Eligibility:** Services available to anyone. Needs are assessed through private interview.

**Fees:** Free

**Coverage Area:** San Luis Obispo County

**Site:** *Atascadero Service Extension*

**Address:** 5411 El Camino Real  
 Atascadero, CA

**Site:** *Cambria Service Extension*

**Address:** Cambria, CA 93428

**Site:** *Morro Bay Service Extension*

**Address:** 540 Quintana Road  
 Morro Bay, CA 93443

**Site:** *Paso Robles Service Extension* 805-238-9591

**Address:** 711 Paso Robles Street  
 Paso Robles, CA 93447

**Site:** *San Luis Obispo Corps* 805-544-2401

**Address:** 815 Islay Street  
 San Luis Obispo, CA 93406

**Site:** *South County Service Extension*

**Address:** 1550 W. Branch Street  
 Arroyo Grande, CA

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** SAN LUIS OBISPO COUNTY DEPARTMENT OF SOCIAL SERVICES  
(DSS)

**Description of Services:** The mission of the Department of Social Services is to partner with the community to enhance self-sufficiency while ensuring that safety and basic human needs are met for the people of San Luis Obispo County.

➤**Program: Supplemental Nutrition Assistance Program (SNAP)**

**Program Description:** SNAP, which in California is called CalFresh and was formerly known as the Food Stamp Program, helps low-income people buy the food needed for good health by way of a debit card that can only be used to buy food items. The purpose of CalFresh is to provide food assistance to end hunger, improve nutrition, and health.

**Address:** 3433 South Higuera Street  
San Luis Obispo, CA 93401

**Phone:** 805-781-1600

**Website:** [www.slocounty.ca.gov/dss](http://www.slocounty.ca.gov/dss)

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: SECOND BAPTIST CHURCH**

**Description of Services:** Provides hot meals (midday and evening) to anyone requesting this service. When person attending makes known other needs, church volunteers attempt to locate food, clothing, furniture, transport or other needs from available resources, including employment referrals.

Clothing ministry provides clothes, shoes and other housing or sleeping materials that have been donated; showers and haircuts are provided at no cost particularly where the person in need is applying for employment in the area.

**Address:** 1937 Riverside Avenue  
Paso Robles, CA 93447-0884

**Phone:** 805-238-2011

**Eligibility:** No eligibility requirements

**Fees:** Free

**Email:** sbcpr@norcastmail.com

**Coverage Area:** San Luis Obispo County



## Access and Functional Needs Resource Directory For San Luis Obispo County

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### AGENCY: SENIOR NUTRITION PROGRAM OF SAN LUIS OBISPO

**Description of Services:** Our program provides free, hot noon-time meals to seniors 60 years of age and over throughout SLO County. These meals are delivered 5 times a week directly to our clients' homes or to one of ten lunch sites throughout the County. In addition to serving a hot nutritious meal, our volunteers personally visit our homebound clients, offering social contact as well as emergency assistance when necessary.

**Address:** 2180 Johnson Avenue  
San Luis Obispo, CA 93401

**Phone:** 805-541-3312

**Fax:** 805-541-5631

**Email:** info@snpslo.org

**Website:** www.snpslo.org

**Office Hours:** Monday through Friday 8:30 am to 3:30 pm

**Fees:** No fees, donation suggested for service is \$2.75.

**Eligibility:** Age requirement is sixty years and above; must live in San Luis Obispo.

**Coverage Area:** San Luis Obispo County

**Site:** *Atascadero Senior Citizens Center*  
**Address:** 5905-C East Mall  
Atascadero, CA

**Site:** *St. Paul's Episcopal Church*  
**Address:** 2700 Eaton Road  
Cambria, CA

**Site:** *South Bay Community Center*  
**Address:** 2180 Palisades Avenue

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## Access and Functional Needs Resource Directory For San Luis Obispo County

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**Site:** *Morro Bay Senior Center*  
**Address:** 1001 Kennedy Way

**Site:** *Nipomo Area Senior Citizen's Club*  
**Address:** 200 E. Dana Street

**Site:** *Central Coast Senior Center*  
**Address:** 1580 Railroad Street  
Oceano, CA

**Site:** *Paso Robles Senior Center*  
**Address:** 270 Scott Street  
Paso Robles, CA

**Site:** *San Luis Obispo County*  
**Address:** 2180 Johnson Avenue  
San Luis Obispo, CA

**Site:** *Anderson Hotel*  
**Address:** 955 Monterey Street  
San Luis Obispo, CA

**Site:** *Senior Citizens of Santa Margarita*  
**Address:** 2201 H Street  
Santa Margarita, CA

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** SHOPPING CART, INC.

**Description of Services:** Provides low cost grocery shopping and prescription home delivery services to elderly, disabled and homebound persons who need these services to maintain an independent lifestyle. Also provides emergency food assistance when needed.

**Address:** 194 Edgewater Lane  
Paso Robles 93447

**Email:** ashoppingcart@yahoo.com

**Fees:** Ability to pay based on sliding scale and ranges from none to \$15. A donation of \$5 is requested and paid when able.

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** SOUTH COUNTY PEOPLE'S KITCHEN

**Description of Services:** People's Kitchen serves a hot, nutritious meal to all who need it, at noon, 365 days per year.

**Address:** *Grace Church*  
9th and Grand Avenue  
Grover Beach, CA 93433

**Phone:** 805-489-0982

**Fax:** 805-489-9046

**Fees:** None

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: TRANSITIONAL FOOD AND SHELTER**

**Description of Services:** Transitional Food and Shelter provides shelter and other services to qualified individuals, upon request by a hospital or social services agency, who are homeless and are not allowed into regular shelter due to illness or injury or are recovering from surgery and need shelter during the day. Three primary programs exist:

#### ➤**Program: Shelter**

The shelter program provides temporary, emergency shelter for medically fragile (disabled) homeless persons too ill, injured or disabled to be in a homeless shelter at night and outdoors during the day. This program maintains 10 rented studio apartments located throughout San Luis Obispo County for temporary use by clients, and any overflow of clients are placed in motels.

**Eligibility:** Each client is screened and referred by a hospital or social service agency and has a doctor's letter.

#### ➤**Program: Food**

The "People's Kitchen" of Paso Robles (not affiliated with the People's Kitchen in South County) provides an evening meal from 5-6 pm every night Monday through Friday.

**Address:** *Second Baptist Church*  
1937 Riverside (Corner of 20<sup>th</sup> Street, Paso Robles across from Centennial Park and just South of the MidState Fairgrounds)

**Eligibility:** All hungry people are welcome: they need not be homeless. No questions are asked.

#### ➤**Program: Families Helping Families**

A holiday cheer program at Christmastime for needy families in the North County. Needy families are referred by social service organizations and adopted by donor families for the purpose of providing gifts and a holiday meal.

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## Access and Functional Needs Resource Directory For San Luis Obispo County

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**Address:** Post Office Box 4471  
Paso Robles, CA 93447

**Phone:** 805-238-7056

**Fax:** 805-461-6925

**Email:** [president@nowheretogo.com](mailto:president@nowheretogo.com)

**Website:** [www.nowheretogo.com](http://www.nowheretogo.com)

**Eligibility:** Must be referred by an agency such as Community Action Partnership, Salvation Army or Department of Social Services.

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** UNITED WAY OF SAN LUIS OBISPO COUNTY

**Description of Services:** United Way is committed to improving lives and making SLO County a better place to live. Through our focus on education, income and health, we are impacting the lives of everyone in the community—not only through the grants we give, but also through our programs. These include:

➤**Program: Emergency Food & Shelter Program**

**Program Description:** United Way of SLO County is the local fiscal agent of federal funds distributed through the Emergency Food & Shelter Program. A board of local volunteers coordinates the application and fund distribution process to agencies that serve clients through food and shelter services.

**Address:** 1288 Morro Street, Unit 10  
San Luis Obispo, CA 93401

**Mailing Address:** Post Office Box 14309  
San Luis Obispo, CA 93406

**Phone:** 805-541-1234

**Fax:** 805-543-5317

**Email:** [info@unitedwayslo.org](mailto:info@unitedwayslo.org)

**Website:** [www.unitedwayslo.org](http://www.unitedwayslo.org)

**Coverage Area:** San Luis Obispo County

## **Access and Functional Needs Resource Directory For San Luis Obispo County**

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### **SECTION VIII: MEDICAL EQUIPMENT/SUPPLIES**

The following companies provide medical supplies and equipment, i.e. oxygen, hospital beds, wheelchairs, walking aids, bathroom safety equipment, air mattresses, gauze dressing, ostomy and diabetes supplies. Most will deliver to the home and will bill Medicare, Medi-Cal and insurance companies. This list also contains equipment loan programs.



## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: A-1 MOBILITY**

**Description of Services:** Provides information, sales, and service to individuals with mobility issues. How to choose the correct equipment, aids to daily living, auto lifts, bath and bath safety products, beds, and cushions.

**Address:** 5820 El Camino Real  
Atascadero, CA 93422

**Phone:** 805-462-9925

**Fax:** 805-462-9927

**Email:** a-1mobilitystan@yahoo.com

**Website:** a1mobilitysolutions.com

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** ACI MEDICAL

**Description of Services:** ACI Medical, LLC is a biomedical engineering firm engaged in the research, development, manufacture and sale of therapeutic products and technologies for individuals with varying degrees of limb- and life-threatening vascular conditions.

**Address:** 104 El Cerrito Drive  
Nipomo, CA 93444

**Phone:** 805-929-5876

**Email:** info@acimedical.com

**Website:** acimedical.com

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** APRIA HEALTH CARE

**Description of Services:** Apria has a comprehensive line of home medical equipment including beds, ambulatory aids, patient room equipment, and bathroom safety items. They also offer clinical services.

**Address:** 3705 Fiero Lane #10-15  
San Luis Obispo, CA 93401

**Phone:** 805-783-7413

**Email:** [contact\\_us@apria.com](mailto:contact_us@apria.com)

**Website:** [www.apria.com](http://www.apria.com)

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** BESTCARE PHARMACY AND HOME

**Description of Services:** Medical equipment and supplies.

**Address:** 1051 E. Grand Avenue  
Arroyo Grande, CA 93420

**Phone:** 805-481-5050

**Fax:** 805-481-0040

**Email:** anton@bestcarepharmacy.com

**Website:** www.bestcarepharmacy.com

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** LIN CARE

**Description of Services:** Lincare provides in-home respiratory care, infusion therapy and medical equipment.

**Address:** 2945 McMillan Avenue, #144  
San Luis Obispo, CA 93401

**Phone:** 805-543-2665  
800-999-6009

**Email:** [info@lincare.com](mailto:info@lincare.com)

**Website:** [www.lincare.com](http://www.lincare.com)

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** MED WORLD, INC.

**Description of Services:** Provides information, sales, and service on hospital beds, wheel chairs (both power and manual) oxygen concentrators, bariatric equipment, commodes, CPAP/BiPAPS, nebulizers, and shower chairs.

**Address:** 2045 Preisker Lane, #H  
Santa Maria, CA 93454

**Phone:** 805-739-1700

**Fax:** 805-739-1761

**Email:** [info@medworld.com](mailto:info@medworld.com)

**Website:** [www.medworld.com](http://www.medworld.com)

**Coverage Area:** Central Coast of California

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: MOBILITY MASTERS**

**Description of Services:** Provides information, sales, and service to individuals with mobility issues. How to choose the right equipment, aids to daily living, auto lifts, bath and bath safety products, beds, and cushions.

**Address:** 358 Quintana Road  
Morro Bay, CA 93442

**Phone:** 800-464-1973

**Email:** CustomerService@mobilitymaster.com

**Website:** [www.mobilitymasters.com](http://www.mobilitymasters.com)

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: PACIFIC PULMONARY SERVICES**

**Description of Services:** Specializes in serving patients with Chronic Obstructive Pulmonary Disease (COPD), Obstructive Sleep Apnea (OSA) and Congestive Heart Failure (CHF). Pacific Pulmonary Services provides home oxygen therapy, sleep therapy, and nebulizer medications.

**Address:** 755 Fiero Lane, Suite G  
San Luis Obispo, CA 93401

**Phone:** 805-594-1332  
888-673-3702

**Email:** ppsinfo@ppsc.com

**Website:** www.ppsc.com

**Coverage Area:** Central Coast of California



## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** TEMPLETON HILLS PHARMACY

**Description of Services:** Medical equipment and supplies.

**Address:** 1050 Las Tablas Road  
Templeton, CA 93465

**Phone:** 805-434-1801

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: WALLACE HOME MEDICAL SUPPLIES**

**Description of Services:** Wallace Home Medical Supplies has entered into agreements with various established and well known vendors, manufacturers and specialty companies to provide a wide range of products for continuity of home care including mobility aids, oxygen therapy, orthopedic supplies, bathroom safety, wound care, podiatry products and miscellaneous medical supplies.

**Address:** 1414 Park Street  
Paso Robles, CA 93446

**Phone:** 805-238-3935

**Fax:** 805-237-3974

**Email:** [trago@wallacehms.com](mailto:trago@wallacehms.com)

**Website:** [www.wallacehms.com](http://www.wallacehms.com)

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### MEDICAL EQUIPMENT LOAN PROGRAMS

A number of agencies/organizations will loan equipment, such as wheelchairs, hospital beds and specialized equipment.

#### **AGENCY: ATASCADERO SENIOR CENTER**

**Description of Services:** Will loan equipment, such as wheelchairs, hospital beds and specialized equipment.

**Address:** 9505 East Mall  
Atascadero, CA

**Phone:** 805-466-4674

**Email:** [jfanning@atascadero.org](mailto:jfanning@atascadero.org)

**Coverage Area:** City of Atascadero

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** CAMBRIA'S ANONYMOUS NEIGHBORS (CAN)

**Description of Services:** Loans of hospital equipment such as walkers, crutches, wheelchairs, shower stools and bathroom equipment. Additionally, CAN provides transportation for medical appointments and sponsors monthly food distribution.

**Address:** Post Office Box 1797  
Cambria, CA 93428

**Phone:** 805-927-5673

**Email:** fayzenk@sbcglobal.net

**Coverage Area:** Cambria residents

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** ELKS LODGE (OCEANO)

**Description of Services:** Loans wheelchairs, crutches and walkers.

**Address:** 410 Air Park Drive  
Oceano, CA 93445-9652

**Phone:** 805-489-2504

**Email:** elks2504@gmail.com

**Coverage Area:** South San Luis Obispo County

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## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** MORRO BAY SENIOR CENTER

**Description of Services:** Medical Equipment Loan Program.

**Address:** *Morro Bay Community Center*

1001 Kennedy Way

Morro Bay, CA 93442

**Phone:** 805-772-6278

**Email:** Jwoods@morro-bay.ca.us

**Eligibility:** Must be 55 and over.

**Coverage Area:** City of Morro Bay

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** NIPOMO SENIOR CENTER

**Description of Services:** Medical Equipment Loan Program.

**Address:** 200 East Dana Street  
Nipomo, CA 93444-5104

**Phone:** 805-929-1615

**Eligibility:** Senior Center members only

**Coverage Area:** South San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** PEOPLE HELPING PEOPLE

**Description of Services:** Medical Equipment Loan Program.

**Address:** 2180 Palisades Avenue  
Los Osos, CA 93402 -2607

**Phone:** 805-528-2626

**Coverage Area:** Los Osos area



## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** SAN LUIS OBISPO SENIOR CENTER

**Description of Services:** Medical Equipment Loan Program.

**Address:** 1445 Santa Rosa Street  
San Luis Obispo, CA 93401

**Phone:** 805-781-7306

**Eligibility:** Must be a member of the Senior Center

**Coverage Area:** City of San Luis Obispo

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** VETERANS VOLUNTEER SERVICES

**Description of Services:** Medical Equipment Loan Program.

**Phone:** 805-709-3052

805-489-4835

**Eligibility:** Must be a veteran or spouse of a veteran

**Coverage Area:** County of San Luis Obispo

**Access and Functional Needs Resource Directory  
For San Luis Obispo County**

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**SECTION IX:  
MEDICAL SERVICES**

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: MUSCULAR DYSTROPHY ASSOCIATION**

**Description of Services:** Provides free medical services including clinic services, support groups and financial help in the purchase of wheelchairs to patients with neuromuscular diseases. In addition, diagnostic tests are provided to patients who may have muscular dystrophy.

**Address:** 5638 Hollister Avenue  
Goleta, CA 93117

**Phone:** 805-560-7651

**Email:** [santabarbara@mdausa.org](mailto:santabarbara@mdausa.org)

**Website:** [mds.org/office/santa-barbara](http://mds.org/office/santa-barbara)  
[www.mdausa.org](http://www.mdausa.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: AIDS SUPPORT NETWORK**

**Description of Services:** This program is specifically designed for HIV+ individuals, their partners and family members who want to take a proactive role in their health care. The goal is to help individuals maintain a high level of health and minimize the risk of further HIV transmission. The AIDS Support Network provides benefits counseling for insurance and benefit programs. For clients, family and the public, there is a Health Counselor. The Housing Services Coordinator assists clients with the housing and related needs. The Volunteer Coordinator provides practical assistance for clients. The ASN also owns and operates 12 units of housing for HIV+ clients in San Luis Obispo. ASN provides support group meetings for men, women and children and their families.

**Address:** 1320 Nipomo Street  
San Luis Obispo, CA

**Phone:** 805-781-3660

**Email:** sloasn@asn.org

**Website:** www.asn.org

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** ALL HOME CARE

➤**Program:** Home Health Care for seniors

**Program Description:** Provides in home care from 1 hour a day to 24 hour full assistance.

**Address:** 197 N. 10th Street, Suite 101  
Grover Beach, CA 93433

**Phone:** 805-473-4040

**Email:** glynda\_dias@all-homecare.com

**Website:** www.lifestation.com

**Coverage Area:** Central Coast of California

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** ALS/LOU GEHRIG'S DISEASE SUPPORT GROUP

**Description of Services:** Support group for people affected by ALS.

**Address:** *French Hospital*  
1911 Johnson Avenue  
San Luis Obispo, CA. 93401

**Phone:** 805-543-5353

**Meeting Hours:** Convenes 3<sup>rd</sup> Saturday from 2:00 p.m. - 3:30 p.m. at French Hospital.

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** ALZHEIMER'S ASSOCIATION, CENTRAL COAST CHAPTER

**Description of Services:** To enhance care and support for individuals with Alzheimer's, their families, and caregivers, while working to eliminate the disease through the advancement of research.

**Address:** 3480 South Higuera Street, Unit 120  
San Luis Obispo, CA 93401

**Phone:** 805-547-3830

**Email:** [cacentral-info@alz.org](mailto:cacentral-info@alz.org)

**Website:** [www.alz.org/cacentralcoast](http://www.alz.org/cacentralcoast)

**Coverage Area:** Central Coast of California



## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: AMERICAN CANCER SOCIETY**

**Description of Services:** Offers public and professional education and information materials including brochures, videos and a lending library on the detection, prevention, and treatment of cancer.

**Address:** 1540 West Branch Street  
Arroyo Grande, CA 93420

**Phone:** 805-473-2719

**Website:** [www.cancer.org](http://www.cancer.org)

**Hours:** Monday through Friday, 10:00 a.m. to 5:00 p.m.

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: AMERICAN HEART ASSOCIATION, SAN LUIS OBISPO DIVISION**

**Description of Services:** A voluntary, non-profit health organization whose mission is to reduce premature death and disability from cardiovascular disease and stroke. For people interested in talking about heart-related illness. Discuss your own heart or health issues, ask questions, help us with answers, or just listen. Call for more info.

**Address:** 1371 Pacific Street  
San Luis Obispo, CA 93406

**Phone:** 805-544-1505  
800-242-8721

**Email:** [Rebecca.mendoza@heart.org](mailto:Rebecca.mendoza@heart.org)

**Director:** Lisa Dosch

**Website:** [www.americanheart.org](http://www.americanheart.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: ARTHRITIS FOUNDATION**

**Description of Services:** The mission of the Arthritis Foundation is to improve lives through leadership in the prevention, control and cure of arthritis and related diseases.

**Address:** 2261 Las Positas Road  
Santa Barbara, CA 93105

**Phone:** 805-563-4685

**Email:** [smoon@arthritis.org](mailto:smoon@arthritis.org)

**Website:** [www.arthritis.org](http://www.arthritis.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: BESTCARE CENTRAL COAST HOME HEALTH AGENCY**

**Description of Services:** Provides skilled care to patients in all areas of the county on a part-time, intermittent basis. Patient care is provided by registered nurses, enterostomal therapist, oncology nurse, maternal-child nurse, occupational, speech and physical therapist, medical social worker, and certified home health aides. Services also include IV therapy, wound care, ostomy care, bowel and urinary incontinence, diabetes care, respiratory care, total parental nutrition, phlebotomy services, postpartum assessment, and medical supplies. Hospital and home evaluations are available. This agency is a subset of Wilshire Health and Community Services.

**Address:** 277 South Street, Suite W  
San Luis Obispo, CA 93401

**Phone:** 805-782-8600

**Email:** [bccinfo@wilshirehcs.org](mailto:bccinfo@wilshirehcs.org)

**Website:** [www.bestcarehomehealth.org](http://www.bestcarehomehealth.org)

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** CASA SAN MIGUEL

**Description of Services:** A community-based organization extending hospitality and care to the disadvantaged of the community of San Miguel. Will offer a breakfast program five days a week, as well as social and medical service, youth programs, and continuance of existing program's (such as WIC) that are already serving the community of San Miguel. The goal of the program is to offer programs of health and well-being to and assist in enhancing the quality of life for the disadvantaged of our community.

**Address:** Corner of 14th and Mission Streets  
San Miguel, CA 93451

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** CENTRAL COAST CHEST CONSULTANTS

➤**PROGRAM:** BETTER BREATHER'S CLUB

**Description of Agency:** Meetings offer support, information and guest speakers for those with emphysema and other chronic obstructive pulmonary disease. Meetings take place in both Northern and Southern San Luis Obispo County.

**Address:** 1428 Phillips Lane #203  
San Luis Obispo, CA 93401

**Phone:** 805-543-4407

**Email:** lbates@ccchest.net

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: CENTRAL COAST KIDNEY FOUNDATION**

#### **➤Program: Kidney Foundation Support Group**

**Description of Services:** A peer support group for patients and family members of pre-dialysis, dialysis, kidney and all other organ transplants.

**Address:** 1344 Nipomo Street  
San Luis Obispo, CA 93401

**Phone:** 805-528-2612

**Email:** mwerst@charter.net

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### AGENCY: COMMUNITY HEALTH CENTERS OF THE CENTRAL COAST

**Description of Services:** Located throughout northern Santa Barbara and San Luis Obispo counties, the Community Health Centers are dedicated to maintaining health and well-being. With 26 sites, we offer, fully accredited medical, dental and mental health services as well as health education and specialty services.

**Address:** Health Centers exist at the following locations:

#### Arroyo Grande

1057 Grand Avenue	805-270-1700
336 South Halcyon Road	805-270-1600
260 Station Way	805-473-6201

#### Atascadero

7512 Morro Road	805-792-1400
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#### Cambria

2515 Main Street	805-927-5292
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#### Morro Bay

660 Harbor Street	805-772-1055
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#### Nipomo (Corporate Headquarters)

150 Tejas Place	805-929-3211
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#### Oceano

1981 Cienaga Street	805-270-0028
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#### Paso Robles

416 Spring Street	805-238-7250
500 1st Street	805-286-3100



## Access and Functional Needs Resource Directory For San Luis Obispo County

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### San Luis Obispo

1551 Bishop Street                      805-269-1350                      805-549-0402 (Women's Health)  
77 Casa Street Ste. 201                      805-269-1500

### San Miguel

1385 Mission Street                      805-467-2344

### Templeton

325 Posada Lane                      805-542-6700

**Phone:**                      805-929-3211

**Fax:**                      805-929-6446

**Website:**                      [www.chccc.org](http://www.chccc.org)

### ➤**Program: Health Care for the Homeless Project**

**Program Description:** Provides to the Homeless population of San Luis Obispo County: mobile medical outreach, medical case management, primary health care, limited emergency dental care, health evaluation, daily recovery and counseling programs, health education, limited transportation to medical appointments, employment/job training assistance and referrals.

**Program Address:**                      710 South 13th Street  
Grover Beach, California 93433-2886

**Eligibility:** Anyone is eligible for these services that is living on the streets, staying in a shelter, mission, transitional housing, abandoned building or vehicle, or is in an unstable or non-permanent situation.

**Coverage Area:**                      San Luis Obispo County

**Phone:**                      805-473-7970

**Website:**                      [www.chccc.org](http://www.chccc.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: CROHN'S AND COLITIS FOUNDATION OF AMERICA**

**Description of Services:** The Crohn's and Colitis Foundation of America (CCFA) is a non-profit, volunteer-driven organization dedicated to finding the cures for Crohn's Disease and ulcerative colitis.

#### **➤Program: Crohn's and Colitis Support Group**

**Program Description:** This group provides information and support to patients and families afflicted with inflammatory bowel disorders.

**Address:** *French Hospital Medical Center*  
Conference Room  
1911 Johnson Avenue  
San Luis Obispo, CA 93401

**Phone:** 805-547-1163

**Website:** [www.ccfa.org](http://www.ccfa.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** FRENCH HOSPITAL MEDICAL CENTER

**Description of Services:** French Hospital Medical Center offers affordable health care services and works toward improving the quality of life.

**Address:** 1911 Johnson Avenue  
San Luis Obispo, CA 93401

**Phone:** 805-543-5353

**Website:** frenchmedicalcenter.org

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: HEALTH AGENCY, SAN LUIS OBISPO COUNTY**

**Description:** The Health Agency includes the Drug and Alcohol Services, Mental Health Services, and Public Health Services departments. Together, these departments provide health-related assistance and services to county residents, including the Women, Infant and Children Program, alcohol and substance abuse walk-in clinics, crisis intervention and SART (Suspected Abuse Response Team).

**Address:** 2191 Johnson Avenue  
San Luis Obispo, CA 93401-2871

**Phone:** 805-781-5500

**Emergency Number:** S.O. Watch Commander @ 805-781-4550

**Email:** [jwhite@co.slo.ca.us](mailto:jwhite@co.slo.ca.us)

**Website:** [www.slocounty.ca.gov/health](http://www.slocounty.ca.gov/health)

### ➤ **Program: County Medical Services Program**

**Program Description:** The County Medical Services Program (CMSP) funds short term medical care for low-income San Luis Obispo County residents

**Address:** 2180 Johnson Avenue  
San Luis Obispo, CA 93401

**Phone:** 805-781-4838

**Eligibility:** You may be eligible for CMSP if you:

- Are between ages 21-64
- Are not eligible for Medi-Cal
- Are either a legal U.S. citizen or an alien "permanently residing in the United States under Color of Law"
- Live in San Luis Obispo County
- Have low assets and income less than 250% of the poverty level
- Have a medical need

## Access and Functional Needs Resource Directory For San Luis Obispo County

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➤ **Program: HIV Prevention, Advocacy and Care Consortium of San Luis Obispo County**

**Program Description:** Broad-based, self-appointed community group formed to make decisions and monitor funds allocated to San Luis Obispo County for services to people with HIV/AIDS and their families and funds allocated for AIDS education and prevention activities. Meets every other month. Call for information.

The following services are provided to people with HIV/AIDS: benefits counseling, dental services, professional counseling, health insurance continuation, transportation, housekeeping services, and emergency utility and rent subsidies. These services can be accessed by calling the AIDS Support Network at 781-3660.

**Eligibility:** Services are available to people who are HIV+ and their families who meet specific needs. Call for more information.

**Coverage Area:** San Luis Obispo County

**Fees:** No fees

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: HOSPICE OF SAN LUIS OBISPO COUNTY**

**Description of services:** Provides non-medical volunteer support, education and counseling to those living with life-threatening or terminal illness, their families and the bereaved. We also see children adults of all ages for individual, family or group grief counseling.

#### ➤**Program: Community Crises Response**

**Program Description:** Provides timely support and education about grief and coping with loss, including sudden death. Community Crises Response services are provided to businesses, schools, churches, government and community agencies.

**Address:** 1304 Pacific Street  
San Luis Obispo, CA 93401

**Phone:** 805- 434-1164  
800-331-1620 (toll free)

**Email:** hospiceslo@hospiceslo.org

**Website:** www.hospiceslo.org

**Coverage area:** San Luis Obispo County

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: HOSPICE PARTNERS OF THE CENTRAL COAST**

**Description of Services:** Hospice is a philosophy of care that accepts dying as a natural part of life. Hospice provides support and care in the last phases of incurable disease and illness so that people may live as fully and as comfortable as possible. Hospice Care affirms life- it neither hastens nor postpones death.

**Address:** 277 South Street, Unit R  
San Luis Obispo, CA 93401

**Phone:** 805-782-8608

**Email:** [hpccinfo@wilshirehcs.org](mailto:hpccinfo@wilshirehcs.org)

**Website:** [www.hospicepartners.org](http://www.hospicepartners.org)

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: HUNTINGTON'S DISEASE SUPPORT GROUP**

**Description of Services:** The goal of the group is to allow Huntington's Disease patients, family members, friends and health professionals a chance to meet and discuss life with HD, caregiving strategies, treatments, medication pipeline and community resources.

**Meeting Hours:** Meets 2<sup>nd</sup> Saturday of each month at 11:00 am.

**Address:** 3121 South Higuera St, Suite E  
San Luis Obispo, CA 93401

**Phone:** 805-226-8669



## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** LUPUS INTERNATIONAL

**Description of Services:** Lupus International will provide informational material, resources and referrals for lupus patients and their families.

**Address:** 17985 Sky Park Circle, Unit J  
Irvine, CA 92614

**Phone:** 949-278-1646

**Email:** ckelly1121@aol.com

**Website:** [www.lupusinternational.com](http://www.lupusinternational.com)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** MARIAN REGIONAL MEDICAL CENTER

➤**Program:** Dignity Health Home Health Services

**Program Description:** Dignity Health Home Health services provide comprehensive care for patients who have recently been discharged from the hospital or homebound individuals needing professional nursing or rehabilitative care. Managed by Catholic Healthcare West, they provide comprehensive home health care including skilled nursing services.

**Address:** 504 Plaza Drive, Unit 1  
Santa Maria, CA. 93454

**Phone:** 800-549-9609  
805-739-3830

**Website:** [www.chwhealth.org](http://www.chwhealth.org)

**Licensure:** Joint Commission Accredited, State Licensed, Medicare Certified

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: MULTIPLE SCLEROSIS SOCIETY**

**Description of Services:** Services include support groups for clients, families, and teens, educational programs, peer support, information and referral, equipment loan and assistance, financial aid and exercise classes.

**Address:** *Southern California and Nevada Chapter*  
2440 South Sepulveda Blvd., Suite 115  
Los Angeles, CA 90064  
Website: Southern California & Nevada Chapter website

**Local Address:** *Channel Islands Office*  
Santa Barbara, CA 93101

**Phone:** 805-682-8783  
310-479-4456

**Email:** MS@CAL.NMSS.ORG

**Website:** [www.nationalmssociety.org](http://www.nationalmssociety.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: MUSCULAR DYSTROPHY ASSOCIATION**

**Description of Services:** Provides free medical services including clinic services, support groups and financial help in the purchase of wheelchairs to patients with neuromuscular diseases. In addition, diagnostic tests are provided to patients who may have muscular dystrophy.

**Address:** 5638 Hollister Avenue  
Goleta, CA 93117

**Phone:** 805-560-7651

**Email:** [santabarbara@mdausa.org](mailto:santabarbara@mdausa.org)

**Website:** [mds.org/office/santa-barbara](http://mds.org/office/santa-barbara)  
[www.mdausa.org](http://www.mdausa.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: MYASTHENIA GRAVIS SUPPORT GROUP**

**Description of Services:** Offers information and support for those afflicted by Myasthenia Gravis and their families.

**Phone:** 805-928-2459

**Website:**

[www.sanluisobispo.networkofcare.org/veterans/library/search.cfm?sby=M&searchFor=support](http://www.sanluisobispo.networkofcare.org/veterans/library/search.cfm?sby=M&searchFor=support)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** NATIONAL OSTEOPOROSIS SUPPORT GROUP

➤**Program:** Osteoporosis Support Group

**Description of Services:** Offers information to patients and their families about prevention, diagnosis and the new treatment available. Lectures, literature and demonstrations lead into group discussions with an emphasis on solving problems for people with fragile bones.

**Address:** 607 East Plaza Drive, Suite A  
Santa Maria, CA 93454

**Phone:** 805-925-8899

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: PLANNED PARENTHOOD**

**Description of Services:** Our vision is to create a community where every child is a wanted child, where people make informed and responsible health decision, and where everyone has access to affordable, quality reproductive health care and the right to choose.

**Address:** 743 Pismo Street  
San Luis Obispo, CA 93401

**Phone:** 805-549-9446  
888-898-3806

**Hours:** Monday 7:30 a.m. – 5:00 p.m.  
Tuesday 11:00 a.m. – 8:00 p.m.  
Wednesday 8:00 a.m. – 7:00 p.m.  
Thursday 7:30 a.m. – 5:00 p.m.  
Friday 7:30 a.m. – 5:00 p.m.

**Fax:** 805-549-0749

**Website:** [www.plannedparenthood.org](http://www.plannedparenthood.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** SIERRA VISTA REGIONAL MEDICAL CENTER

**Description of Services:** Provides the highest quality, most innovative healthcare to the patients we serve, to maintain and enhance cooperative relationships with physicians, payers and employees and to continually improve the health of our County residents.

**Address:** 1010 Murray Avenue  
San Luis Obispo, CA 93405

**Phone:** 805-546-7600

**Website:** [www.sierravistaregional.com](http://www.sierravistaregional.com)

*\*This agency has the ability and resources to assist during a major emergency within the County.*



## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: SLO COUNTY EMERGENCY MEDICAL SERVICES AGENCY (EMSA), INC.**

**Description of Services:** Sets standards of care and monitors medical emergency services to ensure that quality care is given and that services are provided throughout the county. Also have an EMT-I and CPR training program, offering both basic and refresher courses. Provides emergency management and coordination of the County's emergency medical resources.

**Address:** 2180 Johnson Avenue  
San Luis Obispo, CA 93401

**Phone:** 805-546-8728

**Emergency Number:** S.O. Watch Commander @ 805-781-4550

**Fax:** 805-546-8736

**Email:** slieberman@co.slo.ca.us  
vstone@co.slo.ca.us

**Website:** [www.sloemsa.org](http://www.sloemsa.org)

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: SLO HEP C PROJECT**

**Description of Services:** The San Luis Obispo County Hepatitis C Task Force is dedicated to educational outreach, public awareness, and the on-going study of community needs regarding the impact of Hepatitis C in our county.

**SLO Hep C provides:**

- Hep C Support Groups
- Bilingual Services
- Health Counseling
- Public/Private Benefits Counseling
- Referrals to Local Physicians
- Mental Health Counseling Referrals
- Nutritional Counseling

**Address:** 1320 Nipomo Street  
San Luis Obispo, CA 93401

**Phone:** 805-543-4372

**Email:** ekahn@slohepc.org

**Website:** www.slohepc.org

**Coverage:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: SPINA BIFIDA RESOURCE NETWORK**

**Description of Services:** SBRN is a source of support and information, and provides opportunities for the Spina Bifida Community to connect on a personal level. Our mission is to empower the lives of people living with Spina Bifida, through:

- Direct Family Support Service Programs
- Advocacy
- Providing information about folic acid's role in the prevention of Spina Bifida

We are one of the few Spina Bifida organizations nationwide providing direct nursing and social service coordination.

**Address:** 84 Park Avenue, Suite G-106  
Flemington, NJ 08822

**Phone:** 805-781-4266

**Email:** [rkestenbaum@thesbrn.org](mailto:rkestenbaum@thesbrn.org)

**Website:** [www.thesbrn.org](http://www.thesbrn.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** STROKE SURVIVOR SUPPORT GROUP

**Description of Services:** Support group for stroke victims, families, friends and caregivers.

**Address:** *Creek Assisted Living*  
73 Broad Street  
San Luis Obispo, CA 93401

**Phone:** 805-471-8102

**Meeting Hours:** Meets the third Friday of each month from 2:00 -3:30 pm in the activity room at Garden Creek Assisted Living.

**Website:** [slotherapist.blogspot.com](http://slotherapist.blogspot.com)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: TRI-COUNTIES REGIONAL CENTER**

**Description of Services:** Provides evaluation, consultation, planning, and comprehensive services to people with substantial developmental disabilities due to mental retardation, cerebral palsy, autism, epilepsy, or neurologic handicaps. Prevention services include genetic counseling and testing, and services to infants at high risk of developmental disability.

**Address:** 3450 Broad Street, Suite 111  
San Luis Obispo, CA 93401

**Phone:** 805-461-7402  
805-543-2833

**Email:** [trcweb@tri-counties.org](mailto:trcweb@tri-counties.org)

**Website:** [www.tri-counties.org](http://www.tri-counties.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** VA OUTPATIENT CLINIC

**Description of Services:** Our goal is to provide excellence in patient care, veteran's benefits and customer satisfaction. We have reformed our department internally and are striving for high quality, prompt and seamless service to veterans. Our department's employees continue to offer their dedication and commitment to help veterans get the services they have earned. Our nation's veterans deserve no less.

**Address:** *San Luis Obispo Community Based Outpatient Clinic (CBOC)*

1288 Morro Street, Unit 200

San Luis Obispo, CA 93401

**Phone:** 805-543-1233

**Fax:** 805-547-1179

**Website:** [www.slocounty.ca.gov/veteran](http://www.slocounty.ca.gov/veteran)

**Hours:** Monday - Friday 8:00 am - 4:30 pm

(Closed on the first Wednesday of each month)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** WILSHIRE HEALTH AND COMMUNITY SERVICES, INC.

**Description of Services:** Wilshire Health and Community Services, Inc. provides comprehensive health care and related services in Los Angeles, Ventura, Fresno, San Luis Obispo, Tulare, Merced and Santa Barbara Counties. They offer:

- Home Healthcare
- Skilled Nursing
- Hospice
- Community Services

➤**Program: Best Care Central California Home Health Agency**

**Address:** 277 South Street, Suite W  
San Luis Obispo, CA 93401

**Phone:** 805-782-8600

**Fax:** 805-782-8612

**Email:** bcccinfo@wilshirecs.org

**Website:** www.wilshirefoundation.org

➤**Program: Hospice Partners of the Central Coast of California**

**Address:** 277 South Street, Suite R  
San Luis Obispo, CA 93401

**Phone:** 805-782-8608

**Fax:** 805-782-8614

**Website:** www.wilshirefoundation.org

*\*This agency has the ability and resources to assist during a major emergency within the County.*

**Access and Functional Needs Resource Directory  
For San Luis Obispo County**

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**SECTION X:  
MENTAL HEALTH SERVICES**



## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** AGORAPHOBIA/PANIC DISORDER SUPPORT

**Description of Services:** One on one support provided over the phone for those suffering from this disorder. Information provided by mail upon request.

**Phone:** 805-543-3764

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: CARE AND COUNSELING CENTER**

**Description of Services:** Licensed therapists and registered interns provide services to adults, couples, teens, children and family. Services offered include treatment for past and current trauma, anger management and family violence, parenting, blended and changing families, life transitions and loss, communication, and men's and women's issues.

**Address:** Post Office Box 711  
Atascadero, CA 93423

**Phone:** 805-466-4681

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** CENTRAL COAST PSYCHOLOGICAL ASSOCIATION

**Description of Services:** CCPA is the chapter of the California Psychological Association that serves psychologists and the public in the central coast region of the state. CCPA provides mental health referrals to the public, assists in response to disasters, and provides professional development opportunities for psychologists. (This is NOT an emergency service.)

**Address:** 1818 Spring Street

Paso Robles, CA 93446

**Phone:** 805-239-9595

**Email:** [webguru@centralcoastpsych.org](mailto:webguru@centralcoastpsych.org)

**Website:** [www.centralcoastpsych.org](http://www.centralcoastpsych.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: COMMUNITY COUNSELING CENTER**

**Description of Services:** Community Counseling Center is a non-profit, community organization staffed by qualified, state-licensed, volunteer therapists or graduate level, supervised interns. The primary purpose is to assist individuals and families to develop the ability to find choices and make changes when life becomes difficult during times of transition, confusion, depression or grief. Confidential, affordable counseling, education and advocacy.

**Address:** 1129 Marsh Street  
San Luis Obispo, CA 93401

**Phone:** 805-543-7969

**Fax:** 805-653-0859

**Email:** [adminassistant@cccslo.com](mailto:adminassistant@cccslo.com)

**Website:** [www.cccslo.com](http://www.cccslo.com)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: COMMUNITY HEALTH CENTERS OF THE CENTRAL COAST**

**Description of Services:** Located throughout northern Santa Barbara and San Luis Obispo counties, the Community Health Centers are dedicated to maintaining health and well-being. With 26 sites, we offer, fully accredited medical, dental and mental health services as well as health education and specialty services.

**Address:** Health Centers exist at the following locations:

#### **Arroyo Grande**

1057 Grand Avenue	805-270-1700
336 South Halcyon Road	805-270-1600
260 Station Way	805-473-6201

#### **Atascadero**

7512 Morro Road	805-792-1400
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#### **Cambria**

2515 Main Street	805-927-5292
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#### **Morro Bay**

660 Harbor Street	805-772-1055
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#### **Nipomo (Corporate Headquarters)**

150 Tejas Place	805-929-3211
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#### **Oceano**

1981 Cienaga Street	805-270-0028
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#### **Paso Robles**

416 Spring Street	805-238-7250
500 1st Street	805-286-3100

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **San Luis Obispo**

1551 Bishop Street                      805-269-1350                      805-549-0402 (Women's Health)  
77 Casa Street Ste. 201                805-269-1500

### **San Miguel**

1385 Mission Street                    805-467-2344

### **Templeton**

325 Posada Lane                        805-542-6700

**Phone:**            805-929-3211

**Fax:**                805-929-6446

**Website:**        [www.chccc.org](http://www.chccc.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** KINSHIP CENTER

**Description of Services:** Mental health clinic for children on San Luis Obispo County Medi-Cal or the Adoption Assistance Program (AAP).

**Address:** 71 Main Street  
Templeton, CA 93465

**Phone:** 805-434-2449

**Email:** [www.kinshipcenter.org](http://www.kinshipcenter.org)

**Website:** [www.kinshipcenter.org](http://www.kinshipcenter.org)

**Eligibility:** Must be on SLO County Medi-Cal or the Adoption Assistance Program.

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** LATINO OUTREACH PROGRAM

**Description of Services:** Mental health services and early intervention-se habla español.

**Phone:** 805-781-4853

**Contact:** Silvia Ortiz, Ph.D., Latino Outreach Coordinator

**Email:** [silvia.ortiz.phd@gmail.com](mailto:silvia.ortiz.phd@gmail.com)



## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** MARTHA'S PLACE

**Description of Services:** A children's assessment center. Screening and treatment for children with physical, developmental and behavioral needs as a result of perinatal substance abuse.

**Address:** 2925 McMillan Avenue, Unit 108

San Luis Obispo, CA

**Phone:** 805-781-4948

805-781-4948

**Email:** info@sloparents.org

**Website:** <http://sloparents.org/2009/10/marthas-place>

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** NATIONAL ALLIANCE ON MENTAL ILLNESS SAN LUIS OBISPO COUNTY

**Description of Services:** NAMI SLOCO is a charitable non-profit organization of people with family members or friends with a disabling mental illness. The National Alliance for the Mentally Ill (NAMI) is a nonprofit, grassroots, self-help, support and advocacy organization of consumers, families, and friends of people with severe mental illnesses, such as schizophrenia, major depression, bipolar disorder, obsessive-compulsive disorder, and anxiety disorders.

**Address:** *St. Stephen's Episcopal Church*

1344 Nipomo Street

San Luis Obispo, CA 93401

**Phone:** 805-461-6590

**Email:** rgambs@sbcglobal.net

**Website:** www.namislo.org

**Eligibility:** Peer-to-Peer classes are open to people over 18 years old living with mental illness. Family-to-Family classes are intended for relatives and close friends of people living with mental illness.

**Fees:** None

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** SAN LUIS OBISPO COUNTY MENTAL HEALTH SERVICES

**Description of Services:** San Luis Obispo County Mental Health Department offers services to adults with persistent mental illness, and youth with serious emotional disturbance, to help them recover or manage their illness and achieve their goals. The highest priority for services is given to the most distressed, those unable to perform their usual functional roles, those with acute or chronic needs for whom psychiatric intervention is useful, and those who have insufficient resources for private treatment.

➤**Program: Mental Health Patients’ Rights**

**Program Description:** Receive, investigate, and resolve complaints on behalf of any Mental Health facility in this county. The advocate’s number and list of patients’ rights is posted in all Mental Health facilities; staff are trained regarding Patients’ Rights Laws, and advocacy is provided for patients and residents who are unable or afraid to register a complaint. Community agencies and authorities are called upon to work with and resolve issues, address unfavorable conditions or actions and take appropriate measures to deal with abuses.

**Clinic Locations:**

**Central Clinic**

*Serves Adults*

2178 Johnson Avenue  
San Luis Obispo, CA 93401  
805-781-4700

**South County Clinic**

*Serves Youth and Adults*

354 South Halcyon  
Arroyo Grande, CA 93420  
805-473-7060

**North County Clinic**

*Serves Youth and Adults*

5575 Hospital Drive  
Atascadero, CA 93422  
805-461-6060

**Youth Services-SLO**

*Serves Youth*

1989 Vicente  
San Luis Obispo, CA 93401  
805-781-4179

**Martha's Place Children’s Center**

*Serves Children Ages Birth to Five*

2925 McMillan Ave  
San Luis Obispo, CA 93401  
(805) 781-4948

**Psychiatric Health Facility**

2178 Johnson Avenue  
San Luis Obispo, CA 93401  
805-781-4711

**Mobile Crisis Services:** 800-838-1381 (24 hours/7 days a week)

**Emergency Number:** S.O. Watch Commander @ 805-781-4550

**Website:** [www.slocounty.ca.gov/health/mentalhealthservices](http://www.slocounty.ca.gov/health/mentalhealthservices)

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: TRANSITIONS – MENTAL HEALTH ASSOCIATION**

**Description of Services:** Transitions-Mental Health Association is a nonprofit organization dedicated to eliminating stigma and promoting recovery and wellness for people with mental illness through work, housing, community and family support services. TMHA operates 27 programs at over 35 locations that reach over 2,000 people and 1,500 families in San Luis Obispo and North Santa Barbara counties. The emphasis of TMHA's many services is to teach vital independent living skills, and build a framework for community re-entry through personal empowerment and hands on experience. For over 30 years, TMHA has been dedicated to providing housing, employment, case management and life-skills support to teens and adults with mental illness; and support, resources and education for their loved ones.

**Address:** 784 High Street  
San Luis Obispo, CA 93401

**Mailing Address:** P.O. Box 15408  
San Luis Obispo, CA 93406

**Phone:** 805-541-5144

**Email:** [info@t-mha.org](mailto:info@t-mha.org)

**Website:** [www.t-mha.org](http://www.t-mha.org)

**Coverage Area:** San Luis Obispo County

### **➤Program: Mental Health Peer-Run Support Group**

**Program Description:** The road to recovery from mental illness can be a lonely journey at times, but it doesn't have to be. You're not alone. Come join us at one of our peer support groups where everyone who attends, including the facilitator, knows what you're going through because they've been there too! FREE Confidential Groups! No need to call to register for the support groups, you are welcome to just show up!

**Phone:** 805-540-6577

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### ➤Program: SLO Hotline

**Program Description:** SLO Hotline is a 24 hour mental health support, information, crisis intervention and suicide prevention line, staffed by paraprofessional volunteers. SLO Hotline is also available to answer non-emergency calls from anyone in need of emotional or mental health information or referrals. Spanish speakers are available. All services are free. Suicide prevention and intervention skills training is provided as requested.

**Hotline:** 800-549-4499

**Phone:** 805-540-6541

**Fee:** none

**Coverage Area:** San Luis Obispo County

### ➤Program: Youth Programs

**Program Description:** This program is for young people (ages 11-17) who have a mental or emotional disability which enables them to work toward reuniting with their family or living independently. They receive treatment and practice social, educational and independent living skills in a nine-bed home that provides 24 hour supervision and therapeutic care for San Luis Obispo County youth.

**Phone:** 805-540-6500

**Fees:** There are no fees for the program, but sharing of the costs may be required.

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: TRICHOTILLOMANIA SUPPORT GROUP**

**Description of Services:** Phone support for people suffering from compulsive hair pulling, who are feeling out of control and ashamed. The purpose is to help members feel better about themselves, be more in control, and to reduce feeling of isolation.

**Phone:** 805-541-2072

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** WILSHIRE HEALTH AND COMMUNITY SERVICES, INC.

**Description of Services:** Wilshire Health and Community Services, Inc. provides comprehensive health care and related services in Los Angeles, Ventura, Fresno, San Luis Obispo, Tulare, Merced and Santa Barbara Counties. They offer:

- Home Healthcare
- Hospice
- Skilled Nursing
- Community Services

➤**Program:** Senior Peer Counseling

**Address:** 285 South Street, Suite J  
San Luis Obispo, CA 93401

**Phone:** 805-547-7025 ext. 15  
805-782-8600  
805 -782-8608 (Hospice)

**Fax:** 805-782-8614

**Email:** [bccinfo@wilshirecs.org](mailto:bccinfo@wilshirecs.org)

**Website:** [www.wilshirefoundation.org](http://www.wilshirefoundation.org)

*\*This agency has the ability and resources to assist during a major emergency within the County.*

**Access and Functional Needs Resource Directory  
For San Luis Obispo County**

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**SECTION XI:  
REHABILITATION/HABILITATION SERVICES**



## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** ACHIEVEMENT HOUSE

**Description of Services:** Work services program for developmentally disabled adults. Provides employment, vocational evaluation, work experiences and rehabilitation counseling.

**Address:** *Achievement House Base Office*  
3003 Cuesta College Road  
San Luis Obispo, CA

**Phone:** 805-543-9383

**Email:** [contact@nciaffiliates.org](mailto:contact@nciaffiliates.org)

**Address:** *North San Luis Obispo County*  
496 Linne Road  
Paso Robles, CA 93446

**Phone:** 805-238-6630

**Fax:** 805-239-9073

**Address:** *Downtown San Luis Obispo Office*  
553 Higuera Street  
San Luis Obispo, CA 93401

**Phone:** 805-543-0412

**Fax:** 805-543-0415

**Contact:** [contact@nciaffiliates.org](mailto:contact@nciaffiliates.org)

**Website:** [www.acheivementhouse.org](http://www.acheivementhouse.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** CAMBRIA ADULT RESOURCES, EDUCATION AND SUPPORT  
(CARES)

**Description of Service:** CARES is a non-profit organization which provides an adult day care program for those who have developed functional impairments related to aging or disabilities, including dementia and/or Stage 1 Alzheimer's disease. CARES provides socialization and interaction while providing respite care for caregivers.

**Address:** 2700 Eton Road  
Cambria, CA 93428

**Phone:** 805-927-4290

**Website:** [www.ourparents.com/california/cambria](http://www.ourparents.com/california/cambria)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: CHORRO CREEK RANCH**

**Description of Services:** This program provides rehabilitative work on the premises in the garden and animal yard. Helps people develop skills in dealing with others through the daily process of living together. It is a sober living environment without a formal program. Provides three meals a day, housing, and clothing and to the underserved and medically fragile.

**Address:** 445 Chorro Road  
Morro Bay 93442

**Email:** cchanning.wcha@gmail.com

**Eligibility:** All that is required is a genuine need. Does not admit parolees or sex offenders.

**Fees:** The Ranch is self-supporting, but contributions are expected. People with outside employment or social security or other payments are also required to make contributions.

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: COTTAGE REHABILITATION HOSPITAL**

#### **➤Program: Coast Caregiver Resource Center**

**Description of Services:** Provides services for families and caregivers of brain impaired adults including family and caregiver education, problem-solving, information and referral, legal consultations, group or individual counseling, library, long-term planning, and financially assisted respite (in-home, out-of-home, and special). Client assessments also available.

**Address:** 1528 Chapala Street- Unit 302  
Santa Barbara, CA 93101

**Phone:** 805-962-3600 ext.14

**Email:** [info@coastcrc.org](mailto:info@coastcrc.org)

**Website:** [www.coastcrc.org](http://www.coastcrc.org)

**Eligibility:** Services and eligibility vary according to grant funding.

**Coverage Area:** CCRC serves families in Santa Barbara, San Luis Obispo and Ventura counties under funding from the California Department of Health Care Services; and in Santa Barbara and San Luis Obispo counties with funding from the Area Agency on Aging.

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** DEPARTMENT OF REHABILITATION, STATE OF CALIFORNIA

**Description of Services:** The California Department of Rehabilitation works in partnership with consumers and other stakeholders to provide services and advocacy resulting in employment, independent living and equality for individuals with disabilities. They provides services that assist in preparing the physically, mentally, or emotionally severely disabled person for employment. Services may include medical evaluation of the disabling condition, vocational training, books and/or training supplies, tools, equipment, placement assistance, physical restoration services, occupational counseling and guidance, and follow-up services.

**Address:** 3220 South Higuera Street, Suite #102  
San Luis Obispo, CA 93401

**Phone:** 805-549-3361 (Voice mail/answering machine after hours)  
No 24 hour point of contact  
805-544-7367 (TTY)

**Email:** CAPInfo@dor.ca.gov

**Website:** [www.rehab.cahwnet.gov](http://www.rehab.cahwnet.gov)

**Eligibility:** Clients must have a diagnosable physical, mental, or emotional disability that constitutes or results in a substantial impediment to employment. There must be a reasonable expectation that vocational rehabilitation services will result in the individual to maintain or obtain employment.

**Fees:** Most services are free.

**Coverage Area:** San Luis Obispo County

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: ESCUELA DEL RIO**

**Description of Services:** Day training activity centers for developmentally disabled adults providing educational, vocational, and socialization services. Core programming includes functional life skills, communication skills, self-advocacy, independent living skills, and vocational skills training. Additional programming includes integrated community services, integrated work training and experience through mobile work crews, and individual work placements in community based employment in addition to day program services for developmentally disabled seniors.

**Address:** 5940 Rosario Avenue  
Atascadero, CA 93423

**Phone:** 805-466-4438

**Fax:** 805-466-4048

**Email:** [dargano@escueladelrio.org](mailto:dargano@escueladelrio.org)

**Website:** [www.escueladelrio.org](http://www.escueladelrio.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** LIFE STEPS FOUNDATION, INC.

**Description of Services:** Life Steps provides home and community-based services across the life span to adults, teens and children. We serve people who have developmental and/or physical disabilities as well as those challenged by substance abuse, premature birth, child abuse/neglect, and social or economic deprivation.

**Address:** 71 Zaca Lane- Suite 100  
San Luis Obispo, CA 93401

**Phone:** 805-549-0150

**Fax:** 310-410-8196

**Toll Free:** 800-530-5433

**Website:** [www.lifestepsfoundation.org](http://www.lifestepsfoundation.org)

**Email:** [lsfsupport@lifestepsfoundation.org](mailto:lsfsupport@lifestepsfoundation.org)

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:    OPTIONS-FAMILY OF SERVICES**

**Description:** Provides behavior modification programs, independent living skills training, residential services, vocation evaluation and training programs for developmentally disabled and for people recovering from TBI (traumatic brain injury). Community integration, neurological/neuro-psychological consultation, and special education evaluations and advocacy for individuals with head injury, developmental disability, hearing loss, autism and other neurological impairments.

**Address:**               800 Quintana Road, Unit 2C  
                               Morro Bay, CA 93442

**Phone:**                 805-772-6066

**Fax:**                    805-772-6067

**Email:**                 info@optionsfs.org

**Website:**             www.optionsfs.org

**Coverage Area:**     San Luis Obispo County

**Residential Programs**

Atascadero:    805-461-3401	Alvin:           805-925-0285
Morro Bay:     805-772-5131	School Street 805-925-5182
San Luis Obispo: 805-543-3120	Casa Mariposa 805-938-5344

**Supported & Transitional Living Services**

Supported Living SLO County 805-772-1019	Tunnell in Santa Maria 805-346-1181
Transitional Living Morro Bay 805-772-1706	Hermosa in Santa Maria 805-922-1773

**Community Integration Services Day Program**

Morro Bay CIS 805-772-1019  
 Atascadero CIS 805-462-0550

**Supported Employment Services**

OPTIONS Parcel Service Paso Robles 805-238-0587  
 OPTIONS Parcel Service Arroyo Grande 805-473-2340  
 Supported Employment Office 805-772-1019



## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: SAN LUIS OBISPO COUNTY DEPARTMENT OF SOCIAL SERVICES (DSS)**

**Description of Services:** Adult and aging services and adult protective services are provided without regard to income, to assure that elderly and dependent adults who live in the community and who are in danger of neglect, abuse, or exploitation receive prompt intervention to investigate and mitigate abuse. We provide 24-hour response to persons in immediate danger; as well as service coordination, counseling, case management, in-home protection and supportive services to victims of abuse.

#### *Adult Services operates two programs:*

##### ➤**Program: In-Home Supportive Services (IHSS)**

**Program Description:** The In-Home Supportive Services Program provides homemaker/chore services to over 2,000 seniors and disabled residents through the services of over 1,400 caregivers. Domestic care such as meal preparation, laundry, shopping and personal care services are provided to enable elderly, blind, or disabled persons to remain in their own home, to help maintain and strengthen capability for self-care, and to safeguard functioning in their own home.

**Eligibility:** You may be eligible for IHSS if you are a current recipient of Supplemental Security Income (SSI) or would otherwise be eligible for SSI except for your level of income.

IHSS is provided through Individual Providers who are hired by you, monitored by the Department, and paid by the State.

##### ➤**Program: Protective Services for Adults**

**Program Description:** The Adult Protective Services program protects dependent adults and seniors. It investigates allegations of abuse, intervenes when necessary, and provides community education. Services are provided without regard to income, to assure that elderly and dependent adults who live in the community and who are in danger of neglect, abuse, or exploitation receive prompt intervention to investigate and mitigate abuse. We provide 24-hour response to persons in immediate danger; as well as service coordination, counseling, case management, in-home protection and supportive services to victims of abuse.

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**Emergency Number:** S.O. Watch Commander @ 805-781-4550

**Location/Phones:**    **San Luis Obispo Office**  
3433 South Higuera  
San Luis Obispo, CA 93401  
Tel: 805-781-1600

**Arroyo Grande Office**  
1086 E. Grand Avenue  
Arroyo Grande, CA 93420  
Tel: 805-474-2000

**Atascadero Office**  
9415 El Camino Real  
Atascadero, CA 93422  
Tel: 805-461-6000

**Nipomo Office**  
681 W. Teft St. Suite 1  
Nipomo, CA 93444  
Tel: 805-931-1800

**Paso Robles Office**  
530 12th Street  
Paso Robles, CA 93446  
Tel: 805-237-3110

**Website:**                [www.slocounty.ca.gov/dss](http://www.slocounty.ca.gov/dss)

**Coverage Area:**        San Luis Obispo County

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: SOCIAL SECURITY ADMINISTRATION**

**Description of Services:** Social Security and Supplemental Security Income (SSI) are the nation's basic methods of providing continuing income when family earning are reduced or stopped because of retirement, disability, or death.

**Address:** 3240 South Higuera Street  
San Luis Obispo, CA 93401

**Phone:** 805-544-5251  
800-772-1213  
855-207-4865

**Website:** [www.ssa.gov](http://www.ssa.gov)

**Hours:** Monday through Friday from 09:00 a.m. - 03:00 p.m. excluding Federal holidays.

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: UNITED CEREBRAL PALSY OF SAN LUIS OBISPO**

**Description of Services:** United Cerebral Palsy of San Luis Obispo is dedicated to advancing the independence of people with developmental disabilities throughout the county. Adult services include weekend and evening transportation in SLO County, out-of-county weekend trips, Saturday outings and week-long summer camp. Family services include in-home respite, workshops and family events. The Family Advocacy Network assists parents with education information for their special needs children.

**Address:** 3620 Sacramento Street  
San Luis Obispo, CA 93401

**Phone:** 805-237-8333 Office North County  
805-541-8751 Office Volunteer Phone  
805-543-2039 Office Adult Services  
805-543-7102 Office Family Services  
805-781-6265 Office Family Advocacy

**Email:** [kristine@ucp-slo.org](mailto:kristine@ucp-slo.org)

**Website:** [www.ucp-slo.org](http://www.ucp-slo.org)

**Access and Functional Needs Resource Directory  
For San Luis Obispo County**

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**SECTION XII:  
TRANSPORTATION-  
DISABILITY RELATED**

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** CAMBRIA'S ANONYMOUS NEIGHBORS (CAN)

**Description of Services:** Provides transportation for medical appointments.

**Address:** Post Office Box 1797  
Cambria, CA 93428

**Phone:** 805-927-5673

**Email:** fayzenk@sbcglobal.net

**Coverage Area:** Cambria residents

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: DIAL-A-RIDE SERVICES**

**Description of Services:** Dial-A-Ride Services offer riders door-to-door transportation within local communities. With this customized service, YOU decide where and when to be picked-up. With no set timetables, and destinations of YOUR choice, Dial-A-Ride offers affordable travel designed around your needs. Please call 805-226-4242 by 12:00 noon the day before your trip. Checks will be accepted for a minimum of \$15 and maximum of \$60.

**Address:** 390 Buckley Road, Unit H  
San Luis Obispo, CA 93401

**Phone:** 805-239-8747 Paso Robles  
805-466-7433 Atascadero  
805-528-7433 South Bay  
805-541-2544 San Luis Obispo  
805-772-2744 Morro Bay  
805-929-2881 Nipomo

**Coverage Area:** Dial-A-Ride Services covers rides within Nipomo, Morro Bay, Los Osos/Baywood, Paso Robles, Atascadero, and San Luis Obispo. Service is usually curb to curb or door to door.

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: REGIONAL TRANSIT AUTHORITY (RTA)**

**Description of Services:** The SLO Regional Transit Authority provides safe, reliable and efficient transportation services within San Luis Obispo County. RTA provides regional fixed-route service (RTA) and Americans with Disabilities Act (ADA) complementary paratransit service (Runabout), which includes Dialysis Transportation.

RTA is a JPA (Joint Powers Authority) in San Luis Obispo County, that operates bus service which connects cities throughout SLO County including Arroyo Grande, Atascadero, Grover Beach, Morro Bay, Paso Robles, Pismo Beach, San Luis Obispo and more. RTA also oversees the administration of South County Area Transit (SCAT) which operates in the Five Cities area between Shell Beach, Pismo Beach, Grover Beach, Oceano and Arroyo Grande.

**Address:** 179 Cross Street, Suite A  
San Luis Obispo, CA 93401

**Phone:** 805-781-4472

**Dispatch:** 805-541-2228

**Administration:** 805-781-4833

**Email:** info@slorta.org

**Website:** www.slorta.org

**Office Hours:** 8:00 a.m. - 4:30 p.m. Monday – Fridays

**Note:** In emergency situations the RTA becomes the Operational Area Coordinator for all transportation services and resources, both public, private, and school districts in SLO County. They are the 24 hour emergency contact point for any and all emergency transportation needs, coordinating all the various transportation services and resources.

**Emergency Number:** S.O. Watch Commander @ 805-781-4550

**Coverage Area:** RTA's service area includes all of San Luis Obispo County and extends into Santa Barbara County to the South.

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## Access and Functional Needs Resource Directory For San Luis Obispo County

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### ➤Program: Dial-a-Ride Services

**Program Description:** Dial A Ride Services offer riders door-to-door transportation within local communities. With this customized service, YOU decide where and when to be picked-up. With no set timetables, and destinations of YOUR choice, Dial-A-Ride offers affordable travel designed around your needs. Please call (805) 226-4242 by 12:00 noon the day before your trip.

**Address:** 390 Buckley, Unit H  
San Luis Obispo, CA 93401

**Phone:** 805-239-8747 Paso Robles  
805-466-7433 Atascadero  
805-528-7433 South Bay  
805-541-2544 San Luis Obispo  
805-772-2744 Morro Bay  
805-929-2881 Nipomo

**Fee:** Fees vary. Checks will be accepted for a minimum of \$15 and maximum of \$60.

**Coverage Area:** Dial-A-Ride Services covers rides within Nipomo, Morro Bay, Los Osos/Baywood, Paso Robles, Atascadero, and San Luis Obispo. Service is usually curb to curb or door to door.

### ➤Program: Runabout Program

**Program Description:** Runabout is a county-wide ADA paratransit program providing ADA bus service. All vehicles are wheelchair lift equipped. Mobility aids, groceries and packages will be accommodated if possible. Drivers assist passengers to and from Runabout, but cannot lift passengers or enter their residence.

**Eligibility:** Priority preference to ADA certified passengers

**Coverage Area:** San Luis Obispo County

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: RETIRED AND SENIOR VOLUNTEER PROGRAM (RSVP) OF THE CENTRAL COAST**

**Description of Services:** Retired and Senior Volunteer Program, a program of Senior Volunteer Services, matches the interests of persons age 55 and older with rewarding part time volunteer opportunities for community service at hospitals and local non-profit organizations or government agencies. San Luis Obispo and Northern Santa Barbara Counties RSVP volunteers perform high impact service with County/City Police, Senior Centers, Harvest Bag/Food Banks, Museums/Parks, Libraries, Senior Nutrition Program, Amtrak/Airport, Caring Callers, and health care facilities.

#### **➤Program: Community Patrol**

**Program Description:** Handle routine matters that include reception, citizen patrol, crime watch, property control, operation of fingerprint system etc. Volunteers are trained by the police department for 40-80 hours. Background checks and fingerprinting is also done.

#### **➤Program: Companionship Outreach**

**Program Description:** More than 50 volunteers spend at least one hour a week with a client actively listening, reading, writing letters or talking about subjects that ease the feeling of loneliness and isolation.

#### **➤Program: Food Distribution**

**Program Description:** More than 150 Volunteers support provide over 20,000 hours yearly to Food Banks, Harvest Bag, Brown Bag, and Loaves and Fishes throughout the region. They collect and distribute over 5 million pounds of food annually. Gleaning programs save over 600 tons of produce.

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## Access and Functional Needs Resource Directory For San Luis Obispo County

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➤ **Program: Friendly Rides 4 Seniors**

**Program Description:** Friendly Rides 4 Seniors is a volunteer organization designed to meet the needs of non-driving, homebound seniors in North County. This program targets homebound seniors who need door-to-door assistance to reach doctors, dentists and other essential services. Volunteer drivers use their own cars, and will drive the senior to and from the appointment. This program is located in Paso Robles and operates within a 15 miles radius. This is a program of the Retired and Senior Volunteer Program (RSVP) of Senior Volunteer Services.

**Address:** 660 Pismo Street  
San Luis Obispo, CA 93401

**Phone:** San Luis Obispo  
805-544-8740

Santa Maria  
805-922-9931

**Fax:** 805-544-9146

**Email:** [rsvpslo@srvolunteer.org](mailto:rsvpslo@srvolunteer.org)

**Website:** [www.rsvpcentralcoast.org](http://www.rsvpcentralcoast.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: RIDE-ON TRANSPORTATION**

**Description of Services:** The mission of Ride-On is to provide safe and affordable transportation to all residents of San Luis Obispo County. We also assist social service agencies to improve their transportation services with free consultation.

**Address:** 3620 Sacramento Drive, Unit 201  
San Luis Obispo, CA 93401

**Phone:** 805-541-8747

**Website:** [www.ride-on.org](http://www.ride-on.org)

**Email:** [anna@ride-on.org](mailto:anna@ride-on.org)

**Coverage Area:** San Luis Obispo County

➤**Program: Ride-On Consolidated Transportation Service Agency (CTSA)**

**Program Description:** Ride-On CTSA provides door-to-door shuttle services for seniors, people with disabilities and social service agencies. Ride-On provides support services for social service agencies who provide their own transportation services with vehicle maintenance, driver training, emergency response plans, and other services.

**Fees:** Vary. Call for information.

➤**Program: Ride-On Transit Management Association (TMA)**

**Program Description:** Ride-On TMA provides transportation services for the general public with vanpools, airport/Amtrak shuttles, Guaranteed Ride Home, Lunchtime Express, Visitor Shuttles, Special Event, and Medical Shuttles.

➤**Program: Veteran's Express**

**Program Description:** Available to all veterans living in San Luis Obispo County. Provides rides from home to local VA clinic or to bus stop going to VA clinics outside the county.

**Fees:** \$3.00 one way

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: RIDESHARE**

**Description of Services:** The mission of San Luis Obispo Regional Rideshare is to increase mobility for people living, working and visiting San Luis Obispo County. Rideshare is the center for transportation information.

**Address:** 1114 Marsh Street  
San Luis Obispo, CA 93401

**Phone:** 805-781-1385

**Transportation Info:** Dial 511

**Fax:** 805-781-5703

**Website:** [www.rideshare.org](http://www.rideshare.org)

**Email:** [admin@rideshare.org](mailto:admin@rideshare.org)

➤**Program: San Luis Obispo Regional Rideshare**

**Program Description:** SLO Regional Rideshare provides one stop shop of transportation information. We provide TripLink features which allow a person to map which bus they would take from their location to their destination. Additional features to the system include carpool, carpool and bike buddy matches. We also develop campaigns including Rideshare Week and Bike Month, and assist employers with developing programs at their worksite and information to seniors. We assist with the Senior Mobility Project training individuals in riding the bus.

**Eligibility:** No restrictions

**Fees:** All services are provided free of charge.

**Coverage Area:** San Luis Obispo County

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** SAN LUIS OBISPO CITY TRANSIT

**Description of Services:** Bus service within the City of San Luis Obispo and Cal Poly.

**Address:** 955 Morro Road  
San Luis Obispo, CA 93401

**Phone:** 805-781-7121

**Email:** Jwebster@slocity.org

**Coverage Area:** City of San Luis Obispo

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: SENIOR TRANSPORTATION – COMMUNITY VANS**

**Description of Services:** Provide transportation for seniors on the north coast by appointment.

**Provider/Phone:** Cambria Community Council Van  
805-927-4173

**Provider/Phone** Cayucos Senior Club Van  
805-995-3543

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: UNITED CEREBRAL PALSY OF SAN LUIS OBISPO**

**Description of Services:** United Cerebral Palsy of San Luis Obispo is dedicated to advancing the independence of people with developmental disabilities throughout the county. Adult services include weekend and evening transportation in SLO County, out-of-county weekend trips, Saturday outings and week-long summer camp. Family services include in-home respite, workshops and family events. The Family Advocacy Network assists parents with education information for their special needs children.

**Address:** 3620 Sacramento Street  
San Luis Obispo, CA 93401

**Phone:** 805-237-8333 Office North County  
805-541-8751 Office Volunteer Phone  
805-543-2039 Office Adult Services  
805-543-7102 Office Family Services  
805-781-6265 Office Family Advocacy

**Email:** [kristine@ucp-slo.org](mailto:kristine@ucp-slo.org)

**Website:** [www.ucp-slo.org](http://www.ucp-slo.org)



**Access and Functional Needs Resource Directory  
For San Luis Obispo County**

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**SECTION XIII:  
SUPPORT ORGANIZATIONS**

- A. Dementia Care**
- B. Elderly Care/Senior Services**
- C. Hearing Impaired**
- D. Developmental Disability Care**
- E. Mobility Impaired**
- F. Veteran's Care**
- G. Victim's Assistance**
- H. Visually Impaired**
- I. General Support**
- J. Drug and Alcohol Support Services**
- K. Recreational Activities**

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### A. DEMENTIA CARE

**AGENCY:** CAMBRIA ADULT RESOURCES, EDUCATION AND SUPPORT  
(CARES)

**Description of Services:** CARES is a non-profit organization which provides an adult day care program for those who have developed functional impairments related to aging or disabilities, including dementia and/or Stage 1 Alzheimer's disease. CARES provides socialization and interaction while providing respite care for caregivers.

**Address:** 2700 Eton Road  
Cambria, CA 93428

**Phone:** 805-927-4290

**Hours:** Tuesday through Thursday from 9 a.m. to 3 p.m.

**Website:** [www.ourparents.com/california/cambria](http://www.ourparents.com/california/cambria)

**Coverage Area:** Cambria

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: COTTAGE REHABILITATION HOSPITAL**

#### **➤Program: Coast Caregiver Resource Center**

**Description of Services:** Provides services for families and caregivers of brain impaired adults including family and caregiver education, problem-solving, information and referral, legal consultations, group or individual counseling, library, long-term planning, and financially assisted respite (in-home, out-of-home, and special). Client assessments also available.

**Address:** 1528 Chapala Street- Unit 302  
Santa Barbara, CA 93101

**Phone:** 805-962-3600 ext.14

**Email:** [info@coastcrc.org](mailto:info@coastcrc.org)

**Website:** [www.coastcrc.org](http://www.coastcrc.org)

**Eligibility:** Services and eligibility vary according to grant funding available.

**Coverage Area:** CCRC serves families in Santa Barbara, San Luis Obispo and Ventura counties under funding from the California Department of Health Care Services; and in Santa Barbara and San Luis Obispo counties with funding from the Area Agency on Aging.

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **B. ELDERLY CARE/SENIOR SERVICES**

**AGENCY:** ALL HOME CARE

➤**Program:** Home Health Care for seniors

**Program Description:** Provides in home care from 1 hour a day to 24 hour full assistance.

**Address:** 197 N. 10th Street, Suite 101  
Grover Beach, CA 93433

**Phone:** 805-473-4040

**Email:** glynda\_dias@all-homecare.com

**Website:** www.lifestation.com

**Coverage Area:** Central Coast of California

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: AMERICAN ASSOCIATION OF RETIRED PERSONS (AARP)**

**Description of Services:** Organized to help older Americans achieve retirement lives of independence, dignity, and purpose by providing a number of services administered nationally as well as locally. Will assist in any way possible as a group advocate for all seniors.

**Address:** Post Office Box 39  
Avila Beach, CA 93424

**Hours:** Monday through Friday: 7 a.m. to 11 p.m. ET

**Email:** [member@aarp.org](mailto:member@aarp.org)

**Website:** [www.aarp.org](http://www.aarp.org)

**Eligibility:** Must be member of national AARP

**Fees:** Dues \$16/year

**Coverage Area:** Chapters are located in San Luis Obispo, Arroyo Grande and Paso Robles.

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: AREA AGENCY ON AGING (AAA)**

**Description of Services:** The Central Coast Commission for Senior Citizens- Area Agency on Aging is a non-profit organization responsible for allocating federal and state dollars to local agencies to insure that supportive, nutrition and health promotion services to older adults in San Luis Obispo and Santa Barbara Counties are available. Services offered include; maintaining seniors independence and dignity as people, encourage seniors to be socially and economically successful, and care for the frail and the elderly.

**Address:** 528 South Broadway  
Santa Maria, CA 93454

**Phone:** 805-925-9554  
800-510-2020

**Hours:** Monday through Friday 8 a.m. to 5 p.m.

**Email:** Seniors@kcbx.net

**Website:** [www.centralcoastseniors.org](http://www.centralcoastseniors.org)

**Coverage Area:** San Luis Obispo and Santa Barbara Counties

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: CAL POLY STATE UNIVERSITY**

➤**Program: Student Community Services**

**Program Description:** Offers many programs that may be of interest to people in need.

*These programs include:*

- **Best Friends:** Mentoring for children/adults with developmental disabilities.
- **Senior Services:** Social activities for seniors.
- **Youth Education:** Children's activities, including sports, gardening, and some tutoring.
- **Volunteer Reserve Corps:** Free yard work, home maintenance to the elderly, low income, or disabled.

**Address:** *California Polytechnic State University*  
Student Community Services  
1 Grand Avenue  
San Luis Obispo, CA 93405

**Email:** [drc.calpoly.edu](mailto:drc.calpoly.edu)

**Website:** [www.drc.calpoly.edu](http://www.drc.calpoly.edu)

**Fees:** None

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** CAMBRIA ADULT RESOURCES, EDUCATION AND SUPPORT  
(CARES)

➤ **Adult Daycare Program**

**Description of Services:** CARES is a non-profit organization which provides an adult day care program for those who have developed functional impairments related to aging or disabilities, including dementia and/or Stage 1 Alzheimer's disease. CARES provides socialization and interaction while providing respite care for caregivers.

**Address:** 2700 Eton Road  
Cambria, CA 93428

**Phone:** 805-927-4290  
805-927-3239

**Hours:** Tuesday through Thursday from 9 a.m. to 3 p.m.

**Website:** [www.ourparents.com/california/cambria](http://www.ourparents.com/california/cambria)

**Coverage Area:** Cambria



## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** CAMBRIA'S ANONYMOUS NEIGHBORS- CAN

**Description of Services:** Entirely volunteer group that assists seniors with a variety of services including transportation, friendly home visits, hospital equipment loaners, home prepared meals surplus food distribution and minor home repairs.

**Address:** Post Office Box 1797  
Cambria, CA 93428

**Phone:** 805-927-5673

**Email:** fayzenk@sbcglobal.net

**Coverage Area:** North Coast of SLO County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: CATHOLIC HEALTHCARE WEST –MARIAN REGIONAL MEDICAL CENTER**

#### **➤Program: Home Care Services**

**Program Description:** Managed by Catholic Healthcare West, they provide comprehensive home health care including:

- Skilled nursing services
- Rehabilitation
- Chronic Disease Programs
- End-of-life Care
- Wound Care
- Medical Social Workers
- Nutrition Counseling

**Address:** *Marian Regional Medical Center*  
1400 East Church Street  
Santa Maria, CA. 93454

**Phone:** 805-739-3830  
805-739-3000  
800-549-9609 (on-call 24 hours)

**Hours:** 24 hours/day

**Website:** [www.marianmedicalcenter.org](http://www.marianmedicalcenter.org)  
[www.chwhealth.org](http://www.chwhealth.org)

**Coverage Area:** Central Coast of California

**Licensure:** Joint Commission Accredited, State Licensed, Medicare Certified

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: CAYUCOS SENIOR CLUB/CENTER**

**Description of Services:** Senior centers and clubs throughout the county provide coordination of local senior activities. Each group has its own unique services and programs. Contact directly for specific information.

**Address:** 200 South Ocean  
Cayucos, CA 93430

**Phone:** 805-995-3543

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** CENTRAL COAST SENIOR CENTER

**Description of Services:** Senior centers and clubs throughout the county provide coordination of local senior activities. Each group has its own unique services and programs. Contact directly for specific information.

**Address:** 1580 Railroad Street  
Oceano, CA 93445

**Phone:** 805-481-7886

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: CENTRAL COAST SENIOR PLACEMENT SERVICES**

**Program:** Central Coast Senior Placement Services

**Description:** No fee assistance for seniors and their families seeking quality, affordable, independent, assisted or Alzheimer's facilities. Help in researching, visiting and choosing among the over 150 senior living providers in San Luis Obispo and Northern Santa Barbara counties.

**Address:** 6064 Lewis Lane  
San Luis Obispo, CA 93401

**Phone:** 805-541-4362 (answered 24 hour/day)

**Emergency Contact:** Mike Suddarth

**Hours:** Monday through Friday from 8 a.m. to 5 p.m.

**Email:** seniorplacement@charter.net

**Website:** www.ccplacement.com

**Fee:** None

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: COMMISSION ON AGING FOR SAN LUIS OBISPO**

**Description of Services:** Enhances communication and cooperation between service providers and senior citizens, promotes advocacy and acts as an advocacy body to the County Board of Supervisors on the needs of all seniors. The public is invited to attend and submit items for deliberation. The SLO Commission on Aging offers the following services:

- Provides current information about resources which meet the needs of the senior population
- Listens to concerns of the senior population.
- Recommends and advocate to the Board of Supervisors on behalf of the County's senior population when action is needed to protect County senior services.

**Address:** 801 Grand Avenue  
San Luis Obispo, CA 93401

**Phone:** 805-235-5779

**Hours:** Monday through Friday from 8 a.m. to 5 p.m.

**Website:** [www.slocounty.ca.gov/coa.htm](http://www.slocounty.ca.gov/coa.htm)

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: COMMUNITY ACTION PARTNERSHIP OF SAN LUIS OBISPO COUNTY  
(CAPSLO)**

➤**Program: Senior Home Repair Program**

**Program Description:** Repair services are available at no cost to lower-income households throughout San Luis Obispo County. Home repair services include wheelchair ramps, accessible bathrooms, handrails and grab bars, flooring, roofing, drywall, furnace repair and replacement, plumbing and electrical repairs.

**Address:** 1030 Southwood Drive  
San Luis Obispo, CA 93401

**Phone:** 805-544-4355

**Email:** [hotline@capslo.org](mailto:hotline@capslo.org)

**Website:** [www.capslo.org](http://www.capslo.org)

**Fees:** Free, sliding scale

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: JUDSON TERRACE HOMES**

**Description of Services:** A residence for senior adults built in cooperation with the Department of Housing and Urban Development, and sponsored by the First Baptist Church and American Baptist Homes of the West. This three-acre complex includes eleven two-story buildings housing 107 apartments, grouped around the Paul Ray Dining Hall and Lounge. There are studio, deluxe studio, and one-bedroom apartments, each having kitchens furnished with range and refrigerator. The applicant must provide the balance of furnishings.

The evening meals, served five days a week, are mandatory and the only meal available. Bus within the city at limited times. There are no medical services on the premises. Help is available in case of need through a voice intercom and emergency call system, but only to assist in obtaining needed care at a hospital or doctor's office.

- Address:** 3000 Augusta Street  
San Luis Obispo, CA 93401
- Email:** Rjump@charter.net
- Website:** [www.judsonterracehomes.com](http://www.judsonterracehomes.com)
- Eligibility:** Must be 62 years or older. Income limits are set by HUD.
- Coverage Area:** San Luis Obispo County



## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: LONG-TERM CARE OMBUDSMAN SERVICES**

**Description of Services:** Assistance with care facility placement for seniors. Care facility complaint investigation and resolution. Investigates abuse in care facilities and provides advanced health care directive forms. Able to assist with information and referral for senior services.

**Address:** 3232 S. Higuera St., Unit 101-B (near the DMV)  
San Luis Obispo, CA 93401

**Phone:** 805-785-0132

**Hours:** Monday through Friday from 8:30 a.m. to 4:30 p.m.

**After hours:** 800-231-4024 Statewide Crisis Line (24/7)

**Fax:** 805-785-0134

**Email:** [info@OmbudsmanSLO.org](mailto:info@OmbudsmanSLO.org)

**Website:** [ombudsmanSLO.org](http://ombudsmanSLO.org)

**Office Hours:** Monday through Friday, 8:30 a.m.-4:30 p.m.

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES ASSOCIATION**

**Description of Services:** Local Chapter #1028 supports the national association which lobbies congressional legislators on matters pertaining to federal retirees. Provides services relating to pension payments, survivor benefits, insurance, etc., for federal retirees. Officers elected in November.

**Address:** 1766 Sheppard Dr.  
Paso Robles, CA 93446

**Phone:** 805-239-1343

**Website:** [www.narfeslo1028.org](http://www.narfeslo1028.org)

**Fees:** \$6.00 annual due

**Meeting Times:** Third Wednesday of specified months at 12:30 p.m.

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** RETIRED ACTIVE MEN, INC. (RAMS), SAN LUIS OBISPO BRANCH #2

**Description of Services:** The purpose of the Retired Active Men Branch #2 is to promote fellowship by helping retired men renew former friendships and establish new acquaintances through affiliation with other retired men. The meetings include lunch, a raffle, and presentations by RAMs and outside speakers on a wide range of subjects.

**Address:** *Madonna Inn-Garden Room*  
100 Madonna Road  
San Luis Obispo, CA 93405

**Phone:** 805-773-1672

**Website:** <http://retiredactivemen.org>

**Meeting Time:** Meetings take place at 11:30 on the third Tuesday of every month in the Garden Room of the Madonna Inn in San Luis Obispo.

**Eligibility:** Membership in RAM Branch #2 is open to men of good character who have retired from full-time employment, regardless of age. Candidates are sponsored by a RAM and invited to attend at least one lunch meeting.

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: RETIRED AND SENIOR VOLUNTEER PROGRAM (RSVP) OF THE CENTRAL COAST**

**Description of Services:** Retired and Senior Volunteer Program, a program of Senior Volunteer Services, matches the interests of persons age 55 and older with rewarding part time volunteer opportunities for community service at hospitals and local non-profit organizations or government agencies. San Luis Obispo and Northern Santa Barbara Counties RSVP volunteers perform high impact service with County/City Police, Senior Centers, Harvest Bag/Food Banks, Museums/Parks, Libraries, Senior Nutrition Program, Amtrak/Airport, Caring Callers, and health care facilities.

#### **➤Program: Community Patrol**

**Program Description:** Handle routine matters that include reception, citizen patrol, crime watch, property control, operation of fingerprint system etc. Volunteers are trained by the police department for 40-80 hours. Background checks and fingerprinting is also done.

#### **➤Program: Companionship Outreach**

**Program Description:** More than 50 volunteers spend at least one hour a week with a client actively listening, reading, writing letters or talking about subjects that ease the feeling of loneliness and isolation.

#### **➤Program: Food Distribution**

**Program Description:** More than 150 Volunteers support provide over 20,000 hours yearly to Food Banks, Harvest Bag, Brown Bag, and Loaves and Fishes throughout the region . They collect and distribute over 5 million pounds of food annually. Gleaning programs save over 600 tons of produce.

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## Access and Functional Needs Resource Directory For San Luis Obispo County

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➤ **Program: Friendly Rides 4 Seniors**

**Program Description:** Friendly Rides 4 Seniors is a volunteer organization designed to meet the needs of non-driving, homebound seniors in North County. This program targets homebound seniors who need door-to-door assistance to reach doctors, dentists and other essential services. Volunteer drivers use their own cars, and will drive the senior to and from the appointment. This program is located in Paso Robles and operates within a 15 miles radius. This is a program of the Retired and Senior Volunteer Program (RSVP) of Senior Volunteer Services.

**Address:** 660 Pismo Street  
San Luis Obispo, CA 93401

**Phone:** San Luis Obispo  
805-544-8740

Santa Maria  
805-922-9931

Paso Robles  
805-237 3880

**Fax:** 805-544-9146

**Email:** [rsvpslo@srvolunteer.org](mailto:rsvpslo@srvolunteer.org)

**Website:** [rsvpcentralcoast.org](http://rsvpcentralcoast.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: SAN LUIS OBISPO COUNTY BAR ASSOCIATION**

#### **➤Program: Senior Legal Services Project**

**Program Description:** The San Luis Obispo Legal Alternatives Corporation provides free legal services to seniors aged 60 and older in San Luis Obispo County through the Senior Legal Services Project. The Project offers individuals confidential advice and counsel by appointment. The Project provides attorneys at senior centers throughout the county, meeting with seniors by appointment to answer their individual questions.

**Address:** 1160 Marsh Street, Unit 111  
San Luis Obispo, CA 93401

**Phone:** 805-541-5930

**Email:** [slobar@slobar.org](mailto:slobar@slobar.org)

**Website:** [www.slobar.org/senior-legal-services](http://www.slobar.org/senior-legal-services)

**Eligibility:** All persons age 60 and over are eligible.

**Fees:** Free

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: SAN LUIS OBISPO COUNTY DEPARTMENT OF SOCIAL SERVICES (DSS)**

**Description of Services:** Adult and aging services and adult protective services are provided without regard to income, to assure that elderly and dependent adults who live in the community and who are in danger of neglect, abuse, or exploitation receive prompt intervention to investigate and mitigate abuse. We provide 24-hour response to persons in immediate danger; as well as service coordination, counseling, case management, in-home protection and supportive services to victims of abuse.

#### ***Adult Services operates two programs:***

##### **➤Program: In-Home Supportive Services (IHSS)**

**Program Description:** The In-Home Supportive Services Program provides homemaker/chore services to over 2,000 seniors and disabled residents through the services of over 1,400 caregivers. Domestic care such as meal preparation, laundry, shopping and personal care services are provided to enable elderly, blind, or disabled persons to remain in their own home, to help maintain and strengthen capability for self-care, and to safeguard functioning in their own home.

**Eligibility:** You may be eligible for IHSS if you are a current recipient of Supplemental Security Income (SSI) or would otherwise be eligible for SSI except for your level of income.

IHSS is provided through Individual Providers who are hired by you, monitored by the Department, and paid by the State.

##### **➤Program: Protective Services for Adults**

**Program Description:** The Adult Protective Services program protects dependent adults and seniors. It investigates allegations of abuse, intervenes when necessary, and provides community education. Services are provided without regard to income, to assure that elderly and dependent adults who live in the community and who are in danger of neglect, abuse, or exploitation receive prompt intervention to investigate and mitigate abuse. We provide 24-hour response to persons in immediate danger; as well as service coordination, counseling, case management, in-home protection and supportive services to victims of abuse.

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## Access and Functional Needs Resource Directory For San Luis Obispo County

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**Emergency Number:** S.O. Watch Commander @ 805-781-4550

**Location/Phones:** San Luis Obispo Office  
3433 S. Higuera  
San Luis Obispo, CA 93401  
Tel: (805) 781-1600

Arroyo Grande Office  
1086 E. Grand Avenue  
Arroyo Grande, CA 93420  
Tel: (805) 474-2000

Atascadero Office  
9415 El Camino Real  
Atascadero, CA 93422  
Tel: (805) 461-6000

Nipomo Office  
681 W. Teft St. Suite 1  
Nipomo, CA 93444  
Tel: (805) 931-1800

Paso Robles Office  
530 12th St.  
Paso Robles, CA 93446  
Tel: (805) 237-3110

**Website:** [www.slocounty.ca.gov/dss](http://www.slocounty.ca.gov/dss)

**Coverage Area:** San Luis Obispo County

*\*This agency has the ability and resources to assist during a major emergency within the County.*



## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** SENIOR CITIZENS CENTER-SAN LUIS OBISPO

**Description of Services:** The San Luis Obispo Senior Center to join has recreation for seniors including clubs, services, and fun. All members receive a monthly newsletter, access to the Senior Center during hours of operation, free coffee at the center and first chance to sign-up for the recreation programs below. The Senior Center also provides assistance on taxes, Medicare, legal services, health screening and a Brown Bag (grocery distribution) program.

**Locations:** *Cayucos Senior Club/Center*  
200 South Ocean  
Cayucos, CA 93430  
805-995-3543

*Central Coast Senior Center*  
1580 Railroad Street  
Oceano, CA 93445  
805-481-7886

*SLO Senior Citizens Center*  
1445 Santa Rosa Street  
San Luis Obispo, CA 93405  
805-781-7306

**Hours:** Monday through Friday from 9:30 a.m. to 4 p.m.

**Eligibility:** Open to City residents 55+

**Fees:** Membership cost \$10 per year

**Email:** [sstanwyc@slocity.org](mailto:sstanwyc@slocity.org)

**Website:** [www.slocity.org/parksandrecreation/seniors.asp](http://www.slocity.org/parksandrecreation/seniors.asp)

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: SENIOR NUTRITION PROGRAM OF SAN LUIS OBISPO**

**Description of Services:** Our program provides free, hot noon-time meals to seniors 60 years of age and over throughout San Luis Obispo County. These meals are delivered 5 times a week directly to our clients' homes or to one of ten lunch sites throughout the County. In addition to serving a hot nutritious meal, our volunteers personally visit our homebound clients, offering social contact as well as emergency assistance when necessary.

**Address:** 2180 Johnson Avenue  
San Luis Obispo, CA 93401

**Phone:** 805-541-3312

**Fax:** 805-541-5631

**Email:** info@snpslo.org

**Website:** www.snpslo.org

**Office Hours:** Monday through Friday 8:30 a.m. to 3:30 p.m.

**Fees:** No fees, donation suggested for service is \$2.75.

**Eligibility:** Age requirement is sixty years and above; must live in San Luis Obispo.

**Coverage Area:** San Luis Obispo County

**Site:** Atascadero Senior Citizens Center  
**Address:** 5905-C East Mall

**Site:** St. Paul's Episcopal Church, Cambria  
**Address:** 2700 Eaton Road

**Site:** South Bay Community Center, Los Osos  
**Address:** 2180 Palisades Avenue

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## Access and Functional Needs Resource Directory For San Luis Obispo County

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- Site:** Morro Bay Senior Center  
**Address:** 1001 Kennedy Way
- Site:** Nipomo Area Senior Citizen's Club  
**Address:** 200 E. Dana Street
- Site:** Central Coast Senior Center, Oceano  
**Address:** 1580 Railroad Street
- Site:** Paso Robles Senior Center  
**Address:** 270 Scott Street
- Site:** San Luis Obispo County  
**Address:** 2180 Johnson Avenue
- Site:** Anderson Hotel, San Luis Obispo  
**Address:** 955 Monterey Street
- Site:** Senior Citizens of Santa Margarita  
**Address:** 2201 H Street

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: SENIOR SUPPORT GROUP, PASO ROBLES**

**Description of Services:** A peer support group that deals with senior problems, i.e. loneliness, fixed income, the frailties of the aging process, spousal death, health care, etc. The group is facilitated by licensed therapists.

**Phone:** 805-237-3880

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: SENIOR TRANSPORTATION – COMMUNITY VANS**

**Description of Services:** Provide transportation for seniors on the north coast by appointment.

**Provider/Phone:** Cambria Community Council Van  
805-927-4173

**Provider/Phone:** Cayucos Senior Club Van  
805-995-3543

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** WILSHIRE HEALTH AND COMMUNITY SERVICES, INC.

**Description of Services:** Wilshire Health and Community Services, Inc. provides comprehensive health care and related services in Los Angeles, Ventura, Fresno, San Luis Obispo, Tulare, Merced and Santa Barbara Counties. They offer:

- Home Healthcare
- Skilled Nursing
- Hospice
- Community Services

➤**Program: Best Care Central California Home Health Agency**

**Program Description:** Provides skilled care to patients in all areas of the county on a part-time, intermittent basis. Patient care is provided by registered nurses, enterostomal therapist, oncology nurse, maternal-child nurse, occupational, speech and physical therapist, medical social worker, and certified home health aides. Services also include IV therapy, wound care, ostomy care, bowel and urinary incontinence, diabetes care, respiratory care, total parental nutrition, phlebotomy services, postpartum assessment, and medical supplies. Hospital and home evaluations are available. This agency is a subset of Wilshire Health and Community Services.

**Address:** 277 South Street, Suite W  
San Luis Obispo, CA 93401

**Phone:** 805-782-8600 (24 hours point of contact)  
805-782-8608 (24 hours point of contact)

**Fax:** 805-782-8612

**Hours:** Monday through Friday from 8 a.m. to 5 p.m.

**Email:** [bccinfo@whilshirecs.org](mailto:bccinfo@whilshirecs.org)

**Website:** [www.bestcarehomehealth.org](http://www.bestcarehomehealth.org)

➤**Program: Caring Callers**

**Program Description:** A friendly visiting service to the frail elderly and socially isolated people of San Luis Obispo County. Caring Callers volunteers make free weekly in-home visits that provide reassurance and comfort to homebound older persons, and help the somewhat functionally impaired remain in their residence. During a visit the pair may chat, play cards or board games, take walks and drives or go shopping. Volunteers come from all age, groups and walks of life.

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**Address:** 285 South Street, Suite J  
San Luis Obispo, CA 93401  
**Phone:** 805-547-7025 ext. 17

➤**Program: Creative Mediation**

**Program Description:** Mediation Services

**Address:** 285 South Street, Suite P  
San Luis Obispo, CA 93401  
**Phone:** 805-549-0442

➤**Program: Hospice Partners of the Central Coast of California**

**Address:** 277 South Street, Suite R  
San Luis Obispo, CA 93401  
**Phone:** 805-782-8608  
**Fax:** 805-782-8614

➤**Program: Senior Peer Counseling**

**Address:** 285 South Street, Suite J  
San Luis Obispo, CA 93401  
**Phone:** 805-547-7025 ext. 15  
**Fax:** 805-782-8614

**Coverage Area:** Central Coast and Southern California

**Website:** [www.wilshirefoundation.org](http://www.wilshirefoundation.org)

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### C. HEARING IMPAIRED

**AGENCY:** CENTRAL COAST SIGN LANGUAGE:

**Description of Services:** Central Coast Sign Language provides language interpreting and translating services for a wide array of settings.

**Address:** Post Office Box 775  
Pismo Beach, CA 93448

**Phone:** 805-709-3497

**Email:** [info@centralcoastsl.com](mailto:info@centralcoastsl.com)

**Website:** [centralcoastsl.com](http://centralcoastsl.com)



## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: OPTIONS-FAMILY OF SERVICES**

**Description of Services:** Provides behavior modification programs, independent living skills training, residential services, vocation evaluation and training programs for developmentally disabled and for people recovering from TBI (traumatic brain injury). Community integration, neurological/neuro-psychological consultation, and special education evaluations and advocacy for individuals with head injury, developmental disability, hearing loss, autism and other neurological impairments.

**Address:** 800 Quintana Road, Unit 2C  
Morro Bay, CA 93442

**Phone:** 805-772-6066

**Fax:** 805-772-6067

**Email:** [info@optionsfs.org](mailto:info@optionsfs.org)

**Website:** [www.optionsfs.org](http://www.optionsfs.org)

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** QUOTA INTERNATIONAL OF SAN LUIS OBISPO

**Description of Services:** In Quota International, members serve our local communities and our world. Founded in 1919 as the first international service organization for women, Quota today includes men and women in clubs throughout North America, South America, the Caribbean, the South Pacific, Southeast Asia, and Europe. We are known especially for our service to disadvantaged women and children and to people who are deaf, hard-of-hearing, and speech-impaired. Non-profit community service organization; much of fund raising efforts are directed at helping the deaf, hard of hearing and speech impaired as well as disadvantaged women and children.

**Address:** Post Office Box 533  
San Luis Obispo, CA 93406

**Website:** [www.quotaslo.com](http://www.quotaslo.com)

**Meeting Hours:** Second and fourth Tuesdays of each month, noon at the Madonna Inn in San Luis Obispo.

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### D. DEVELOPMENTAL DISABILITY CARE

**AGENCY:** ACHIEVEMENT HOUSE

**Description of Services:** Work services program for developmentally disabled adults. Provides employment, vocational evaluation, work experiences and rehabilitation counseling.

**Address:** *Achievement House Base Office*  
3003 Cuesta College Road.  
San Luis Obispo, CA

**Phone:** 805-543-9383

**Email:** [contact@nciaffiliates.org](mailto:contact@nciaffiliates.org)

**Address:** *North San Luis Obispo County*  
496 Linne Road  
Paso Robles, CA 93446

**Phone:** 805-238-6630

**Fax:** 805-239-9073

**Address:** *Downtown San Luis Obispo Office*  
553 Higuera Street  
San Luis Obispo, CA 93401

**Phone:** 805-543-0412

**Fax:** 805-543-0415

**Email:** [contact@nciaffiliates.org](mailto:contact@nciaffiliates.org)

**Website:** [www.achievementhouse.org](http://www.achievementhouse.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: THE ARC**

**Description of Services:** We are the largest national community-based organization advocating for and serving people with intellectual and developmental disabilities and their families. We encompass all ages and all spectrums from autism, Down syndrome, Fragile X and various other developmental disabilities. The Arc is made up of a network of more than 700 state and local chapters nationwide. Local chapters provide individual advocacy, programs, services, and supports for people with intellectual and developmental disabilities and their families.

***Services include:***

- Early intervention
- Supported employment
- Job training
- Transition planning
- Respite care
- Supported living and transportation

**Address:** *The Arc of California*  
1225 8th Street Suite 350  
Sacramento, CA 95815

**Phone:** 916-552-6619

**Email:** [tony@thearcca.org](mailto:tony@thearcca.org)

**Website:** [www.thearcca.org](http://www.thearcca.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: ALPHA RESOURCE CENTER OF SANTA BARBARA**

**Description of Services:** Alpha Resource Center is a multi-faceted service center providing support and information for families of children with developmental disabilities of all ages, teen and adult recreation, and life skills training for adults. Today Alpha serves over 2200 families. Alpha also owns and operates 3 thrift stores which support our services.

**Address:** 4501 Cathedral Oaks Road  
Santa Barbara, CA 93110-1340

**Phone:** 805-683-2145

**Toll Free:** 877-414-6227

**Fax:** 805-967-3647

**Email:** [info@alphasb.org](mailto:info@alphasb.org)

**Website:** [www.alphasb.org](http://www.alphasb.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: AREA IX BOARD FOR DEVELOPMENTAL DISABILITIES**

**Description of Services:** One of the 13 Boards established by the State Lanterman Developmental Services Act to protect and advocate for the legal, civil, and services rights of persons with developmental disabilities. Represents San Luis Obispo, Santa Barbara, and Ventura Counties.

**Address:** 200 East Santa Clara Street, Suite 210

Ventura, CA 93001

**Phone:** 805-684-0220

**Fax:** 805-648-0226

**Email:** [ab9@scdd.ca.gov](mailto:ab9@scdd.ca.gov)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: AUTISM PARENT SUPPORT GROUP-CENTRAL COUNTY**

**Description of Services:** Providing opportunities to network and socialize with other parents, grandparents, and guardians, whose children's lives are challenged with autism spectrum disorders (including Asperger Syndrome/HFA/PDD-NOS).

**Address:** Sierra Vista Regional Medical Center Auditorium  
1010 Murray Street  
San Luis Obispo, CA 93405

**Phone:** 805-474-9750 (Contact Trisha or David Oksner)

**Email:** [slosupport@autismspectrumcenter.com](mailto:slosupport@autismspectrumcenter.com)

**Meeting Hours:** Every other month from 6:30 p.m. to 9:00 p.m.; no child care provided.

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: AUTISM PARENT SUPPORT GROUP-NORTH COUNTY**

**Description of Services:** Providing opportunities to network and socialize with other parents, grandparents, and guardians, whose children's lives are challenged with autism spectrum disorders (including Asperger Syndrome/HFA/PDD-NOS).

**Address:** Hampton Inn Conference Room  
212 Alexa Court (Hwy. 46 West at Theatre Drive)  
Paso Robles, CA 93446

**Phone:** 805-471-1354 (Contact Becky)

**Email:** [nocosupport@autismspectrumcenter.com](mailto:nocosupport@autismspectrumcenter.com)

**Meeting Hours:** Every other month from 7:00 p.m. to 9:00 p.m.; no child care provided.



## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: AUTISM SPECTRUM CENTER-CENTRAL COAST**

**Description of Services:** Teen/Adult/Young Adult Social Clubs for people on the Spectrum. Support Groups. Location is open by appointment only. Autism & Awareness Fair is held once per year in April (29th in 2012) in Mission Plaza to fundraise and allow parents and professionals to network.

**Address:** 889 Murray Street Suite 200  
San Luis Obispo, CA 93405

**Phone:** 805-763-1100

**Email:** [info@autismnow.org](mailto:info@autismnow.org) (nation-wide Email address)

**Website:** [www.autismspectrumcenter.com](http://www.autismspectrumcenter.com)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: AUTISM SUPPORT GROUP-SOUTH COUNTY**

**Description of Services:** Support group run by Leslie Barton, LMFT. This is not a CCASC group.

**Address:** 150 South 6<sup>th</sup> Street, Suite D  
Grover Beach, CA

**Phone:** 805-541-7908

**Email:** [leslie@transformationscounselingcenter.com](mailto:leslie@transformationscounselingcenter.com)

**Hours:** 12:00 p.m. to 1:30 p.m., the second Tuesday of each month

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: CAL POLY STATE UNIVERSITY**

➤**Program: Student Community Services**

**Program Description:** Offers many programs that may be of interest to people in need.

These programs include:

- Best Friends: Mentoring for children/adults with developmental disabilities.
- Senior Services: Social activities for seniors.
- Youth Education: Children's activities, including sports, gardening, and some tutoring.
- Volunteer Reserve Corps: Free yard work, home maintenance to the elderly, low income, or disabled.

**Address:** *California Polytechnic State University*  
Student Community Services  
1 Grand Avenue  
San Luis Obispo, CA 93405

**Phone:** 805-756-5934 (after hours answering machine)

**Email:** [drc@calpoly.edu](mailto:drc@calpoly.edu)

**Website:** [www.drc.calpoly.edu](http://www.drc.calpoly.edu)

**Fees:** None

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: COTTAGE REHABILITATION HOSPITAL**

#### **➤Program: Coast Caregiver Resource Center**

**Description of Services:** Provides services for families and caregivers of brain impaired adults including family and caregiver education, problem-solving, information and referral, legal consultations, group or individual counseling, library, long-term planning, and financially assisted respite (in-home, out-of-home, and special). Client assessments also available.

**Address:** 1528 Chapala Street- Unit 302  
Santa Barbara, CA 93101

**Phone:** 805-962-3600 ext.14

**Email:** [info@coastcrc.org](mailto:info@coastcrc.org)

**Website:** [www.coastcrc.org](http://www.coastcrc.org)

**Coverage Area:** CCRC serves families in Santa Barbara, San Luis Obispo and Ventura counties under funding from the California Department of Health Care Services; and in Santa Barbara and San Luis Obispo counties with funding from the Area Agency on Aging.

**Eligibility:** Services and eligibility vary according to grant funding available.

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: EASTER SEALS TRI-COUNTIES**

**Description of Services:** Offers direct services and assistance to individuals with physical, sensory and developmental disabilities. Easter Seals provides exceptional services, education, outreach, and advocacy so that people living with autism and other disabilities can live, learn, work and play in our communities. We provide job training, volunteer opportunities, alternatives to institutionalized living and a variety of services that meet the goal of ensuring people live independent lives. Provides assistance in securing medical services and equipment; loans durable medical equipment. Information and case management services.

**Address:** 1570 E. 17<sup>th</sup> Street  
Santa Ana, CA 92705

**Phone:** 714-834- 1111

**Fax:** 714-834-1128

**Email:** Andre.Filip@esc.org

**Website:** [www.eastersealstc.org](http://www.eastersealstc.org)

**Coverage Area:** All of Southern California including Ventura, Santa Barbara and San Luis Obispo Counties

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** GOODWILL INDUSTRIES, INC.

**Description of Services:** Goodwill Industries will enhance the quality and dignity of life for individuals, families, and communities on a global basis, through the power of work, by eliminating barriers to opportunity for people with special needs, and by facilitating empowerment, self-help, and service through dedicated, autonomous local organizations.

**Address:** 880 Industrial Way  
San Luis Obispo, CA 93401

**Phone:** 805-544-0542

**Email:** [jburke@scgoodwill.org](mailto:jburke@scgoodwill.org)

**Website:** [www.scgoodwill.org](http://www.scgoodwill.org)

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** LIFE STEPS FOUNDATION, INC.

**Description of Services:** Life Steps provides home and community-based services across the life span to adults, teens and children. We serve people who have developmental and/or physical disabilities as well as those challenged by substance abuse, premature birth, child abuse/neglect, and social or economic deprivation.

**Address:** 71 Zaca Lane Suite 100  
San Luis Obispo, CA. 93401

**Phone:** 805-549-0150

**Fax:** 310-410-8196

**Toll Free:** 800-530-5433

**Email:** [lsfsupport@lifestepsfoundation.org](mailto:lsfsupport@lifestepsfoundation.org)

**Website:** [www.lifestepsfoundation.org](http://www.lifestepsfoundation.org)

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** MARTHA'S PLACE

**Description of Services:** A children's assessment center. Screening and treatment for children with physical, developmental and behavioral needs as a result of perinatal substance abuse.

**Address:** 2925 McMillan Avenue, Unit 108

San Luis Obispo, CA

**Phone:** 805-781-4948

805-781-4948

**Email:** info@sloparents.org

**Website:** <http://sloparents.org/2009/10/marthas-place>

**Coverage Area:** San Luis Obispo County



## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: NATIONAL ALLIANCE ON MENTAL ILLNESS SAN LUIS OBISPO COUNTY**

**Description of Service:** NAMI SLOCO is a charitable non-profit organization of people with family members or friends with a disabling mental illness. The National Alliance for the Mentally Ill (NAMI) is a nonprofit, grassroots, self-help, support and advocacy organization of consumers, families, and friends of people with severe mental illnesses, such as schizophrenia, major depression, bipolar disorder, obsessive-compulsive disorder, and anxiety disorders.

**Address:** St. Stephen's Episcopal Church  
San Luis Obispo 93403

**Email:** [rgambs@sbcglobal.net](mailto:rgambs@sbcglobal.net)

**Website:** [www.namislo.org](http://www.namislo.org)

**Eligibility:** Peer-to-Peer classes are open to people over 18 years old living with mental illness. Family-to-Family classes are intended for relatives and close friends of people living with mental illness.

**Fees:** None

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:    OPTIONS-FAMILY OF SERVICES**

**Description of Services:**    Provides behavior modification programs, independent living skills training, residential services, vocation evaluation and training programs for developmentally disabled and for people recovering from TBI (traumatic brain injury). Community integration, neurological/neuro-psychological consultation, and special education evaluations and advocacy for individuals with head injury, developmental disability, hearing loss, autism and other neurological impairments.

**Address:**                    800 Quintana Road, Unit 2C  
 Morro Bay, CA 93442

**Phone:**                      805-772-6066

**Fax:**                         805-772-6067

**Email:**                     info@optionsfs.org

**Website:**                 www.optionsfs.org

**Coverage Area:**         San Luis Obispo County

**Residential Programs**

Atascadero:    805-461-3401	Alvin:           805-925-0285
Morro Bay:     805-772-5131	School Street: 805-925-5182
San Luis Obispo: 805-543-3120	Casa Mariposa: 805-938-5344

**Supported & Transitional Living Services**

Supported Living SLO County	805-772-1019
Transitional Living Morro Bay	805-772-1706
Tunnell in Santa Maria	805-346-1181
Hermosa in Santa Maria	805-922-1773

**Community Integration Services Day Program**

Morro Bay CIS	805-772-1019
Atascadero CIS	805-462-0550

**Supported Employment Services**

OPTIONS Parcel Service Paso Robles	805-238-0587
OPTIONS Parcel Service Arroyo Grande	805-473-2340
Supported Employment Office	805-772-1019

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: TRI-COUNTIES REGIONAL CENTER**

**Description of Services:** Provides evaluation, consultation, planning, and comprehensive services to people with substantial developmental disabilities due to mental retardation, cerebral palsy, autism, epilepsy, or neurologic handicaps. Prevention services include genetic counseling and testing, and services to infants at high risk of developmental disability.

**Address:** 3450 Broad Street, Suite 111  
San Luis Obispo, CA 93401

**Phone:** 805-461-7402  
805-543-2833

**Email:** [trcweb@tri-counties.org](mailto:trcweb@tri-counties.org)

**Website:** [www.tri-counties.org](http://www.tri-counties.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: UNITED CEREBRAL PALSY OF SAN LUIS OBISPO**

**Description of Services:** United Cerebral Palsy of San Luis Obispo is dedicated to advancing the independence of people with developmental disabilities throughout the county. Adult services include weekend and evening transportation in SLO County, out-of-county weekend trips, Saturday outings and week-long summer camp. Family services include in-home respite, workshops and family events. The Family Advocacy Network assists parents with education information for their special needs children.

**Address:** 3620 Sacramento Street  
San Luis Obispo, CA 93401

**Phone:** 805-237-8333 Office North County  
805-541-8751 Office Volunteer Phone  
805-543-2039 Office Adult Services  
805-543-7102 Office Family Services  
805-781-6265 Office Family Advocacy

**Email:** [kristine@ucp-slo.org](mailto:kristine@ucp-slo.org)

**Website:** [www.ucp-slo.org](http://www.ucp-slo.org)

**Coverage:** San Luis Obispo

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **E. MOBILITY IMPAIRED**

**AGENCY: A-1 MOBILITY**

**Description of Services:** Provides information, sales, and service to individuals with mobility issues. How to choose the right equipment, aids to daily living, auto lifts, bath and bath safety products, beds, and cushions.

**Address:** 5820 El Camino Real  
Atascadero, CA 93422

**Phone Number:** 805-462-9925

**Fax:** 805-462-9927

**Email:** a-1mobilitystan@yahoo.com

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: ADAPTIVE DRIVING SYSTEMS**

**Description of Services:** Specializes in vehicle modifications for persons with disabilities, seniors, handicapped individuals or persons who have any need for greater mobility. At Adaptive Driving Systems we work with a variety of manufactures and product's to best fit your needs. ADS specializes in the installation, repair, and service of all major mobility equipment products. We are certified with California Department of Rehabilitation, and are also members of N.M.E.D.A., with a Q.A.P. Certification.

**Address:** 3548 Empleo Street  
San Luis Obispo, CA 93401

**Phone:** 800-549 7996  
877-747-4035

**Email:** adaptivedriving@sbcglobal.net  
info@adslo.com

**Website:** www.adslo.com

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: CENTRAL ELEVATOR SERVICES**

**Description of Services:** We install, modernize, service, and repair commercial elevators, residential elevators, wheelchair lifts, stair lifts, and dumbwaiters. Our mission is to cultivate a long lasting relationship with our clients and provide them with innovative products and services. We do that by making sure you have all the information you need to make sound decisions. Our goal is to ensure that your equipment is safely and accurately installed.

**Address:** 390 Buckley Road Suite G  
San Luis Obispo, CA 93401

**Phone:** 805-543-5758

**Fax:** 805-543-5794

**Hours:** Available 24 hours/7 days a week for service and repairs

**Email:** sales@elevatormail.com

**Website:** <http://centralelevatorservices.com/>

**Coverage Area:** San Luis Obispo County

**Licensure:** CA Department of Industrial Relations Certified Qualified Conveyance  
Company (CC-0601826)

CA Contractor State License Board C-11-878454

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** LIFE STEPS FOUNDATION, INC.

**Description of Services:** Life Steps provides home and community-based services across the life span to adults, teens and children. We serve people who have developmental and/or physical disabilities as well as those challenged by substance abuse, premature birth, child abuse/neglect, and social or economic deprivation.

**Address:** 71 Zaca Lane Suite 100  
San Luis Obispo, CA. 93401

**Phone:** 805-549-0150

**Fax:** 310-410-8196

**Toll Free:** 800-530-5433

**Website:** [www.lifestepsfoundation.org](http://www.lifestepsfoundation.org)

**Email:** [lsfsupport@lifestepsfoundation.org](mailto:lsfsupport@lifestepsfoundation.org)

**Coverage Area:** San Luis Obispo County



## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** MED WORLD, INC.

**Description of Services:** Provides information, sales, and service on hospital beds, wheel chairs (both power and manual) oxygen concentrators, bariatric equipment, commodes, CPAP/BiPAPS, nebulizers, and shower chairs.

**Address:** 2045 Preisker Lane, #H  
Santa Maria, CA 93454

**Phone:** 805-739-1700

**Fax:** 805-739-1761

**Email:** [info@medworld.com](mailto:info@medworld.com)

**Website:** [www.medworld.com](http://www.medworld.com)

**Coverage Area:** Central Coast of California

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: MOBILITY MASTERS**

**Description of Services:** Provides information, sales, and service to individuals with mobility issues. How to choose the right equipment, aids to daily living, auto lifts, bath and bath safety products, beds, and cushions.

**Address:** 358 Quintana Road  
Morro Bay, CA 93442

**Phone:** 800-464-1973

**Email:** CustomerService@mobilitymasters.com

**Website:** [www.mobilitymasters.com](http://www.mobilitymasters.com)

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: WALLACE HOME MEDICAL SUPPLIES**

**Description of Services:** Wallace Home Medical Supplies has entered into agreements with various established and well known vendors, manufacturers and specialty companies to provide a wide range of products for continuity of home care including mobility aids, oxygen therapy, orthopedic supplies, bathroom safety, wound care, podiatry products and miscellaneous medical supplies.

**Address:** 1414 Park Street  
Paso Robles, CA 93446

**Phone:** 805-238-3935

**Fax:** 805-237-3974

**Email:** [trago@wallacehms.com](mailto:trago@wallacehms.com)

**Website:** [www.wallacehms.com](http://www.wallacehms.com)

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### F. VETERAN'S CARE

**AGENCY:** EMPLOYMENT DEVELOPMENT DEPARTMENT

➤ **Program Veteran's Employment Related Assistance Program-Southern**

**Program Description:** In coordination with the California Workforce Investment Board, EDD funds organizations to offer services targeted to meet the veterans' unique needs and occupational goals with an emphasis on those who recently returned to civilian life. Agencies are tasked to prepare veterans for careers in a variety of fields in high demand.

**Address:** 4111 Broad Street, Unit A-4  
San Luis Obispo, CA 93401

**Phone:** 1-916-654-7799

**Hours:** 8:00 a.m. to 5:00 p.m. (PST) Monday through Friday

**Website:** [www.edd.ca.gov](http://www.edd.ca.gov)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: VA OUTPATIENT CLINIC**

**Description of Services:** Our goal is to provide excellence in patient care, veteran's benefits and customer satisfaction. We have reformed our department internally and are striving for high quality, prompt and seamless service to veterans. Our department's employees continue to offer their dedication and commitment to help veterans get the services they have earned. Our nation's veterans deserve no less.

**Address:** 1288 Morro Street, Unit 200  
San Luis Obispo, CA 93401

**Phone:** 805-543-1233

**Email:** [cynthia.conn@va.gov](mailto:cynthia.conn@va.gov)

**Website:** [www.slocounty.ca.gov/veteran](http://www.slocounty.ca.gov/veteran)  
[www.vetcenter.va.gov](http://www.vetcenter.va.gov)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: VET CENTER (DEPARTMENT OF VETERAN'S AFFAIRS)**

**Description of Services:** If you have served in any combat zone, Vet Centers are in your community to help you and your family with readjustment counseling and outreach services. If you are on Active duty, a reservist or a Veteran who provided direct emergency medical, mental health, mortuary or unmanned aerial support services to personnel involved in combat operations or hostilities you are also eligible. Additionally, if you have been a victim of Military Sexual Trauma or are a family member who has lost a loved one while they were serving on active duty you are eligible for Vet Center services.

**Address:** *Vet Center-San Luis Obispo*  
1070 Southwood Drive  
San Luis Obispo, CA 93401

**Phone:** 805-782-9101  
877-927-8387

**Fax:** 805-782-9097

**Email:** [cynthia.conn@va.gov](mailto:cynthia.conn@va.gov)

**Website:** [www.vetcenter.va.gov](http://www.vetcenter.va.gov)

**Hours:** Monday through Friday 8:00 a.m. to 4:30 p.m.

**Fees:** None

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: VETERAN'S SERVICES OFFICE – SAN LUIS OBISPO COUNTY**

**Description of Services:** Veterans Services Department provides assistance to the men and women who serve in the Armed Forces of America, their dependents, survivors, and the general public, in obtaining benefits such as compensation, pension, veterans home, vocational rehabilitation, veterans and dependents education, VA Hospital, and Cal-Vet home loans, from the U.S. Department of Veterans Affairs, and other programs for veterans and their families. The San Luis Obispo Veterans Service Office provides assistance to Veterans and Veterans' dependents in the following areas:

- Filing for service-connected disability
- Filing for pension benefits
- Filing for burial benefits
- Providing referrals for educational and employment benefits
- Filing for survivor benefits
- Applying for VA medical care
- Obtaining military records and medals
- Obtaining college fee waivers and educational benefits

**Address:** 801 Grand Avenue  
San Luis Obispo, CA 93408

**Phone:** 805-781-5766

**Website:** [www.slocounty.ca.gov/veteran](http://www.slocounty.ca.gov/veteran)

**Hours:** Monday through Friday from 9:00 a.m. to 5:00 p.m.

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### G. VICTIM'S ASSISTANCE

**AGENCY:** ADULTS MOLESTED AS CHILDREN SUPPORT GROUP

**Description of Services:** A support group. Call for meeting times and locations.

**Phone:** 805-545-8888



## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: CHILD ABUSE PREVENTION COUNCIL (SLO-CAP)**

**Description of Services:** SLO-CAP is a non-profit organization dedicated to prevention and intervention of child abuse and neglect in San Luis Obispo County, Our mission is to provide different levels of outreach projects to inform the general public, support families and provide parents with resources about why child abuse occurs and how to prevent child abuse by providing ongoing, accessible child abuse prevention education programs that reach all regions of San Luis Obispo County.

**Address:** 1110 California Blvd., Unit B  
San Luis Obispo, CA 93405

**Phone:** 805-543-6216

**Email:** info@slocap.org  
rozanich@slocap.org

**Website:** www.slocap.org

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: CHILD DEVELOPMENT RESOURCE CENTER**

**Description of Services:** Provides comprehensive child abuse intervention, prevention, and treatment services for high risk and low income families. Program emphasizes services to children and families to prevent abuse/neglect/family dysfunction. Includes a therapeutic child care program for toddlers, preschool, and school age children, parent education, and family counseling/play therapy for each enrolled parent and child as needed. Each child participates in a planned program appropriate to their individual needs, strengths, and developmental level. Parents are encouraged to be a part of their child's program.

**Address:** 1720 Bishop Street  
San Luis Obispo, CA 93401

**Phone:** 805-544-0801

**Email:** [info@slocdc.org](mailto:info@slocdc.org)

**Website:** [www.slocdc.org](http://www.slocdc.org)

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** COSA/S-ANON – CO-DEPENDENTS OF SEX ADDICTS

**Description of Services:** A 12-step recovery program for women whose lives have been afflicted by another person's compulsive sexual behavior.

**Address:** *Sierra Vista Regional Medical Center*

1010 Murray Avenue

San Luis Obispo, CA 93405

**Phone:** 805-546-7600

**Email:** [info@cosa-recovery.org](mailto:info@cosa-recovery.org)

**Website:** [www.sierravistaregional.com](http://www.sierravistaregional.com)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: DISTRICT ATTORNEY'S OFFICE**

**Program: Victim/Witness Assistance**

**Program Description:** The San Luis Obispo County Victim/Witness Assistance Program is one of the special programs designed to reduce the trauma and insensitive treatment victims and witnesses may experience following a crime. Services to crime victims and family members include crises intervention, emergency assistance, resource and referrals, assistance with victim compensation claims and property return, court escort, assistance with protective orders and more.

**Address:** Courthouse Annex Building, Fourth Floor  
San Luis Obispo 93408

**Phone:** 866-781-5821 (toll free)

**Website:** [www.slocounty.ca.gov/DA.htm](http://www.slocounty.ca.gov/DA.htm)

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: MEN HELPING MEN**

**Description of Services:** Counseling Services for Batterers. Local certified domestic violence intervention program based in San Luis Obispo County that complies with California law for batterers' intervention treatment.

**Address:** 1264 Higuera Street  
San Luis Obispo, CA 93401

**Phone:** 805-543-7100

**Contact:** Dan Chin

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** NORTH COUNTY WOMEN'S SHELTER AND RESOURCE CENTER/  
SEXUAL ASSAULT RECOVERY AND PREVENTION CENTER (NCWS/SARP)

**Description of Services:** Provides emergency shelter, crises intervention and counseling for all family members.

➤**Program:** Shelter Program

**Program Description:** Two 24-hour emergency shelters are available to house women and their families who need emergency assistance and a safe place to stay. The shelter locations are CONFIDENTIAL. Shelters are for only for women and their children, but all other services are available to male victims of domestic violence. We will also assist with temporary restraining orders (TRO), legal forms, court filing and court accompaniment.

**24-hr Crisis Lines:** 1-855-5SHELTER (574-3583)  
1-800-656-HOPE (4679)

**Address:** Post Office Box 630  
1030 Vine Street  
Paso Robles, CA 93447

**Phone:** 805-226-5400

**Emergency Phone:** S.O. Watch Commander @ 805-781-4550

**Fax:** 805-226-5401

**Address:** 51 Zaca Lane  
San Luis Obispo, CA 93405

**Phone:** 805-545-8888

**Fax:** 805-545-5841

**Websites:** [www.ncwomensshelter.org](http://www.ncwomensshelter.org)  
[www.sarpcenter.org](http://www.sarpcenter.org)

**Email:** [contact@ncwomensshelter.org](mailto:contact@ncwomensshelter.org)

**Coverage Area:** San Luis Obispo County

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: U.S. DEPARTMENT OF JUSTICE**

➤**Program: Office for Victims of Crime**

**Program Description:** First Response to Victims of Crime Who Have a Disability. Provides information to help law enforcement respond to victims of certain crimes who have a disability.

**Address:** *Office for Victims of Crime*  
U.S. Department of Justice  
810 Seventh Street NW., Eighth Floor  
Washington, DC 20531

**Phone:** 202-307-5983

**Fax:** 202-514-6383

**Website:** [www.ovc.gov](http://www.ovc.gov)  
<http://www.ojp.usdoj.gov/ovc/publications>

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: SAN LUIS OBISPO COUNTY CHILD ABUSE PREVENTION COUNCIL (SLO-CAP)**

**Description of Services:** SLO-CAP is a non-profit organization dedicated to prevention and intervention of child abuse and neglect in San Luis Obispo County. Our mission is to provide different levels of outreach projects to inform the general public support families and provide parents with resources about why child abuse occurs and how to prevent child abuse by providing ongoing, accessible child abuse prevention education programs that reach all regions of San Luis Obispo County.

**Address:** 1110 California Blvd., Unit B  
San Luis Obispo, CA 93405

**Phone:** 805-543-6216

**Email:** info@slocap.org  
rozanich@slocap.org

**Website:** www.slocap.org

**Coverage Area:** San Luis Obispo County



## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: SEXUAL ASSAULT RECOVERY AND PREVENTION CENTER (SARP)**

**Description of Services:** The SARP Center provides a 24 hour crisis line for survivors of sexual assault and their significant others. The Center also provides accompaniment and advocacy, in-person peer counseling, and individual group and clinical counseling. Prevention education presentations are available for middle school, high school and college students as well as to the community. The Center offers Women's Empowerment and Self-Defense Workshops as well as Men's programs and services.

➤**Program: Rape Survivors Group – San Luis Obispo County**

**Description:** Support group for rape survivors. Call for meeting times and places.

**Address:** 51 Zaca Lane  
San Luis Obispo, CA 93405

**Phone:** 805-545-8888

**24-hr Crisis Lines:** 1-855-5SHELTER (574-3583)  
1-800-656-HOPE (4679)

**Emergency Number:** S.O. Watch Commander @ 805-781-4550

**Website:** [www.sarpcenter.org](http://www.sarpcenter.org)

**Email:** [contact@sarpcenter.org](mailto:contact@sarpcenter.org)

**Eligibility:** Must be 13 years or older to receive services

**Fees:** Sliding scale

**Coverage Area:** San Luis Obispo County

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** SEXUAL ASSAULT VICTIM EDUCATION, INC.

**Description of Services:** SAVE is a group of volunteers dedicated to the education the public at large, and very young children in particular, about how to prevent sexual abuse.

**Address:** Post Office Box 1721  
San Luis Obispo, CA 93406

**Phone:** 805-786-4945

**Website:** [www.slosave.com](http://www.slosave.com)

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: WOMEN'S SHELTER PROGRAM OF SAN LUIS OBISPO COUNTY**

**Description of Services:** The Women's Shelter Program of SLO County (WSP) is committed to alleviating domestic violence and abuse. WSP has a number of programs: emergency shelter, counseling, case management, child abuse treatment, and legal services. The WSP serves both women AND men. Self-referred, non-court-mandated perpetrators may access counseling services for a fee. Counseling services for child abuse victims are also available. LOCATION IS CONFIDENTIAL.

➤**Program: Center for Alternatives to Domestic Violence**

**Program Description:** Counseling services are offered to persons affected by intimate partner violence and child abuse – women, children, teens, and men. Individual counseling sessions are available during daytime, evening and weekend hours.

**Address:** Post Office Box 125  
San Luis Obispo, CA 93406

**Phone:** 805-781-6401

**24 Hour Crisis Line:** 805-781-6400

**Emergency Phone:** S.O. Watch Commander @ 805-781-4550

**Email:** info@wspsoo.org

**Website:** www.womensshelterslo.org

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### H. VISUALLY IMPAIRED

**AGENCY:** BLEPHAROSPASM/MEIGE SYNDROME SUPPORT

**Description of Services:** Support, information and referral, for individuals affected with essential blepharospasm or meige syndrome and their families. Blepharospasm/Meige Syndrome causes involuntary eye closure.

**Phone:** 805-481-6762

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: BRAILLE INSTITUTE**

**Description of Services:** The Santa Barbara Braille Institute which covers the tri-county area brings free services to residents of these counties. Including a Mobile Solutions program which comes equipped with a Low Vision Specialist to help you find a magnifying device that suits your needs. They also lend out free books on tape, can provide a talking watch, large print calendars or a 20/20 pen.

**Address:** 2031 De La Vina Street  
Santa Barbara, CA 93105

**Phone:** 805-682-6222

**Email:** [sb@brailleinstitute.org](mailto:sb@brailleinstitute.org)

**Website:** [www.brailleinstitute.org/Centers/SantaBarbara](http://www.brailleinstitute.org/Centers/SantaBarbara)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** CALIFORNIA COUNCIL OF THE BLIND

**Description of Services:** Provides support services for the blind, partially sighted, and sighted individuals. Assists individuals in gaining independence. Speakers are available.

**Address:** 1510 J Street-Suite 125  
Sacramento, CA 95814

**Phone:** 916-441-2100  
800-221-6359

**Email:** [ccotb@ccbnet.org](mailto:ccotb@ccbnet.org)

**Website:** [www.ccbnet.org](http://www.ccbnet.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: SOCIETY FOR THE BLIND**

**Description of Services:** The Society for the Blind, located in Sacramento, California, is a 501c(3) non-profit agency dedicated to empowering individuals who are blind or have low vision to live productively and independently by building confidence through training, tools and mentorship. To do this, the Society employs individuals who support and provide multiple services, including instruction in independent travel, computers and adaptive technology, Braille, and daily living skills such as cooking and home repair. The Society also administers a low vision clinic, a retail store, an access news telephone service, and senior, youth and career development programs. Society for the Blind is an equal opportunity employer.

**Address:** 1238 S Street  
Sacramento, California

**Hours:** Monday through Friday, 8 a.m. to 5 p.m.

**Phone:** 916-452-8271

**Email:** [frontdesk@societyfortheblind.org](mailto:frontdesk@societyfortheblind.org)

**Website:** [societyfortheblind.org](http://societyfortheblind.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### I. GENERAL SUPPORT

**AGENCY:** ALZHEIMER'S ASSOCIATION, CENTRAL COAST CHAPTER

**Description of Services:** To enhance care and support for individuals with Alzheimer's, their families, and caregivers, while working to eliminate the disease through the advancement of research.

**Address:** 3480 South Higuera Street, Unit 120  
San Luis Obispo, CA 93401

**Phone:** 805-547-3830

**Email:** [cacentral-info@alz.org](mailto:cacentral-info@alz.org)

**Website:** [www.alz.org/cacentralcoast](http://www.alz.org/cacentralcoast)

**Coverage Area:** Central Coast of California



## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: AMERICAN HEART ASSOCIATION, SAN LUIS OBISPO DIVISION**

**Description of Services:** A voluntary, non-profit health organization whose mission is to reduce premature death and disability from cardiovascular disease and stroke. For people interested in talking about heart-related illness. Discuss your own heart or health issues, ask questions, help us with answers, or just listen. Call for more info.

**Address:** 1371 Pacific Street  
San Luis Obispo, CA 93406

**Phone:** 805-544-1505  
800-242-8721

**Email:** [Rebecca.mendoza@heart.org](mailto:Rebecca.mendoza@heart.org)

**Director:** Lisa Dosch

**Website:** [www.americanheart.org](http://www.americanheart.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** AMERICAN RED CROSS-SAN LUIS OBISPO COUNTY CHAPTER

**Description of Services:** Provides disaster services, facilitates communication between military personnel and their families, and trains people in first aid, CPR, lifeguarding and water safety.

**Address:** 225 Prado Road, Unit A  
San Luis Obispo, CA 93401

**Phone:** 805-543-0696

**Hours of Operation:** Monday through Thursday 9 a.m. - 5 p.m.

**Emergency Number:** S.O. Watch Commander @ 805-781-4550

**Website:** [www.slo-redcross.org](http://www.slo-redcross.org)

**Email:** [sloarcexecutive@charter.net](mailto:sloarcexecutive@charter.net)

**Fees:** No payment is requested or accepted for disaster services or services to military personnel and their families. Modest fees for health services classes. Class fees may be reduced or waived for those financially unable to pay.

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** ARTHRITIS FOUNDATION

**Description of Services:** The mission of the Arthritis Foundation is to improve lives through leadership in the prevention, control and cure of arthritis and related diseases.

**Address:** 2261 Las Positas Road  
Santa Barbara, CA 93105

**Phone:** 805-563-4685

**Email:** [smoon@arthritis.org](mailto:smoon@arthritis.org)

**Website:** [www.arthritis.org](http://www.arthritis.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** ASSISTANCE LEAGUE OF SAN LUIS OBISPO COUNTY

**Description of Services:** Provides school clothing to children in need, grades kindergarten through sixth, throughout SLO County. Two new school outfits for each child, including jeans, t-shirts, socks, underwear, shoes, a sweatshirt and jacket.

**Address:** Post Office Box 14904  
San Luis Obispo, CA 93406

**Phone:** 805-773-0484

**Website:** [www.alslocounty.org](http://www.alslocounty.org)

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: THE LINK FAMILY RESOURCE CENTER**

**Description of Services:** The LINK is a community-driven Family Resource Center serving families and children at risk in the geographic area of Atascadero Unified School District, and is dedicated to connecting and providing those in need with existing services, identifying gaps in services, providing a location to support coordinated services from multiple organizations and collaborate with other partners to develop and advocate for new services.

**Phone:** 805-466-5404

**Hours:** Monday through Friday 8 a.m. to 5 p.m.

**Fax:** 805-462-8901

**Email:** LINK93422@sbcglobal.net

**Website:** [www.atascaderocommunitylink.org](http://www.atascaderocommunitylink.org)

**Fees:** No fees for using the LINK. However, some programs that an individual is referred to may have fees.

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** CASA SAN MIGUEL

**Description of Services:** A community-based organization extending hospitality and care to the disadvantaged of the community of San Miguel. Will offer a breakfast program five days a week, as well as social and medical service, youth programs, and continuance of existing program's (such as WIC) that are already serving the community of San Miguel. The goal of the program is to offer programs of health and well-being to and assist in enhancing the quality of life for the disadvantaged of our community.

**Address:** Corner of 14th and Mission Streets  
San Miguel, CA 93451

**Coverage Area:** San Miguel

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** CATHOLIC CHARITIES

➤**Program:** Client Support Program

**Description of Services:** Catholic Charities provides assistance to the poor, working poor, homeless, and elderly who face emergency situations such as eviction, rent assistance, utility shut-offs. They offer specialized human services to the poor and disadvantaged, to promote justice, peace, human dignity, self-determination and self-sufficiency in accord with the Gospel Teachings, and to cooperate with other individuals and groups for goodwill to strengthen our communities.

**Address:** 751 Palm Street  
San Luis Obispo 93401

**Email:** [info@catholiccharitiesusa.org](mailto:info@catholiccharitiesusa.org)

**Fees:** Some services are free, some require a small fee. Fees determined on a sliding scale. Call for more information.

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** CENTRAL COAST CHEST CONSULTANTS

➤**Program:** Better Breather's Club

**Description of Services:** Meetings offer support, information and guest speakers for those with emphysema and other chronic obstructive pulmonary disease.

**Address:** 1428 Phillips Lane #203

San Luis Obispo, CA

**Phone:** 805-543-4407

**Email:** Lbates@ccchest.net

**Coverage Area:** San Luis Obispo County



## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** COMMUNITY ACTION PARTNERSHIP OF SAN LUIS OBISPO COUNTY (CAPSLO)

**Description of Services:** The Community Action Partnership of San Luis Obispo County is committed to eliminating the causes of poverty by empowering low-income individuals and families to achieve self-sufficiency through a wide array of community-based collaborations and programs.

**Address:** 1030 Southwood Drive  
San Luis Obispo, CA 93401

**Phone:** 805-544-4355

**Email:** hotline@capslo.org

**Website:** www.capslo.org

**Fees:** Free, sliding scale; Medi-Cal accepted

**Coverage Area:** San Luis Obispo County

### Programs:

#### ➤Program: 40 Wonderful Program

**Program Description:** Forty Wonderful program provides women 40 years and older with outreach and preventative health screening and education, including Pap tests, reproductive health exams and education, clinical breast exams, referrals for free mammograms and hormone replacement therapy, as needed. Educational materials and counseling are provided on specific health concerns for this population. The office for this service is 1152 E. Grand Avenue, Arroyo Grande.

**Address:** 705 Grand Avenue

**Eligibility:** Women from ages 40 - 64 years.

**Fees:** Sliding scale; Medi-Cal accepted.

**At Site:** Health Services SLO Clinic

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## Access and Functional Needs Resource Directory For San Luis Obispo County

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### ➤Program: Generation Next Youth Leadership

**Program Description:** The LifeBound Leadership Program is a comprehensive youth development program that includes after-school activities, tutoring and academic support, leadership development activities, community services projects, community events and sexual health education. Summer programs are also available.

**Eligibility:** For youth ages 12-18 years

**Fees:** None

**Coverage Areas:** City of Paso Robles, San Luis Obispo County

**Address:** 504 28th Street  
 Paso Robles 93446

**Address:** 151 W. Dana Street  
 San Luis Obispo, CA 93401

**Phone:** 805-227-0544

### ➤Program: Homeless Case Management

**Program Description:** This program provides structured case management services assisting homeless individuals and families in developing living skills aimed at enabling them to secure and retain permanent housing and other basic needs.

**Fees:** None

**Coverage Area:** San Luis Obispo County

**At Site:** North County Case Management

**Address:** 5411 El Camino Real

**At Site:** San Luis Obispo Case Management

**Address:** 1616 Manhattan

**Address:** 750 Orcutt Road, SLO

**Eligibility:** Provided to people who are and who are not shelter residents.

## Access and Functional Needs Resource Directory For San Luis Obispo County

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➤**Program: Homeless Services**

**Program Description:** CAP's Homeless Services program has been working to meet the needs of the homeless in our county, offering emergency shelter, on-site information and referral services, and assistance in finding permanent housing. As with all of CAP's programs, the daily goal is to help clients achieve stability and self-sufficiency.

The Maxine Lewis Memorial Homeless Shelter provides 50 beds nightly year-round. An additional 25 to 35 beds are added through the Interfaith Coalition for the homeless "overflow" shelter program operated in one host church each month. The shelter offers meals, showers, mail, phone and message services, information and referrals, and access to case management. The shelter operates exclusively during the evening hours, with clients vacating the premises by 7:30 a.m.

**Address:** 750 Orcutt Road  
 San Luis Obispo, CA 93401

**Hours:** Opens at 6 p.m., check-in by 7 p.m., closes at 7 a.m.

**Coverage Area:** San Luis Obispo County

**Phone:** 805-781-3993

**At Site:** *Maxine Lewis Memorial Shelter*

**Address:** 750 Orcutt Road  
 San Luis Obispo, CA 93401

**At Site:** *Prado Day Center*

**Address:** 43 Prado Road  
 San Luis Obispo, CA 93401

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## Access and Functional Needs Resource Directory For San Luis Obispo County

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### ➤Program: Senior Home Repair Program

**Program Description:** Repair services are available at no cost to lower-income households throughout San Luis Obispo County. Home repair services include wheelchair ramps, accessible bathrooms, handrails and grab bars, flooring, roofing, drywall, furnace repair and replacement, plumbing and electrical repairs.

**Coverage Area:** San Luis Obispo County

**At Site:** *CAP's Main Office*

**Address:** 1030 Southwood Drive  
San Luis Obispo, CA 93401

### ➤Program: Utility Payment Assistance

**Description:** EOC takes applications for the State of California program. The applications are taken, processed and sent to the State on behalf of the client. Clients will receive a credit on their utility bill to the company of their choice: PG&E, The Gas Co., or a propane supplier. This credit may be received only once a year and is NOT an emergency service.

**Eligibility:** Must meet income guidelines. For low income households, and proof of income required. Current utility bill required. Available one time per year. Requests for elderly, disabled and families with small children take precedence.

**Fees:** None

**Coverage Area:** San Luis Obispo County

**Phone:** 800-495-0501 (toll free)

**At Site:** CAP's Main Office

**Address:** 1030 Southwood Drive  
San Luis Obispo, CA 93401

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: CROHN'S AND COLITIS FOUNDATION OF AMERICA SUPPORT GROUP**

**Description of Services:** This group provides information and support to patients and families afflicted with inflammatory bowel disorders.

**Address:** *French Hospital Medical Center*  
Conference Room  
1911 Johnson Avenue  
San Luis Obispo, CA 93401

**Phone:** 805-547-1163

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** DEPARTMENT OF REHABILITATION, STATE OF CALIFORNIA

**Description of Services:** The California Department of Rehabilitation works in partnership with consumers and other stakeholders to provide services and advocacy resulting in employment, independent living and equality for individuals with disabilities. They provides services that assist in preparing the physically, mentally, or emotionally severely disabled person for employment. Services may include medical evaluation of the disabling condition, vocational training, books and/or training supplies, tools, equipment, placement assistance, physical restoration services, occupational counseling and guidance, and follow-up services.

**Address:** 3220 South Higuera Street, Suite #102  
San Luis Obispo, CA 93401

**Phone:** 805-549-3361 (Voice mail/answer machine after hours)  
No 24 hour point of contact  
805-544-7367 (TTY)

**Email:** [CAPIInfo@dor.ca.gov](mailto:CAPIInfo@dor.ca.gov)

**Website:** [www.rehab.cahwnet.gov](http://www.rehab.cahwnet.gov)

**Eligibility:** Clients must have a diagnosable physical, mental, or emotional disability that constitutes or results in a substantial impediment to employment. There must be a reasonable expectation that vocational rehabilitation services will result in the individual to maintain or obtain employment.

**Fees:** Most services are free

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: EASTER SEALS TRI-COUNTIES**

**Description of Services:** Offers direct services and assistance to individuals with physical, sensory and developmental disabilities. Easter Seals provides exceptional services, education, outreach, and advocacy so that people living with autism and other disabilities can live, learn, work and play in our communities. We provide job training, volunteer opportunities, alternatives to institutionalized living and a variety of services that meet the goal of ensuring people live independent lives. Provides assistance in securing medical services and equipment; loans durable medical equipment. Also provides information and case management services.

**Address:** 10730 Henderson Road  
Ventura, CA 93004

**Phone:** 805-659-3786

**Website:** [www.eastersealstc.org](http://www.eastersealstc.org)

**Coverage Area:** Ventura, Santa Barbara and San Luis Obispo Counties

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: ELKS LODGE**

**Description of Services:** The California-Hawaii Elks Association provides occupational therapy, physical therapy and speech-language therapy services to children (birth to 18) in their homes. They also provide preschool vision screening and monetary coverage to eligible children for pediatric vision services. In addition, students with disabilities may apply for post-secondary school scholarships.

**Address:** 222 Elks Lane  
San Luis Obispo, CA 93401

**Phone:** 805-543-0322

**Website:** [www.elks.org](http://www.elks.org)



## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: FAMILY CARE NETWORK**

**Description of Services:** The Family Care Network was founded for the purpose of creating family-based treatment programs as an alternative to group home or institutional care for children and youth. The agency operates multiple programs designed to strengthen and preserve families and individuals.

The Family Care Network serves foster and high-needs children, youth and families on the Central Coast. Programs are delivered in partnership with public and private agencies, and the community. Our partners, including individual volunteers, families and organizations, are dedicated to a sole purpose of improving the quality of life of others by surrounding them with compassionate assistance, care and guidance.

The Family Care Network operates 17 distinct, accredited programs designed to strengthen and preserve families and individuals within five service divisions:

- Therapeutic Foster Care
- Family Support
- Transitional Housing
- Prevention and Early Intervention
- Community-Linked

**Address:** 3765 S. Higuera Street, Unit 100  
San Luis Obispo, CA 93401

**Phone:** 805-781-3535

**Website:** [www.fcni.org](http://www.fcni.org)

**Email:** [contact@fcni.org](mailto:contact@fcni.org)

**Coverage Area:** San Luis Obispo and Santa Barbara Counties

**Accreditation:** California Alliance of Child and Family Services accredited

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** ALS/LOU GEHRIG'S DISEASE SUPPORT GROUP

**Description of Services:** Support group for people affected by ALS/Lou Gehrig's Disease.

**Address:** *French Hospital Medical Center*

1911 Johnson Avenue

San Luis Obispo, CA. 93401

**Phone:** 805-543-5353

**Meeting Hours:** Convenes 3<sup>rd</sup> Saturday from 2 p.m.- 3:30 p.m.

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: AMERICAN HEART ASSOCIATION, SAN LUIS OBISPO DIVISION**

**Description of Services:** A voluntary, non-profit health organization whose mission is to reduce premature death and disability from cardiovascular disease and stroke. For people interested in talking about heart-related illness. Discuss your own heart or health issues, ask questions, help us with answers, or just listen. Call for more info.

**Address:** 1371 Pacific Street  
San Luis Obispo, CA 93406

**Phone:** 805-544-1505  
800-242-8721

**Email:** [Rebecca.mendoza@heart.org](mailto:Rebecca.mendoza@heart.org)

**Director:** Lisa Dosch

**Website:** [www.americanheart.org](http://www.americanheart.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: GRASS ROOTS II, INC. - SAN LUIS OBISPO COUNTY**

**Description of Services:** A community based organization that works closely with other agencies to provide better living conditions for all people, regardless of background. Our mission is to improve the quality of life for low-income persons in San Luis Obispo County.

#### **➤Programs:**

- Information/referral
- Emergency food pantry
- Community clothes closet
- Household and furniture items

**Address:** 11545 Los Osos Valley Road  
San Luis Obispo, CA 93406

**Phone:** 805-544-2333

**Email:** [peggyfowler@netscape.net](mailto:peggyfowler@netscape.net)

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: CALIFORNIA CHILDREN'S SERVICES (CCS)**

**Description of Services:** CCS is a statewide program that treats children with medically eligible chronic health conditions, diseases and physical limitations. The goal of CCS is to identify children who may need specialized medical care and encourage and assist families with obtaining the necessary medical services. CCS coordinates and monitors medical services and can pay for specific medical treatment. The CCS program covers many serious medical conditions.

#### **Specific services available through CCS include:**

- Diagnostic Evaluations
- Treatment Services
- Medical Case Management
- Medical Therapy Program Services for children with cerebral palsy and other neuromuscular conditions

**Address:** San Luis Obispo CCS Office  
2180 Johnson Avenue  
San Luis Obispo, CA 93401

**Phone:** 805-781-5527  
800-660-3313

**Fax:** 805-781-4492

**Website:** <http://www.slocounty.ca.gov/health/publichealth/famhealth/ccs.htm>

#### **Eligibility:**

- He or she is under 21 years old and
- He or she has a CCS medically eligible condition and
- The parents are permanent residents of San Luis Obispo County and
- The family's (adjusted gross income on the previous year's California Tax Form) was \$40,000 or less; or when the estimated of out-of pocket expenditures for medical care for the child will exceed 20% of the family's adjusted gross income or
- The child has health insurance coverage through California's Healthy Families program and is referred to CCS for a medically eligible condition

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: CENTRAL COAST KIDNEY FOUNDATION**

➤**Program: Kidney Foundation Support Group**

**Description of Services:** A peer support group for patients and family members of pre-dialysis, dialysis, kidney and all other organ transplants.

**Address:** 1344 Nipomo Street  
San Luis Obispo, CA 93401

**Phone:** 805-528-2612

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: HEALTH AGENCY, SAN LUIS OBISPO COUNTY**

**Description of Services:** The Health Agency includes the Drug and Alcohol Services, Mental Health Services, and Public Health Services departments. Together, these departments provide health-related assistance and services to county residents, including the Women, Infant and Children Program, alcohol and substance abuse walk-in clinics, crisis intervention and SART (Suspected Abuse Response Team).

**Address:** 2191 Johnson Avenue  
San Luis Obispo, CA 93401-2871

**Phone:** 805-781-5500

**Emergency Number:** S.O. Watch Commander @ 805-781-4550

**Email:** [jwhite@co.slo.ca.us](mailto:jwhite@co.slo.ca.us)

**Website:** [www.slocounty.ca.gov/health](http://www.slocounty.ca.gov/health)

### **➤Program: County Medical Services Program**

**Program Description:** The County Medical Services Program (CMSP) funds short term medical care for low-income San Luis Obispo County residents

**Address:** 2180 Johnson Avenue  
San Luis Obispo, CA 93401

**Phone:** 805-781-4838

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## Access and Functional Needs Resource Directory For San Luis Obispo County

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**Eligibility:** You may be eligible for CMSP if you:

- Are between ages 21-64
- Are not eligible for Medi-Cal
- Are either a legal U.S. citizen or an alien "permanently residing in the United States under Color of Law"
- Live in San Luis Obispo County
- Have low assets and income less than 250% of the poverty level
- Have a medical need

➤**Program: HIV Prevention, Advocacy and Care Consortium of San Luis Obispo County**

**Program Description:** Broad-based, self-appointed community group formed to make decisions and monitor funds allocated to San Luis Obispo County for services to people with HIV/AIDS and their families and funds allocated for AIDS education and prevention activities. Meets every other month. Call for information.

The following services are provided to people with HIV/AIDS: benefits counseling, dental services, professional counseling, health insurance continuation, transportation, housekeeping services, and emergency utility and rent subsidies. These services can be accessed by calling the AIDS Support Network at 781-3660.

**Eligibility:** Services are available to people who are HIV+ and their families who meet specific needs. Call for more information.

**Fees:** No fees

**Coverage Area:** San Luis Obispo County

*\*This agency has the ability and resources to assist during a major emergency within the County.*



## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: HOSPICE OF SAN LUIS OBISPO COUNTY**

**Description of Services:** Provides non-medical volunteer support, education and counseling to those living with life-threatening or terminal illness, their families and the bereaved. We also see children adults of all ages for individual, family or group grief counseling.

➤**Program: Community Crises Response**

**Program Description:** Provides timely support and education about grief and coping with loss, including sudden death. Community Crises Response services are provided to businesses, schools, churches, government and community agencies

**Address:** 1304 Pacific Street  
San Luis Obispo, CA 93401

**Phone:** 805- 434-1164  
800-331-1620 (toll free)

**Email:** [hospiceslo@hospiceslo.org](mailto:hospiceslo@hospiceslo.org)

**Website:** [www.hospiceslo.org](http://www.hospiceslo.org)

**Coverage area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: HOSPICE PARTNERS OF THE CENTRAL COAST**

**Description of Services:** Hospice is a philosophy of care that accepts dying as a natural part of life. Hospice provides support and care in the last phases of incurable disease and illness so that people may live as fully and as comfortable as possible. Hospice Care affirms life- it neither hastens nor postpones death.

**Address:** 277 South Street, Unit R  
San Luis Obispo, CA 93401

**Phone:** 805-782-8608

**Website:** [www.hospicepartners.org](http://www.hospicepartners.org)

**Coverage Area:** Central California Coast

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: HUNTINGTON'S DISEASE SUPPORT GROUP**

**Description of Services:** The goal of the group is to allow Huntington's Disease patients, family members, friends and health professionals a chance to meet and discuss life with HD, caregiving strategies, treatments, medication pipeline and community resources.

**Meeting Hours:** Meets 2<sup>nd</sup> Saturday of each month at 11:00 a.m.

**Address:** 3121 South Higuera Street, Suite E  
San Luis Obispo, CA 93401

**Phone:** 805-226-8669

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** LUPUS INTERNATIONAL

**Description of Services:** Lupus International will provide informational material, resources and referrals for lupus patients and their families.

**Address:** 17985 Sky Park Circle, Unit J  
Irvine, CA 92614

**Phone:** 949-278-1646

**Email:** ckelly1121@aol.com

**Website:** [www.lupusinternational.com](http://www.lupusinternational.com)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: MARCH OF DIMES**

**Description of Services:** The mission of the March of Dimes is to improve the health of babies by preventing birth defects, premature birth, and infant mortality. The mission is carried out through programs of research, advocacy, education and community services.

**Address:** *Greater Los Angeles Division*  
700 North Brand Boulevard, Suite 950  
Glendale, CA 91203

**Phone:** 818-539-2195

**Fax:** 213-637-5055

**Website:** [www.marchofdimes.com](http://www.marchofdimes.com)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** MULTIPLE SCLEROSIS SOCIETY

**Description of Services:** Services include support groups for clients, families, and teens, educational programs, peer support, information and referral, equipment loan and assistance, financial aid and exercise classes.

**Address:** *Southern California and Nevada Chapter*  
2440 South Sepulveda Blvd., Suite 115  
Los Angeles, CA 90064  
Website: Southern California & Nevada Chapter website

**Local Address:** *Channel Islands Office*  
Santa Barbara, CA 93101

**Phone:** 805-682-8783  
310-479-4456

**Email:** MS@CAL.NMSS.ORG

**Website:** [www.nationalmssociety.org](http://www.nationalmssociety.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: MUSCULAR DYSTROPHY ASSOCIATION**

**Description of Services:** Provides free medical services including clinic services, support groups and financial help in the purchase of wheelchairs to patients with neuromuscular diseases. In addition, diagnostic tests are provided to patients who may have muscular dystrophy.

**Address:** 5638 Hollister Avenue  
Goleta, CA 93117

**Phone:** 805-560-7651

**Email:** [santabarbara@mdausa.org](mailto:santabarbara@mdausa.org)

**Website:** [mds.org/office/santa-barbara](http://mds.org/office/santa-barbara)  
[www.mdausa.org](http://www.mdausa.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** MYASTHENIA GRAVIS SUPPORT GROUP

**Description of Services:** Offers information and support for those afflicted by Myasthenia Gravis and their families.

**Phone:** 805-928-2459

**Website:**

[www.sanluisobispo.networkofcare.org/veterans/library/search.cfm?sby=M&searchFor=support](http://www.sanluisobispo.networkofcare.org/veterans/library/search.cfm?sby=M&searchFor=support)



## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** NATIONAL OSTEOPOROSIS SUPPORT GROUP

➤**Program:** Osteoporosis Support Group

**Description of Services:** Offers information to patients and their families about prevention, diagnosis and the new treatment available. Lectures, literature and demonstrations lead into group discussions with an emphasis on solving problems for people with fragile bones.

**Address:** 607 East Plaza Drive, Suite A  
Santa Maria, CA 93454

**Phone:** 805-925-8899

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: NCI AFFILIATES, INC.**

**Description of Services:** To create caring and supportive pathway to success for people with disabilities so that they may build upon their individual strengths and gain the confidence they need to lead fulfilling and productive lives.

**Address:** 496 Linne Road  
Paso Robles, CA 93446

**Phone:** 805-238-6630

**Email:** [contact@nciaffiliates.org](mailto:contact@nciaffiliates.org)

**Website:** [www.nciaffiliates.org](http://www.nciaffiliates.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: NORTH COUNTY WOMEN'S SHELTER AND RESOURCE CENTER/  
SEXUAL ASSAULT RECOVERY AND PREVENTION CENTER (NCWS/SARP)**

**Description of Services:** Provides emergency shelter, crises intervention and counseling for all family members.

➤**Program: Shelter Program**

**Program Description:** Two 24-hour emergency shelters are available to house women and their families who need emergency assistance and a safe place to stay. The shelter locations are CONFIDENTIAL. Shelters are for only for women and their children, but all other services are available to male victims of domestic violence. We will also assist with temporary restraining orders (TRO), legal forms, court filing and court accompaniment.

**Address:** Post Office Box 630  
1030 Vine Street  
Paso Robles, CA 93447

**24-hr Crisis Lines:** 1-855-5SHELTER (574-3583)  
1-800-656-HOPE (4679)

**Emergency Phone:** S.O. Watch Commander @ 805-781-4550

**Office Phone:** 805-226-5400  
805-545-8888

**Fax:** 805-226-5401  
805-545-5841

**Address:** 51 Zaca Lane  
San Luis Obispo, CA 93405

**Websites:** [www.ncwomensshelter.org](http://www.ncwomensshelter.org)  
[www.sarpcenter.org](http://www.sarpcenter.org)

**Email:** [contact@ncwomensshelter.org](mailto:contact@ncwomensshelter.org)

**Coverage Area:** San Luis Obispo County

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: PLANNED PARENTHOOD**

**Description of Services:** Our vision is to create a community where every child is a wanted child, where people make informed and responsible health decision, and where everyone has access to affordable, quality reproductive health care and the right to choose.

**Address:** 743 Pismo Street  
San Luis Obispo, CA 93401

**Phone:** 805-549-9446  
888-898-3806

**Hours:** Monday 7:30 a.m. – 5:00 p.m.  
Tuesday 11:00 a.m. – 8:00 p.m.  
Wednesday 8:00 a.m. – 7:00 p.m.  
Thursday 7:30 a.m. – 5:00 p.m.  
Friday 7:30 a.m. – 5:00 p.m.

**Fax:** 805-549-0749

**Website:** [www.plannedparenthood.org](http://www.plannedparenthood.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: REFLEX SYMPATHETIC DYSTROPHY SUPPORT NETWORK**

**Description of Services:** Support network and information for those with Reflex Sympathetic Dystrophy, CRPS (Chronic Regional Pain Syndrome), and their families or other interested persons.

**Address:** North County: 805-239-8009  
South County: 805-545-0103

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: S.A.F.E. SOUTH COUNTY**

**Description of Services:** S.A.F.E. is a way of delivering services that are strength based, family centered, community based, needs driven, school linked, inclusive and coordinated. We serve any child ages 0-18 and their families that live in the South County (Avila - Nipomo). We are a resource connection service. We work with many families who are involved with numerous agencies to help lessen confusion and avoid duplicating services. The primary goals of the SAFE system are to ensure that all children are safe, healthy, living at home, in school and out of trouble.

**Address:** 1086 Grand Avenue  
Arroyo Grande 93420

**Email:** lmorgan@co.slo.ca.us

**Eligibility:** Services restricted on the basis of Age, Families with Children, Income Status, and Geographic Area.

**Fees:** Free

**Coverage Area:** Southern San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** SAINT VINCENT DE PAUL SOCIETY

**Description of Services:** Saint Vincent De Paul Society provides food vouchers, one night emergency lodging for extreme emergencies, transportation, medication, eyeglasses, partial rent and utility assistance and identification cards. Services provided by appointment only.

**Address:** Old Mission Parish Center  
751 Palm Street  
San Luis Obispo, CA

**Phone:** 805-544-7041

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: SALVATION ARMY**

**Description of Services:** A religious and charitable organization that provides many ministries, without discrimination. The Salvation Army provides rental and utility assistance, emergency food assistance and some other basic needs such as clothing and miscellaneous assistance; services offered vary based on site (call for more information). Additionally, the Salvation Army provides Veterans Services, Senior Services, Family Support Services, Youth Services, Alcohol and Drug Addiction Assistance and Homelessness Services.

**►Program: Disaster Services**

In response to a disaster, the Salvation Army works in conjunction with government and non-profit agencies to provide food, personal necessities and shelter to victims and first responders (i.e. fire fighters, police and sheriff's departments). The Salvation Army has traditionally defined itself as the agency of last resort - serving those unable to find help with other agencies. Given this tradition, we ensure that the most vulnerable members of our community: the elderly, those with disabilities, and families with children, receive shelter, food and assistance in rebuilding their lives.

**Note:** The Emergency Response Canteen is stored at the Paso Robles Office and is dispatch through the S.O. Watch Commander @ 805-781-4550.

**Eligibility:** Services available to anyone. Needs are assessed through private interview.

**Fees:** Free

**Coverage Area:** San Luis Obispo County

**Site:** *Atascadero Service Extension*

**Address** 5411 El Camino Real  
Atascadero, CA

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## Access and Functional Needs Resource Directory For San Luis Obispo County

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**Site:** *Cambria Service Extension*  
**Address:** Cambria, CA 93428

**Site:** *Morro Bay Service Extension*  
**Address:** 540 Quintana Road  
Morro Bay, CA 93443

**Site:** *Paso Robles Service Extension*  
**Address:** 711 Paso Robles Street  
Paso Robles, CA 93447  
**Phone:** 805-238-9591

**Address:** *San Luis Obispo Corps*  
815 Islay Street  
San Luis Obispo, CA 93406  
**Phone:** 805-544-2401

**Site:** *South County Service Extension*  
**Address:** 1550 W. Branch Street  
Arroyo Grande, CA

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: SAN LUIS OBISPO COUNTY DEPARTMENT OF SOCIAL SERVICES (DSS)**

**Description of Services:** Adult and aging services and adult protective services are provided without regard to income, to assure that elderly and dependent adults who live in the community and who are in danger of neglect, abuse, or exploitation receive prompt intervention to investigate and mitigate abuse. We provide 24-hour response to persons in immediate danger; as well as service coordination, counseling, case management, in-home protection and supportive services to victims of abuse.

*Adult Services operates the following programs:*

➤**Program: General Assistance**

**Program Description:** Aid for individuals and families that do not qualify under any other program.

➤**Program: Independent Living Program**

**Program Description:** Life skills education and support for current and post-foster care young adults between the ages of 16 and 21.

➤**Program: In-Home Supportive Services (IHSS)**

**Program Description:** The In-Home Supportive Services Program provides homemaker/chore services to over 2,000 seniors and disabled residents through the services of over 1,400 caregivers. Domestic care such as meal preparation, laundry, shopping and personal care services are provided to enable elderly, blind, or disabled persons to remain in their own home, to help maintain and strengthen capability for self-care, and to safeguard functioning in their own home.

**Eligibility:** You may be eligible for IHSS if you are a current recipient of Supplemental Security Income (SSI) or would otherwise be eligible for SSI except for your level of income.

IHSS is provided through Individual Providers who are hired by you, monitored by the Department, and paid by the State.

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### ➤Program: Protective Services for Adults

**Program Description:** The Adult Protective Services program protects dependent adults and seniors. It investigates allegations of abuse, intervenes when necessary, and provides community education. Services are provided without regard to income, to assure that elderly and dependent adults who live in the community and who are in danger of neglect, abuse, or exploitation receive prompt intervention to investigate and mitigate abuse. We provide 24-hour response to persons in immediate danger; as well as service coordination, counseling, case management, in-home protection and supportive services to victims of abuse.

### ➤Program: Supplemental Nutrition Assistance Program (SNAP)

**Program Description:** SNAP, which in California is called CalFresh and was formerly known as the Food Stamp Program, helps low-income people buy the food needed for good health by way of a debit card that can only be used to buy food items. The purpose of CalFresh is to provide food assistance to end hunger, improve nutrition, and health.

**Website:** [www.slocounty.ca.gov/dss](http://www.slocounty.ca.gov/dss)

**Coverage Area:** San Luis Obispo County

**Emergency Number:** S.O. Watch Commander @ 805-781-4550

### Location/Phones:

San Luis Obispo Office  
3433 S. Higuera  
San Luis Obispo, CA 93401  
Tel: (805) 781-1600

Arroyo Grande Office  
1086 E. Grand Avenue  
Arroyo Grande, CA 93420  
Tel: (805) 474-2000

Atascadero Office  
9415 El Camino Real  
Atascadero, CA 93422  
Tel: (805) 461-6000

Nipomo Office  
681 W. Teft St. Suite 1  
Nipomo, CA 93444  
Tel: (805) 931-1800

Paso Robles Office  
530 12th St.  
Paso Robles, CA 93446  
Tel: (805) 237-3110

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: SLO HEP C PROJECT**

**Description of Services:** The San Luis Obispo County Hepatitis C Task Force is dedicated to educational outreach, public awareness, and the on-going study of community needs regarding the impact of Hepatitis C in our county.

**SLO Hep C provides:**

- Hep C Support Groups
- Bilingual Services
- Health Counseling
- Public/Private Benefits Counseling
- Referrals to Local Physicians
- Mental Health Counseling Referrals
- Nutritional Counseling

**Address:** 1320 Nipomo Street  
San Luis Obispo, CA 93401

**Phone:** 805-543-4372

**Email:** ekahn@slohepc.org

**Website:** www.slohepc.org

**Coverage:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: SOCIAL SECURITY ADMINISTRATION**

**Description of Services:** Social Security and Supplemental Security Income (SSI) are the nation's basic methods of providing continuing income when family earning are reduced or stopped because of retirement, disability, or death.

**Address:** 3240 South Higuera Street  
San Luis Obispo, CA 93401

**Phone:** 805-544-5251  
800-772-1213  
855-207-4865

**Website:** [www.ssa.gov](http://www.ssa.gov)

**Hours:** Monday through Friday from 09:00 a.m. - 03:00 p.m.  
Except Federal Holidays

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: SPINA BIFIDA RESOURCE NETWORK**

**Description of Services:** SBRN is a source of support and information, and provides opportunities for the Spina Bifida Community to connect on a personal level. Our mission is to empower the lives of people living with Spina Bifida, through:

- Direct Family Support Service Programs
- Advocacy
- Providing information about folic acid's role in the prevention of Spina Bifida

We are one of the few Spina Bifida organizations nationwide providing direct nursing and social service coordination.

**Address:** 84 Park Avenue, Suite G-106  
Flemington, NJ 08822

**Phone:** 805-781-4266

**Email:** [rkestenbaum@thesbrn.org](mailto:rkestenbaum@thesbrn.org)

**Website:** [www.thesbrn.org](http://www.thesbrn.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** STROKE SURVIVOR SUPPORT GROUP

**Description of Services:** Support group for stroke victims, families, friends and caregivers.

**Address:** *Creek Assisted Living*  
73 Broad Street  
San Luis Obispo, CA 93401

**Phone:** 805-471-8102

**Meeting Hours:** Meets the third Friday of each month from 2:00 -3:30 pm in the activity room at Garden Creek Assisted Living.

**Website:** [slotherapist.blogspot.com](http://slotherapist.blogspot.com)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: STUTTERING FOUNDATION OF AMERICA**

**Description of Services:** The Stuttering Foundation provides resources, services, and support to those who stutter and their families, as well as provide support for research regarding the cause of stuttering.

**Phone:** 800-992-9392

**Emails:** info@stutteringhelp.org

info@tartamudez.org (Spanish)

**Websites:** www.stutteringhelp.org (English)

www.tartamudez.org (Spanish)



## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: UNITED VOLUNTARY SERVICES OF SLO**

**Description of Services:** A national volunteer group organized into local community units throughout the Country to provide financial support and volunteer assistance to nearby Veterans hospitals and other agencies and groups providing social services to meet community needs.

**Address:** *United Voluntary Services of SLO*

474 Marsh Street

San Luis Obispo, CA 93401

**Phone:** 805-543-1545

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: UNITED WAY OF SAN LUIS OBISPO COUNTY**

**Description of Services:** United Way is committed to improving lives and making SLO County a better place to live. Through our focus on education, income and health, we are impacting the lives of everyone in the community—not only through the grants we give, but also through our programs. These include:

#### **➤Program: Community Impact**

**Program Description:** Making the community stronger and healthier takes a collaborative effort and a close look at the causes of our community’s most challenging problems; that’s why United Way works with many partners—individuals, businesses and governments—to create and sustain innovative programs that promote lasting change in SLO County. These programs include Born Learning, FamilyWize, Money Talks for Teens and Youth Board, among others. To see a summary of our work in these three areas of impact.

#### **➤Program: Emergency Food & Shelter Program**

**Program Description:** United Way of SLO County is the local fiscal agent of federal funds distributed through the Emergency Food & Shelter Program. A board of local volunteers coordinates the application and fund distribution process to agencies that serve clients through food and shelter services.

#### **➤Program: Special Funding**

**Program Description:** To help local nonprofit agencies do their good work better, United Way offers special opportunities for funding in addition to annual Community Impact Fund grants. These include emergency grants, a three-year Community Collaboration Grant, annual Youth Board grants and the Innovation Award.

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## Access and Functional Needs Resource Directory For San Luis Obispo County

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**Address:** 1288 Morro Street, Unit 10  
San Luis Obispo, CA 93401

**Mailing Address:** Post Office Box 14309  
San Luis Obispo, CA 93406

**Phone:** 805-541-1234

**Fax:** 805-543-5317

**Email:** [info@unitedwayslo.org](mailto:info@unitedwayslo.org)

**Website:** [www.unitedwayslo.org](http://www.unitedwayslo.org)

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** WILSHIRE HEALTH AND COMMUNITY SERVICES, INC.

**Description of Services:** Wilshire Health and Community Services, Inc. provides comprehensive health care and related services including:

- Home Healthcare
- Hospice
- Skilled Nursing
- Community Services

➤**Program: Best Care Central California Home Health Agency**

**Program Description:** Provides skilled care to patients in all areas of the county on a part-time, intermittent basis. Patient care is provided by registered nurses, enterostomal therapist, oncology nurse, maternal-child nurse, occupational, speech and physical therapist, medical social worker, and certified home health aides. Services also include IV therapy, wound care, ostomy care, bowel and urinary incontinence, diabetes care, respiratory care, total parental nutrition, phlebotomy services, postpartum assessment, and medical supplies. Hospital and home evaluations are available. This agency is a subset of Wilshire Health and Community Services.

**Address:** 277 South Street, Suite W  
San Luis Obispo, CA 93401

**Phone:** 805-782-8600  
805 -782-8608 (Hospice)

**Fax:** 805-782-8612

**Email:** [bcccinfo@whilshirecs.org](mailto:bcccinfo@whilshirecs.org)

➤**Program: Caring Callers**

**Program Description:** A friendly visiting service to the frail elderly and socially isolated people of San Luis Obispo County. Caring Callers volunteers make free weekly in-home visits that provide reassurance and comfort to homebound older persons, and help the somewhat functionally impaired remain in their residence. During a visit the pair may chat, play cards or board games, take walks and drives or go shopping. Volunteers come from all age, groups and walks of life.

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**Address:** 285 South Street, Suite J  
San Luis Obispo, CA 93401

**Phone:** 805-547-7025 ext. 17

➤**Program: Creative Mediation**

**Program Description:** Mediation Services

**Address:** 285 South Street, Suite P  
San Luis Obispo, CA 93401

**Phone:** 805-549-0442

➤**Program: Hospice Partners of the Central Coast of California**

**Address:** 277 South Street, Suite R  
San Luis Obispo, CA 93401

**Phone:** 805-782-8608

**Fax:** 805-782-8614

➤**Program: Senior Peer Counseling**

**Address:** 285 South Street, Suite J  
San Luis Obispo, CA 93401

**Phone:** 805-547-7025 ext. 15

**Fax:** 805-782-8614

**Website:** [www.wilshirefoundation.org](http://www.wilshirefoundation.org)

**Coverage Area:** Los Angeles, Ventura, Fresno, San Luis Obispo, Tulare, Merced and Santa Barbara Counties.

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### J. DRUG AND ALCOHOL SUPPORT SERVICES

#### Sober Living Environments, Residential Treatment Programs and Outpatient Services in San Luis Obispo County

**AGENCY: ALANO CLUB**

**Description of Services:** A social membership club for recovering alcoholics. Call for meeting times and places.

**Address:** 1814 Osos Street  
San Luis Obispo, CA

**Phone:** 805-543-9817

**Email:** info@sloalano.org

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: AL-ANON-DISTRICT 3 CENTRAL COAST**

**Description of Services:** Offers group discussions to aid in understanding problems and support for persons living with alcoholics. Call for the meeting nearest you.

**Address:** *Al-Anon*  
Southern California District 3  
Post Office Box 209  
Grover Beach, CA 93483

**Phone:** 805-534-9204

**Website:** [www.al-anoncentralcoast.org](http://www.al-anoncentralcoast.org)

**Email:** [ais\\_slo@hotmail.com](mailto:ais_slo@hotmail.com)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: ALCOHOLICS ANONYMOUS**

**Description of Services:** Alcoholics Anonymous is a fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking.

**Address:**     *South County:*     564 Mesa View  
Arroyo Grande, CA

**Phone:**                             805-489-0966

**Address:**     *North County:*     514 14<sup>th</sup> Street  
Paso Robles, CA

**Phone:**                             805-238-3311

**Email:**                             cccoisecretary@gmail.com

**Website:**                         www.sloaa.org



## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: ADULT CHILDREN OF ALCOHOLICS (ACA)**

**Description of Services:** Our mission is to reach out to people who were raised in alcoholic and/or dysfunctional homes to help them find or start Adult Children of Alcoholic meetings in this area. We are a 12-step program.

**Phone:** 805-481-8534

**Email:** [janeahilltherapist@hotmail.com](mailto:janeahilltherapist@hotmail.com)

**Website:** [janeahillscw.com](http://janeahillscw.com)

**Coverage Area:** San Luis Obispo and Santa Barbara Counties

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** CAMBRIA CONNECTION

**Description of Services:** Self-help groups, early intervention, treatment, prevention, and referrals service (Drop-In Prevention Center). This is a non-registered house program.

**Address:** 870 Main Street  
Cambria, CA 93428

**Phone:** 805- 927-1654

**Email:** [info@theconnection.org](mailto:info@theconnection.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: CAPTIVE HEARTS**

**Description of Services:** Captive Hearts is dedicated to meeting the unique needs of hurting and addicted women by providing targeted rehabilitative services that better facilitate a successful return to their families and the community. We strive to help women, our main focus, break the chains of underlying causes that lead to incarceration and recidivism.

**Address:** 882 and 892 West Grand Avenue  
Grover Beach, CA 93433

**Mailing:** Post Office Box 1272  
Grover Beach, CA 93483

**Phone:** 805-481-4500

**Toll-Free:** 888-403-2484

**Fax:** 805-481-7532

**Email:** captive.hearts@att.net

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: CASA SOLANA I AND II**

**Description of Services:** A12 step based program – some dual diagnosed probationers. Initial program is 90-days. Follow up can be six months in second transition house if space is available. Random drug testing & full time manager. Sober Living Facility. This is a registered house program.

**Address:** 383 South 13<sup>th</sup> Street  
Grover Beach, CA 93433

**Phone:** 805- 481-8555  
805- 481-8558

**Email:** casasolana@charter.net

**Eligibility:** Facility for females aged 18-72.

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: CHORRO CREEK RANCH**

**Description of Services:** This program provides rehabilitative work on the premises in the garden and animal yard. Helps people develop skills in dealing with others through the daily process of living together. It is a sober living environment without a formal program. Provides three meals a day, housing, and clothing and to the underserved and medically fragile.

**Address:** 445 Chorro Road  
Morro Bay 93442

**Email:** cchanning.wcha@gmail.com

**Eligibility:** All that is required is a genuine need. Does not admit parolees or sex offenders.

**Fees:** The Ranch is self-supporting, but contributions are expected. People with outside employment or social security or other payments are also required to make contributions.

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: COTTAGE CARE OUTPATIENT CENTER**

**Description of Services:** Cottage Outpatient Center is a treatment center for chemical dependency. The center provides education, group, individual, and family therapy for adults with substance abuse problems. Women's Groups are available. Outpatient and mental health treatment available.

**Address:** 1035 Peach Street  
San Luis Obispo, CA 93401

**Phone:** 805- 541-9113

**Licensure:** A licensed facility

**Email:** [wlangforsbch.org](mailto:wlangforsbch.org)

**Website:** [www.cottagehealthsystems.org](http://www.cottagehealthsystems.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **AGENCY: DRUG AND ALCOHOL SERVICES**

**Description of Services:** Offers alcohol and other drug free outpatient treatment to adults, adolescents, and children with problems related to the use/abuse of alcohol and other street or prescription drugs and medication. Provides comprehensive prevention, treatment, and recovery services for San Luis Obispo County.

**Outpatient treatment programs:** Adult, perinatal moms, parenting for dads; youth and family; Dependency Drug Court; Family counseling and support; education and didactic groups; UA testing; licensed and/or certified staff. State certified outpatient, daycare, and outpatient detoxification treatment services. A licensed facility.

**Address: San Luis Obispo:** 2180 Johnson Avenue

**Phone:** 805- 781-4275

**Grover Beach:** 1523 Longbranch Ave

805- 473-7080

**Atascadero:** 3556 El Camino Real

805- 461-6080

**Arroyo Grande:** 1106 Grand Avenue

**Website:** [www.SLODAS.org](http://www.SLODAS.org)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** LIFESTYLES RECOVERY CENTER, INC.

**Description of Services:** The mission of The Lifestyles Recovery Center is to provide a safe place for people seeking recovery from substance abuse. Lifestyles also deals with youth anger management/violence prevention and HIV/AIDS prevention. Drop in and prevention services for the underserved population. Various classes and 12-Step and recovery meetings/groups. A non-registered house/program.

**Address:** 715 24th Street, Unit B  
Paso Robles, CA 93446

**Phone:** 805- 238-2290  
805-461-3841 Recorded Information

**Email:** Kllondon@netzero.net

**Website:** [www.lifestylesrecoverycenter.org](http://www.lifestylesrecoverycenter.org)

**Fees:** No charge

**Coverage Area:** San Luis Obispo County



## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** MARTHA'S PLACE

**Description of Services:** A children's assessment center. Screening and treatment for children with physical, developmental and behavioral needs as a result of perinatal substance abuse.

**Address:** 2925 McMillan Avenue, Unit 108  
San Luis Obispo, CA

**Phone:** 805-781-4948  
805-781-4948

**Website:** <http://sloparents.org/2009/10/marthas-place>

**Coverage Area:** San Luis Obispo County

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** MIDDLE HOUSE

**Description of Services:** Men's Sober Living House – needs to have a job. No serious mental disorders. This is a non-registered house/program.

**Address:** 2939 Augusta Way  
San Luis Obispo, CA 93401

**Phone:** 805- 544-8328

**Email:** slomiddlehouse@gmail.com

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: NARCOTICS ANONYMOUS**

**Description of Services:** Offers support similar to Alcoholics Anonymous for those having a drug problem and interested in rehabilitation. Weekly meetings are scheduled in various areas of the county.

**Address:** 1814 Osos Street  
San Luis Obispo, CA 93401

**Phone:** 805-549-7730  
800-549-7730

**Email:** [secretary@ccrna.net](mailto:secretary@ccrna.net)

**Website:** [www.ccrna.net/meeting\\_schedules.html](http://www.ccrna.net/meeting_schedules.html)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** NORTH COUNTY CONNECTION

**Description of Services:** A drop-in recovery resource center with peer support for various addictions and related issues. Free, anonymous and confidential. Self-help groups, early intervention and prevention referral service. This is an information clearinghouse. This is a non-registered house/program.

**Address:** 8600 Atascadero Avenue  
Atascadero, CA 93442

**Phone:** 805-462-8600

**Email:** [info@northcountyconnection.com](mailto:info@northcountyconnection.com)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: PROJECT AMEND**

**Description of Services:** Provides substance abuse recovery for men in the community. This is a 12-step residential treatment program with attendance at AA/NA meetings and classes designed to help them succeed and prevent relapse.

**Address:** 657 Sweeney Lane  
San Luis Obispo, CA 93401

**Email:** admin@projectamend.com

**Website:** Projectamend.com

**Eligibility:** Open to men over age 18.

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: SAN LUIS OBISPO COUNTY MENTAL HEALTH SERVICES**

**Description of Services:** San Luis Obispo County Mental Health Department offers services to adults with persistent mental illness, and youth with serious emotional disturbance, to help them recover or manage their illness and achieve their goals. The highest priority for services is given to the most distressed, those unable to perform their usual functional roles, those with acute or chronic needs for whom psychiatric intervention is useful, and those who have insufficient resources for private treatment.

**LOCATIONS OF SERVICES:**

**Central Clinic**

*Serves Adults*

2178 Johnson Ave.

San Luis Obispo, CA 93401

805-781-4700

**South County Clinic**

*Serves Youth and Adults*

354 S. Halcyon

Arroyo Grande, CA 93420

805-473-7060

**North County Clinic**

*Serves Youth and Adults*

5575 Hospital Drive

Atascadero, CA 93422

805-461-6060

**Youth Services-**

**San Luis Obispo**

*Serves Youth*

1989 Vicente

San Luis Obispo, CA 93401

805-781-4179

**Martha's Place**

**Children's Center**

*Serves Children Ages Birth to Five*

2925 McMillan Ave

San Luis Obispo, CA 93401

(805) 781-4948

**Psychiatric Health Facility**

2178 Johnson Ave.

San Luis Obispo, CA 93401

805-781-4711

**Mobile Crisis Services:** 800-838-1381 (24 hours/7 days a week)

**Emergency Number:** S.O. Watch Commander @805-781-4550

**Website:** [www.slocounty.ca.gov/health/mentalhealthservices](http://www.slocounty.ca.gov/health/mentalhealthservices)

*\*This agency has the ability and resources to assist during a major emergency within the County.*

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: TOGETHER WE CAN- THE RECOVERY CLUB**

**Description of Services:** A community recovery club open to all which provides a meeting place for self-help and 12 step groups, educational programs, and community events. Together We Can provides a clean, sober and safe environment for all persons to become aware of drug and alcohol related issues. Call for schedule of events.

**Address:** 750 Farroll Road, Suite C  
Grover Beach, CA 93433

**Phone:** 805-489-6883

## Access and Functional Needs Resource Directory For San Luis Obispo County

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### **K. RECREATIONAL ACTIVITIES**

#### **AGENCY: BOYS AND GIRLS CLUB OF SOUTH SLO COUNTY**

**Description of Services:** Our mission is to enable all young people, especially those who need us most, to become productive, responsible, and caring adult citizens. We serve children grades K-12. We offer children's recreation, sports, arts and entertainment during the school year at Grover Beach Elementary, Grover Heights Elementary, Oceano Elementary, Oceano Teen Center and Oceano Clubhouse.

**Address:** 1830 19th Street  
Oceano, CA 93445

**Email:** [traice@bgscslo.org](mailto:traice@bgscslo.org)

**Website:** [www.bgcslo.org](http://www.bgcslo.org)

**Eligibility:** Children kindergarten to 12th grade

**Fees:** Minimal yearly fee

**Coverage Area:** San Luis Obispo County



## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY:** RANCHO DE LOS ANIMALES FOR THE DISABLED, INC.

**Description of Services:** A free ranch experience and equestrian program for all persons with physical and mental impairments.

**Address:** *Rancho De Los Animales*  
2736 Green Place  
Arroyo Grande, CA 93420

**Phone:** 805-489-4751

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: SLO CHAMPIONS – ARC BOWLING**

**Description of Services:** Recreational and competitive bowling for developmentally disabled persons age 10 and up. Bowl twice a month on Saturday (except holiday weekends) at 12:30pm at Creekside Lanes in Atascadero, Pismo Beach bowling alley once a month. Season September through mid-May. Officers elected in September.

**Address:** 12105 El Camino Real  
Atascadero, CA 93422

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: SPECIAL OLYMPICS OF SAN LUIS OBISPO COUNTY**

**Description of Services:** Provides year round sports training, physical fitness, recreation, and athletic competition for children and adults who are developmentally disabled.

**Address:** 1171 Toro Street  
San Luis Obispo, CA 93405

**Mailing Address:** Post Office Box 1164  
San Luis Obispo, CA 93406

**Phone:** 805-544-6444

**Fax:** 805-544-6460

**Email:** [brian@sosc.org](mailto:brian@sosc.org)

**Website:** [www.sosc.org/sloc](http://www.sosc.org/sloc)

## Access and Functional Needs Resource Directory For San Luis Obispo County

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**AGENCY: THIRD WEDNESDAY AT THE PARK**

**Description of Services:** Support group for families with special needs kids. Meets at various parks throughout the county. Bring the kids and a sack lunch while you make new friends and share experiences.

**Phone:** 805-438-3656

**Fees:** None